# Zeeland Little League Coaches Meeting

March 26, 2024

# **THANK YOU**

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ELA

# Why ZLL











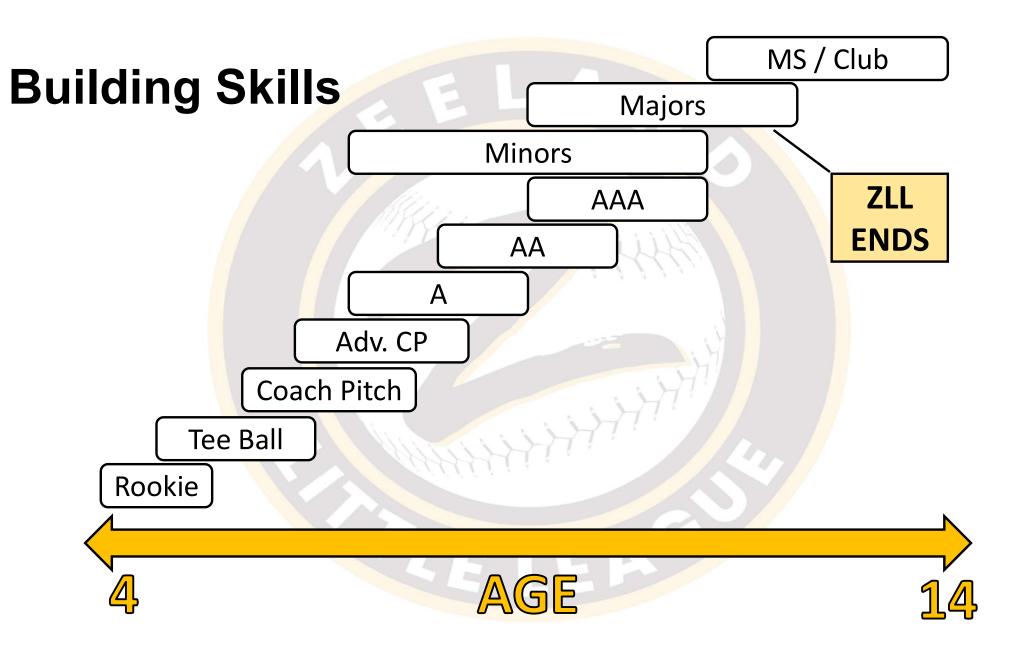
### Approach

The sign of a great Little League coach won't be found in trophies or wins, but rather the number of kids who sign up to play again the next year... that means their coach created an environment that made the game fun for those kids.

- Darren Fenster

### Administration

- ZPS Background Check
- Concussion Certification
  - Only if you have not coached for Zeeland Rec in school year 2021-2022
- JDP Background Check (email from Zeeland Little League)
  - Replaces the LL Volunteer App



# Website Demo

- Schedule
- Roster
- Communication
- RESOURCES
- Teamsideline.com/zeelandrecreation
- Go.teamsideline.com



Zeeland Recreation Sports

### Zeeland Youth Sports

Your Page for ALL Zeeland Recreation Youth Sports

| Use your TeamSideline acco                 | punt ELA   |
|--|--|
|  |  |
| Password *                                 |  |
| First time signing in to this site? Create | e a new account. >   |
| Forgot your password? >                    | The states   |
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| T  |  |
|  |  |
|  | ) Sign In  |
| *  | ) Sign In<br>Forgot Password   |
|  |  |
|  | Forgot Password  |
|  | Forgot Password Please enter the email address you used when you registered. When you click the Submit button we will email you password res |

