

Queen of Angels Girls' Fall/Boys' Spring VB Leagues Rules and Procedures of Play

UNIFORMS AND EQUIPMENT

Each player must have a unique number not duplicated on the team roster. Single or double-digit numbers should appear on both the front and back of the shirt/jersey, per accepted VB practice. **Each team should be prepared to bring their own volleyballs.** The host school will not be providing theirs during pre-match warmups.

ROSTERS

Rosters should be submitted by a coach to the QA employee at the Admissions table found just outside the gym at each team's first match. **Our leagues do not support libero play at any level.**

JEWELRY

For safety reasons, all players in uniform are asked not to wear jewelry of any kind while in a game or on the bench. This is a rule that is subject to enforcement by the officials. Players shall have all earrings, bracelets, rings, necklaces and the like removed before competing.

FORFEITS

There is a 10-minute forfeit time for the first scheduled match of the evening. For 2nd and later matches, forfeit times will be assessed to teams failing to field at least 5 players within 10 minutes after the scheduled start time or within their designated 2-2-2 (shared passing, hitting and serving) warmup time following a previous match found to have ended past their 45 min. match allowance. **A team forfeiting a second time will subsequently be removed from further league play and will subject their school to being excluded from any Fall and Spring league play in the future.**

A school must field a team with at least 5 rostered, eligible players. In the case of 5 players, a 'ghost' player will occupy the 6th vacated spot and incur a 'ghost' penalty at each corresponding serve. Rostered players arriving late will be allowed to join the match in progress.

In the event a player is injured after the match begins, play can continue provided the team has at least 4 players competing. One or more spots vacated for any reason will incur 'ghost' status (each time the ghost position rotates into the serving position, the other team will be awarded a point and serve).

OFFICIALS

One official will be scheduled for each game. All league officials are IHSA registered.

DISPUTES

Disputed calls must be resolved on the court in a respectful manner. The official's decision is final. Only the head coach will address the official and only in a manner befitting a rule interpretation and not to challenge the judgement of a call.

GOOD SPORTSMANSHIP

Good sportsmanship is expected by all players, coaches, and fans. Inappropriate behavior is subject to appropriate action up to and including removal from the match and facility. Individuals, particularly parents, who are removed from the facility for sportsmanship violations may be asked not to return.

Coaches and their respective representatives are responsible for their school's overall behavior.

THE MATCH

A regular season match will consist of the best two out of three games. Matches are scheduled every 45 minutes.

Coaches will meet with the official for a pre-game conference and coin flip five minutes before the scheduled start time. Warmup times are 2-2-2 – shared passing, hitting, and serving.

The net's height *shall be set at 7'4 1/8"*

Spring only: 6th grade serving players may step over the service line provided the back foot is firmly planted behind the line at the time-of-service contact. Those choosing to serve overhand must otherwise remain behind the service line at the time of contact.

There will be no switching of benches between sets.

SCORING

The first two sets will be played to 21, rally scoring. A team must win by two points with a cap at 23.

If a third set is necessary, it is played to 15 with a cap at 17.

SUBSTITUTIONS

Substitutions are managed and monitored by the match scorekeeper provided by the league and are governed per accepted IHSA rules. A maximum of 18 substitutions are permitted per game.

TIME-OUTS

Two (2) time-outs per team per game. Time-outs shall not exceed 30 seconds.

Matches will be officiated per accepted IHSA VB rules, unless otherwise indicated.

SCHEDULING

As in the past, each school – not team - will be limited to 5 blackout dates for the Fall league and 12 blackout dates (inclusive of any spring breaks and other school mandated no play dates) for the Spring league. Any request for further blackouts or special scheduling requests must be submitted well before the first published schedule. Additionally, we cannot guarantee that such requests will be accommodated.

Playoff week consists of 'seeded sequence scheduling', as required by its single elimination format. While every effort will be made to facilitate team availability, please carefully assess your ability to compete in playoff week when deciding on whether to enter league play. Ultimately, despite our best efforts to accommodate each team's availability, teams failing to accommodate their scheduled time to compete are subject to forfeiture from playoff play.

