

	12U	15U	18U
Ball Size	12U Size Ball	Official Size	Official Size
Net Height	7' (youth)	7' 4-1/8" (women's)	7' 4-1/8" (women's)
Scoring	"Pass-Set-Attack" extra points *Includes special tie-break rules.	"Pass-Set-Attack" extra points *Includes special tie-break rules.	No Mod
Forfeits	Set 1 @ 5 past, Set 2 @ 20 past, Set 3 @ 30 past	Set 1 @ 5 past, Set 2 @ 20 past, Set 3 @ 30 past	Set 1 @ 5 past, Set 2 @ 20 past, Set 3 @ 30 past
Consecutive Serve Limit	Limited to 3, retain Serve	Limited to 5, retain serve	No Mod
Serve Line Mod	Progressive service from one interior service line. Must move back after successful serve. When serving, players must start behind the service line, but may take 1 step over the line when serving. May not have both feet on or over the line on serve.	When serving, players must start behind the service line, but may take 1 step on or over the line when serving. Players may not have both feet on or over the service line when serving. If standing still to serve, players must have 1 foot behind the line.	BOND PARK GYMS ONLY: Due to the limited space behind the service line players may step on, or over, the service line when serving at these gyms. May not have both feet on or over the line on serve.
Subbing & Tracking (Applies to Tournament & Championship)	Rotation substitution only. Serve order/Line-up may be changed after each set. The same players cannot start on the bench, 2 sets in a row.	Player-for-Player Substitution Only Every player must play every set. Each player must play at least 1 entire set out of first 3 sets (not be a sub) A) Subs will rotate every 10 points B) Subs are pair-locked each set	Player-for-Player Substitution Only Every player must play every set. Each player must play at least 1 entire set out of first 3 sets (not be a sub) A) Subs will rotate every 10 points B) Subs are pair-locked each set
Regular Season Matches	Play all 3 sets per Match. All sets are first to 21. All sets count towards standings *includes special tie-breaker rules **no win-by-2	Play all 3 sets per Match. All sets are first to 21. All sets count towards standings *includes special tie-breaker rules **no win-by-2	Play all 3 sets per Match. All sets are first to 21. All sets count towards standings **no win-by-2
Tournament & Championship Matches	Match is best-of-3. All sets are win-by-2, to 21, no cap.	Match is best-of-5. Sets 1-4 are win-by-2, to 21, no cap. Set 5 is win-by-2, to 15, no cap	Match is best-of-5. Sets 1-4 are win-by-2, to 21, no cap. Set 5 is win-by-2, to 15, no cap.

- **Sides & Serving:** Home Team takes far court, away from gym entrance, and serves first in the 1st & 3rd sets. Away serves first in 2nd.
- **Pre-Game Meeting:** Officials, Coaches, Captains meet 10 minutes prior to each match. (Teams encouraged to rotate team captains).
- **Home Team Full Court Warm-Up:** 6 minutes prior to match
- **Away Team Full Court Warm-Up:** 3 minutes prior to match