# Liberty University Softball Dot Richardson Summer Camps

#### Pitcher & Catcher Camp June 16-17 \$125

Pitchers will explore the fundamentals of each pitch. Every session will include a lecture and the biomechanics of pitching as well as the opportunity to throw the ball. Athletes will be exposed to various drills that can be used to increase movement, power, and consistency. Overall, the aim of this camp and its instructors is to educate aspiring athletes and their parents about the fundamentals necessary to be a successful pitcher.

Catchers camp is designed to develop every skill level and teach proper mechanics. Topics will include stance, receiving, blocking, throwing, and managing the game. Every athlete will receive individual instruction, evaluation, and film break down.

### Prospect Camp June 17-19 \$350

Showcase your talent in front of the Liberty University coaching staff. Each camper will receive one-on-one instruction and individual evaluations. This camp is designed to work with advanced athletes entering the 7th grade through 10th grade. The major emphasis will be to prepare athletes for the advanced level of play expected at the Division 1 level. Experienced instructors and coaches will lead competitive drills in a team environment. Live games will provide athletes with the opportunity to showcase the skills they have acquired.

### **Instructional Camp June 23-25 \$250**

Come join the Liberty University coaching staff for three days of fun–filled instruction. This camp will improve each athlete's skill level. Camp instructors will work individually with campers and evaluate them on all aspects of the game (hitting, defense, game strategy, pitching, and catching.) Games will provide each athlete with the opportunity to bring the skills they have learned into a competitive environment.

## Sign up today @ LibertyFlames.com

