

Castle Rock Athletics

Coed Youth Volleyball Parent Meeting Fall 2017

❑ **Program Contacts for Volleyball**

Athletics Supervisor
Rob Nevarez
rnevarez@crgov.com
720-733-2297

❑ **Season Dates:** July 31st – Oct 21st (5th and 6th graders will have tournament the week of 23rd)

❑ **Picture Dates:**

- Sept 9th at team's game location. (No make-ups)
- Detailed schedule will be emailed to parents and coaches as it gets closer.

❑ **Player Information/Rosters**

- Rosters will be sent out to coaches by Sunday, July 29th
- All rosters will be posted online at www.teamsideline.com/castlerock by Sunday, July 29th so that you may look up your coach and first practice on your own.
- Team Sideline; team website and the main page
- Teams are formed by:
 - ✓ Schools
 - ✓ Neighborhoods
 - ✓ Previous Teams
 - ✓ Requests

❑ **Practices**

- Locations – CRMS, MMS, Recreation Center
- Practices will begin July 31st and typically last one hour long.
- 3rd & 4th Grade will have one practice per week.
- 5th–6th Grade will have two practices per week.

❑ **Facility Rules**

- Arrive to practices no earlier than 5 – 10 minutes prior to your start time.
- Facility Entrance: both middle school doors will be locked during our practice time for security purposes. Please make sure to accompany your child to practice to verify they get into the building. A supervisor will be stationed at the door to let families in during a 15 minute window at the beginning of practice time.
- No one is allowed to roam the building or play in hallways; everyone must remain in the gym.
- No food or drinks (except water) are allowed in the gym.
- Pick up all trash and place in receptacles.
- No balls are allowed outside of gym.
- No climbing on the climbing wall.
- At the end of practice, please help round up the balls and place back onto racks.
- Please be courteous to teams finishing practice. Do not crowd them out or enter the court until your practice time starts.
- If anything happens in the bathrooms, hallway or gym, please report to gym supervisor.

❑ **Games**

- 3rd -6th Grades will have games on Saturday's at MMS starting Aug 12th
- Games will be posted at www.teamsideline.com/castlerock by Saturday, July 31st
- Games will not be scheduled during Labor Day weekend or during fall break.

❑ **Rules/Philosophy**

- Intentions of this sports program is:
 - For them to understand the basic to advanced rules of the game.
 - The ability to demonstrate strong basic fundamentals and begin working on the more advanced skills of the game.
 - Teamwork – not only the ability to play together and meet new friends but on how leadership plays into teamwork and how they coincide.
 - The ability to follow rules in a game environment and handle the pressure that type of environment may bring.
 - Sportsmanship – the ability to play fair, cheer for teammates, have a positive attitude, respect opponents and be a gracious player.
 - Ability to set and achieve simple to intermediate goals.
 - Have Fun

❑ **Weather**

- Should weather become a factor, please note what the Douglas County School District does. If school is out early or cancelled – that is a great indication of what will happen for practice.
- Please verify by calling the weather hotline at 303-660-1364 (updated by 4pm)

❑ **Uniform/Equipment**

- Shirts/jerseys are provided
- Athletes need kneepads (not knee guards) and black shorts.
- Volleyballs are provided for practice.

❑ **End of Season Tournament**

- 5th and 6th grades will have an End of Season Tournament.

❑ **Coaches Needed!**

- As of tonight, we are still in need of coaches. Please email any interests to mnevarez@gmail.com