



Hardwood Hoops FAQs

Q) Who may participate in Hardwood Hoops?

A) Any boys and girls ages 4-17 may participate in our youth league. We have both non-competitive and competitive divisions and encourage any and all kids to join our league to have fun and improve their skills.

Q) How long is each season?

A) Each season is eight weeks long, with eight practices, seven regular season games and a playoff week. There are also all-star games that will take place after certain seasons. There are four seasons per calendar year.

Q) When and how can I sign up?

A) You can sign up either online at www.hardwoodpalace.com and clicking on our Youth League link on the homepage or in person at Hardwood Palace. Our next season begins July 11th.

Q) What are the costs to play?

A) For Pre K through 2nd Non Competitive the cost is \$125 per season. For 1st through High School Competitive the cost is \$145 per season.

Q) Should I sign up my kid for 1st/2nd Non Competitive or Competitive?

A) The main difference between the two divisions is dribbling. Can your kid consistently dribble the ball without picking it up as he goes down court? If so, then he's ready for competitive. Non-competitive divisions do not keep score and do not enforce the rules as tightly, allowing for violations so that the kids can learn from it. Non comp also has coaches on the floor during the game to teach their players.

Q) Do we have to buy a uniform?

A) Uniforms are required for first time players in our league but can be reused for future seasons. Uniforms cost \$45 for a jersey and shorts.

Q) How often are practices?

A) Each team will practice once a week between Monday and Thursdays. All games will be played on Friday nights

Q) Can I volunteer to help out in the league?

A) We always need volunteers to be head coaches, assistant coaches and team parents. Please email league director Grant Yamasaki at grant@hardwoodpalace.com or call him at 916-295-9856

Q) What size ball and hoop height are used for each grade?

A) Pre K through 2nd grade use a 27.5 inch size ball and play on 8 foot high baskets. 3rd through 6th use a 28.5 inch size ball and play on a 10 foot high basket. 7th through HS boys use a 29.5 inch size ball and play on a 10 foot high basket and 7th through HS girls use a 28.5 inch size ball and play on a 10 foot high basket.

Q) How are teams formed?

A) After everyone has signed up we will have a skill evaluation to determine the level of play for all players. Once we have seen everyone play, we will divide up the teams evenly so that there is a competitive balance within each division.

Q) How do team pictures work and does each player get free pictures?

A) One week during each season every player and team will take pictures before their game and every player will receive one free team picture and individual picture with the option to purchase more.

Q) Are there playoffs?

A) Yes there are playoffs and every team makes it no matter their record. The playoffs are always held the final week of the season.