#### Sign In

#### Use your TeamSideline account

Email \star

bjl021@bucknell.edu

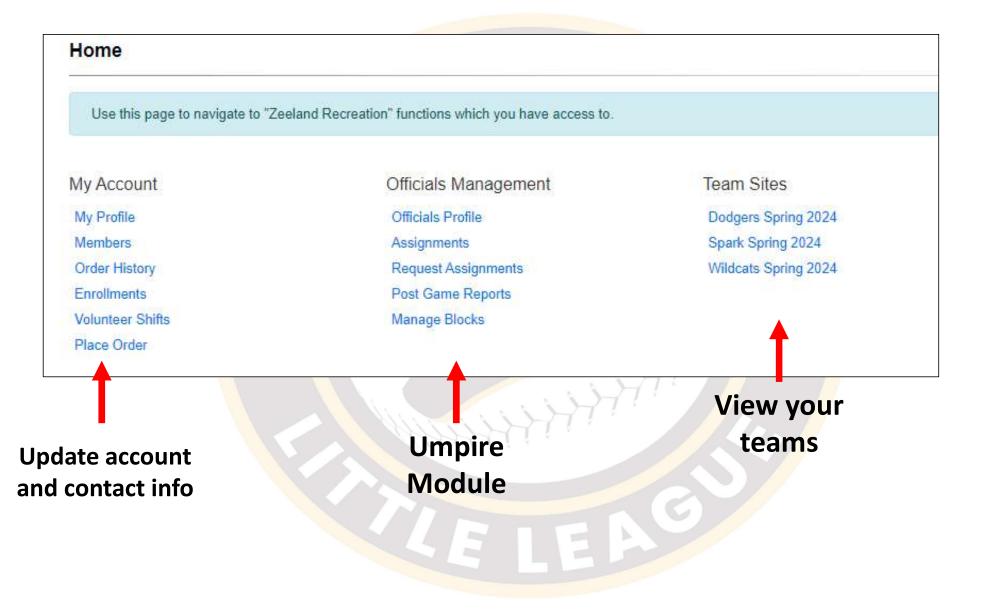
Password \*

.....

First time signing in to this site? Create a new account. >

Forgot your password? >

# ELERG



|   | ations • Teams •        | Family & Friends Organi                             | izations *   |  |              |  | <b>_</b> |
|---|-------------------------|---|--|--|--------------|--|----------|
| Dodgers Spring                                | 2024                    |   |  |  |              |  | Help 🗸   |
| Team Home R                                   | oster Events            | Attendance Files Sta                                | ts Payments Announceme   | ents Links Pictur  | res          |  | -        |
|   |                         |   | ation. All of the items on this page are<br>or Players, Team Events, or Team anr |  | pers, family | and friends on this Team Home pag      | e. As a  |
| Got a question? C                             | ontact a team Staff mei | mber or click here to contact "Zee                  | eland Recreation".   |  |              |  |          |
| Announcements                                 |                         |   |  |  |              | Player                                 | #        |
| Welcome to the Do                             |                         |   |  | a.a. 1   |              | Carson VanHuis                         |          |
|   |                         | 지수는 것 같아요. 그는 것은 것을 알았는 것 같아요. 그는 것 같아요. 것 같아요. 그 것 | s, practices, and announcements f<br>now to get the most out of your site        | 양성 동안에 가지 않는 것을 가지 않는 것을 알려야 한다. 것을 것을 하는 것을 가지 않는 것을 하는 것을 수가 있다. 것을 하는 것을 수가 있는 것을 하는 것을 수가 있는 것을 수가 있는 것을 수가 있는 것을 수가 있는 것을 수가 있다. 않는 것을 수가 있는 것을 수가 있다. 것을 수가 있는 것을 수가 있다. 것을 수가 있는 것을 수가 있다. 것을 수가 있는 것을 수가 있다. 것을 수가 있는 것을 수가 있다. 것을 수가 있는 것을 수가 있다. 것을 것을 수가 있는 것을 것을 수가 있는 것을 수가 있는 것을 수가 있는 것을 것을 수가 있는 것을 수가 있는 것을 수가 있는 것을 수가 있는 것을 것을 것을 것을 수가 않는 것을 것을 것을 것을 수가 않는 것을 것을 것을 것을 수가 않는 것을 수가 않는 것을 것을 것을 것을 수가 않는 것을 것을 것을 것을 수가 않는 것을 수가 않는 것을 것을 것을 것을 수가 않는 것을 것을 것을 것을 수가 않는 것을 |              | Clayton Rouwhorst                      |          |
| click Family & Friend<br>Brandon)             | ts to invite family and | 1 friends to register and see inf                   | formation about team events. Enjo  | y! (Updated by Larosa,   |              | Cole Larosa                            |          |
|   |                         |   |  |  |              | Evinn Gruppen                          |          |
| Date  | Time                    | Event name  | Home/Visitor   | Results  |              | Gabriel Valz                           |          |
| 4/22/2024                                     | 6:00 PM                 | Vs Tigers   | Home   | To be played   | Ľ            | Levi Daigle                            |          |
| (Monday)                                      |                         |   |  |  |              | Mason Holstege                         |          |
|   | 6:00 PM                 | Vs Braves   | Visitor  | To be played   |              |  |          |
| 4/26/2024<br>(Friday)                         |                         |   |  |  |              | Roman Kloosterman                      |          |
|   | 6:00 PM                 | Vs Athletics  | Home   | To be played   | ľ            | Roman Kloosterman<br>Sylas Kloosterman |          |
| (Friday)<br>4/29/2024                         | 6:00 PM                 | Vs Athletics<br>Vs Phillies                         | Home<br>Visitor  | To be played<br>To be played   | ľ            |  |          |
| (Friday)<br>4/29/2024<br>(Monday)<br>5/6/2024 |                         |   |  |  |              | Sylas Kloosterman                      |          |

