



# Youth Volleyball 2025

Play on the small-sized court and 4 on 4 game suggested by USA Volleyball. More touches, more fun!!!

#### Divisions: Leagues are divided into grades

Leagues will be K & 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>, and 4<sup>th</sup> & 5<sup>th</sup> divisions

#### **Registration:** January 6 thru February 10 – Space is limited.

- Register online at teamsideline.com/lincolnne. Click the "Register Player/Team" link and follow the prompts. **OR**
- > Bring registration form and registration fee to the Athletics Office located at 3131 "O" St., Suite 300 Lincoln, NE 68510

### Fee: \$50.00 / first child - \$45.00 / each additional child in same family

> Fee includes Parks and Recreation youth volleyball shirt you get to keep.

#### Dates & Times: Games are played on Saturday mornings.

- 6 games starting March 22<sup>nd</sup>
- > Games will be played at the Belmont or Calvert Recreation Centers

### **General Information:**

- Coaches are an asset We're always looking for upstanding adults to coach in our league.
- Players are assigned by 1) coach request, 2) friend request, 3) geographic area.
- Coaches should submit a **Team Request Form** if there are multiple players who wish to play together.
- > All team requests are considered but none are guaranteed.
- Questions about the league can be directed to Wade Noll (402) 441-7892 or wnoll@lincoln.ne.gov

## Lincoln Parks and Recreation Spring 2025 Youth Volleyball League Registration Form

	Gender:	Birthdate:	Grade:
	_	City & Zip:	
	_	Parent/Guardian:	
	_	School:	
	_	Friend Request:	
Child's jersey size (Choose carefully, jerseys cannot be returned):	Youth SM (6-8)	Youth MD (10-12)	Youth LG (14-16) Youth XL (18-20)
	Adult Med	Adult Large	Adult XL Adult XXL
arent or guardian willing to be a	Name:		
No Head Coach or an Assistant Coach?	Email:		
als & help available upon request!!!	Phone:		
	arent or guardian willing to be a oach or an Assistant Coach?	Noose carefully, jerseys cannot be returned): Adult Med Arent or guardian willing to be a Oach or an Assistant Coach?	City & Zip: Parent/Guardian: School: Friend Request: Noose carefully, jerseys cannot be returned): Noose carefully, jerseys cannot be returned): Email:

\$50/first child; \$45/each additional child (same family). Makes checks payable to "Lincoln Parks & Recreation" Bring in registration form and fee to: Athletics Office, 3131 "O" Street, Suite 300, Lincoln, NE 68510

#### WAIVER AND RELEASE OF ALL CLAIMS

Please read this form carefully and be aware in participating that you will be waiving and releasing all claims you or your minor child/ward might sustain arising out of this participation. As a participant or parent/guardian of a participant, I recognize and acknowledge that there are certain risks of physical injury and agree the full risk of any injuries, including death, damages or loss for which I or my minor child/ward may sustain as a result of participating in any and all activities connected with or associated with this program. I agree to waive and relinquish all claims I or my minor child/ward may have as a result of participating against the City of Lincoln and its officials, officiers, agents, servants and employees.

I hereby fully release and discharge the City of Lincoln and its officials, officers, agents, servants, employees and volunteers from any and all claims from injuries, including death, damage or loss which I or my minor child/ward may have or which may accrue to me or my minor child/ward on account of my participation. I further agree to indemnify and hold harmless and defend the City of Lincoln and its officials, officers, agents, servants, employees and volunteers from injuries, including death, damages and losses sustained by me or my minor child/ward and or arising out of, connected with, or in any way associated with the activities of my participation. I have read and fully understand the above Warning of Risk and Waiver and Release of All Claims.