Team entry submission deadline: August 11th

PLEASE BE CERTAIN OF YOUR COMMITMENT TO THE NUMBER AND LEVEL OF TEAMS YOU PLAN ON ENTERING. NO ADDITION OF TEAMS AFTER THE SUBMISSION DEADLINE CAN BE ACCOMMODATED.

Dropping a team. Any school requesting to drop a team from league play after the **team entry submission deadline** still commits to paying the league the full amount of team entry fee of \$575.

RE-SCHEDULING OF MATCHES ONCE THE FINAL (SECOND) SCHEDULE HAS BEEN PUBLISHED

*The team seeking the re-scheduling of a match will take full responsibility for contacting their opponent and advise them of their request and secure their agreement to re-schedule. The VB league administrator will suggest an open date and time available at QA Guild Hall.

*If either team cannot agree to the suggested date and time provided by league Administration, then both teams will seek a mutually agreeable time, venue and date on which to re-play the match. The team seeking the re-scheduling shall provide the referee and their pay of \$35 for the match. The outcome will then be reported to the league administrator.

*If one or more of the conditions as above cannot be reached, then the team seeking the accommodation to re-schedule will incur forfeit status for any match not completed as originally scheduled.

FORFEITS

Forfeits are best avoided with accurate and diligent planning on behalf of all participating schools. Teams requesting re-scheduling or facing forfeit status place an enormous burden on those other schools who themselves have planned and taken seriously the obligation that comes with accepting the invitation to be a league member.

PLAYOFF SEEDINGS

Teams will need to have competed in at least 6 regular season matches to qualify for post-season play.

1. % win total achieved.
2. Head-to-head.
3. Head-to-head v. opponents in descending order of finish (i.e., v. 1st, 2nd and so on).

Division Placement Guidelines, Roster Minimum and Maximums, and Call-ups

The following guidelines will govern division placement, roster minimums and maximums, and call ups during QA VB League play. While typically difficult to completely enforce, these guidelines are quite common in other leagues across the Archdiocese and the Chicago area. Accordingly, [all schools' ADs are asked to self-monitor and enforce them on behalf of their teams' coaches and players.](#)

1. **Where a given grade level is designated for A and B division play:** One team entered at a grade level may choose either A or B level placement. Two teams entered at a grade level must place one in the A division and the other in the B division. Where available, 3 teams entered at a grade level must place one in the A division, another in the B division and the third at their choice.
2. [A minimum of 5 enrolled teams in each A division and the B division is required, otherwise a single division construct will be established within the grade level in question.](#)
3. **Where a given grade level is designated for single division play:** each team entered will play 8 regular season matches, against randomly selected opponents, irrespective of perceived or declared abilities to compete.
4. Rarely, due to a unique scheduling reality, a team may be asked to play a ninth regular season match. In such cases, that match will be counted in calculation of that team's % win total achieved.
5. [A maximum of 15 rostered players per team entered. No exceptions. Expect to create two teams should the number of players expected to be rostered exceed 15.](#)
6. Each entered team must have at least 6 rostered players to begin league play, unless otherwise permitted by league administration. Schools will be asked to submit rosters for all teams at their first matches. There will be no crossover calls for players (i.e., From A to B and B to A at the same grade level).
7. Call-ups to an A-level 8th-grade team may choose from the A or B level below. B level 8th grade teams must first choose their call-ups from the B level team from the grade below, if applicable.
8. Teams with just three (3) rostered players present at match time will incur a forfeit.
9. Should a team have at least 7 rostered graders present for a match then no call ups will be allowed.

10. If four (4) rostered players are present, then no more than 3 may be called up from the grade below. (See #4 above).
11. If five (5) rostered players are present, then no more than 2 may be called up from the grade below. (See #4 above).
12. If six (6) rostered players are present, then no more than 1 may be called up from the grade below. (See #4 above).
13. All regularly rostered players present must first enter the match ahead of any call ups, if applicable.
14. No call up may claim court time greater than that of any regularly rostered player present.
15. Names of call ups should be noted as such on each set's scoresheet.
16. Teams with call ups will be asked to alert the opposing coach of their call up status prior to each match.
17. Guaranteed 8 regular season matches along with entry into the league's single elimination playoffs.

Disputes concerning application of these guidelines should be directed to the Queen of Angel's Athletic Director and/or QA School Administration. Policies herein will be reviewed routinely for relevancy and sensibility.