



VOLUNTEER COACH CONCUSSION MANAGEMENT TRAINING INSTRUCTIONS

(Required once per year)

CONCUSSION MANAGEMENT TRAINING

***NEW! Now two options to choose from!**

1. Complete either course online, required annually for all youth coaches. Time: Less than an hour.
 - a. Through the CDC: <https://www.cdc.gov/headsup/youthsports/training/index.html> or use the **Heads Up app** on your phone or mobile device. **OR**
 - b. Through NAYS: <https://www.nays.org/concussion-training>
2. Email a copy of your certificate to the Athletic Coordinator for your sport.

That's it for the CONCUSSION MANAGEMENT TRAINING.

Thank you for completing this step in the VOLUNTEER COACHING process!

Athletic Coordinators - Youth

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|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| Dana Redford - Dana.Redford@cityofloveland.org | Savannah Maldonado – Savannah.Maldonado@cityofloveland.org |
| <ul style="list-style-type: none"> • Basketball • Flag Football • Softball | <ul style="list-style-type: none"> • Gymnastics • CARA Track • Volleyball |
| Karl von Zwehl – Karl.VonZwehl@cityofloveland.org | Kim Miller - Kim.Miller@cityofloveland.org |
| <ul style="list-style-type: none"> • Baseball & T-Ball • Soccer | <ul style="list-style-type: none"> • Athletics Supervisor |