

# GYM RULES

GREAT FACILITIES REQUIRE GREAT COMMUNITY COOPERATION!  
To keep our gymnasiums in top condition, please observe the following guidelines.

## SHOES

Non-marking gym shoes ONLY  
No street shoes, no tap shoes, no cleats, etc.  
No skates

## BALLS

Indoor appropriate balls ONLY:  
Indoor soccer balls, mush balls, tennis balls, wiffle balls, increda balls, basketballs, volleyballs  
No baseballs or softballs  
No bouncing or kicking balls against walls, doors, ceiling or rafters. Balls stuck in the rafters are "lost".  
No slam dunking or hanging on basketball rims  
No batting practice

## COURTESY AND GOOD SPORTSMANSHIP

No spitting or foul language  
Clean-up after play, including sweeping floor  
Return baskets/equipment to original position

## SAFETY

No leaning into volleyball nets  
No climbing or playing on bleachers  
No playing or sitting on gymnastic equipment or mats  
No playing or running in the halls  
No propping open doors or windows  
All children MUST be supervised by an adult at all times

## DAMAGE PREVENTION

No food or beverages  
No chewing gum  
No dance-enhancing powder  
No tape on floor or walls  
No markers on floor or walls  
No pulling bleachers out  
No pushing/pulling chairs, tables, or other equipment across floor  
Group/individual is responsible for damage

The building supervisor is authorized by the West Des Moines Community School District to enforce these and other related rules. Persons who refuse to comply with these rules and/or cooperate with the building supervisor will be asked to leave the premises. Non-compliance may result in police intervention and loss of privilege to use the district facilities.

THANK YOU! YOUR COOPERATION IS APPRECIATED.