

Softball Pitching Instruction



Erika Menninger OTD, OTR/L

Looking to improve your softball pitching mechanics, strengthen your mental game, learn the core philosophy of the windmill pitch, increase your velocity, learn movement or off-speed pitches or set and crush your softball goals?

Coach Erika brings her knowledge of the game, high energy, motivation, and encouragement to take the girls to the next level. Contact her to book your pitching lesson today!

Coach Erika Menninger

- Pitching instructor for the past 10 years
- Former collegiate pitcher for Western Washington University
- Stand-in lead for Amanda Scarborough to instruct *The Package Deal* pitching clinics around the United States
- Graduated with a Doctorate in Occupational Therapy, Bachelors of Science degree in Kinesiology and minor in Psychology
- Specializes in fastpitch softball pitching



CONTACT ERIKA MENNINGER TODAY AT:

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