



**Welcome to the 2024 Lincoln qualifying meet of the  
Nebraska Youth Track & Field Program  
Vital Information Sheet**

**What:** A free, one-day, low-key competition for youth to showcase their skills. 1<sup>st</sup>-4<sup>th</sup> place finishers in 8-year-old and above divisions will advance to compete at the Nebraska Youth Track & Field Championships in North Platte on Saturday, June 8, 2024.

**When:** Saturday, May 18, 2024

**Where:** UBT Stadium, Lincoln NORTHWEST High School, 1111 NW 48<sup>th</sup> Street, Lincoln Nebraska.

**There will be NO concessions for sale at the stadium.**

**Check-In:** Check-In begins at 9:00 a.m. at the east (main gate) entrance off the parking lot. The state requires that we check birthdates so **please bring proof of birthdate** (birth certificate, etc.). Originals not required. Additional registrations or event changes cannot be made at the gate.

**Regulations:**

- \*\* Ribbons will be awarded to the top four finishers in each event. Boys and girls divisions.
- \*\* Use of track shoes with or without spikes IS NOT PERMITTED. Turf shoes with rubber cleats are also NOT PERMITTED. Rubber-soled shoes are allowed. No starting blocks will be used.
- \*\* Competitors may participate in ONE local qualifying meet (Grand Island, Hastings, Kearney, Lincoln, North Platte, and York).

Complete rules booklet can be found at [teamsideline.com/lincolnne](https://teamsideline.com/lincolnne). Click on the "downloads" tab.

<b>Age divisions:</b>	6+7-year-olds =	born 2017 or 2018
	8+9-year-olds =	born 2015 or 2016
	10+11-year-olds =	born 2013 or 2014
	12+13-year-olds =	born 2011 or 2012

**Schedule:** Field Events (softball throw & long jump) will begin at 9:30 a.m. Running events will commence at the conclusion of the field events (estimated at 10:45 a.m.). As soon as one running event is completed, the next running event will start:

Order of running events:

- 400 Meter Relay
- 1600 Meter Run
- 400 Meter Run
- 100 Meter Dash
- 800 Meter Run
- 50 Meter Dash
- 200 Meter Dash

**Event staff are volunteers and any times/distances recorded on the field are official and final.**

**Volunteers Needed:** Track is a sport where much help is needed. If you are willing to help time, measure, etc., please let us know.

**Bad Weather:** In case of inclement weather, cancelation information can be found at (402) 441-7892 or [teamsideline.com/lincolnne](https://teamsideline.com/lincolnne).

Let's have "Fun in the Sun!" Lincoln Parks and Recreation Team Sports Staff