| 🐣 Calendar Communications • Teams • F               | amily & Friends Organizations *  |        |
|---|--|--------|
| Send Communication                                  |  | Help 🗸 |
| Use this page to email or text a message to specifi | c Team members, the Team staff, or the entire Team.  |        |
| Communication Type *                                | Email Text   |        |
| Team \star  | Dodgers Spring 2024  |        |
| To *  | <ul> <li>Entire Team</li> <li>Staff</li> <li>Specific Individual(s)</li> </ul> Aaron Daigle <ul> <li>Brandon Larosa</li> <li>Casey Holstege</li> <li>Chris VanHuis</li> <li>Clayton Rouwhorst</li> <li>Cody Holstege</li> <li>Janelle Holstege</li> </ul> Brandon Larosa (bjl021@bucknell.edu) |        |
| Date 🌟  | 3/26/2024  |        |
| Subject ¥   |  |        |
| Message ★   | ebo "Times▼ 16px ▼ A ▼ B I U II   | *      |
| Attach File   | Select   |        |

| ł | Calendar Com | nunications * | Teams • | Family & Fr | iends | Organizatio | ns *     |               |       |          |                   |
|---|--------------|---------------|---------|-------------|-------|-------------|----------|---------------|-------|----------|-------------------|
|   | Dodgers Sp   | ring 2024     | ł I     |             |       |             |          |               |       |          | Help <del>-</del> |
|   | Team Home    | Roster        | Events  | Attendance  | Files | Stats       | Payments | Announcements | Links | Pictures |                   |

Roster. You can also click a member name to view all member information.

Note: The Add To Roster button has been disabled by Zeeland Recreation . Please use the Zeeland Recreation website Contact Us page to request changes to your roster.

| Add To Roster | Print View | Player Export |  |
|---------------|------------|---------------|--|
|               |            | C             |  |

#### Staff

| Name           | Role(s) | Email Address           | Phone          |
|----------------|---------|-------------------------|----------------|
| Brandon Larosa | Coach   | G bjl021@bucknell.edu   | (616) 403-5754 |
| Casey Holstege | Coach   | Caseyholstege@gmail.com | (616) 218-7379 |
| Cody Holstege  | Coach   | cody.holstege@gmail.com | (616) 218-7378 |

#### Players

| Name | # / Position | Email Address | Phone |  |
|------|--------------|---------------|-------|--|
|      |              |               |       |  |

| lendar Co                    | mmunications • Te                 | eams                              | Organizations +                       |  |                                      |
|------------------------------|-----------------------------------|-----------------------------------|---------------------------------------|--|--------------------------------------|
| Dodgers \$                   | Spring 2024                       |                                   |                                       |  | Help                                 |
| Team Home                    | e Roster Eve                      | nts Attendance File               | s Stats Payments /                    | Announcements Links Pictures                                     |                                      |
| As a Staff r<br>for event de | nember, you can use th<br>etails. | is page to see the list of team e | events, or click "Add Event" to creat | te new team events which have not already been created for the T | Feam. Click the Event Name link      |
| Add Ever                     | nt Manage Li                      | nked Schedules                    |                                       |  | Subscribe to this Calendar <b>()</b> |
| Date                         | Time                              | Event Name                        | Event Type                            | Location   |                                      |
| 3/25/2024<br>(Monday)        | 6:00 PM                           | Practice                          | Practice                              | Roosevelt Elementary<br>Roosevelt South                          | <b>Z</b> ×                           |
| 4/1/2024<br>(Monday)         | 6:00 PM                           | Practice                          | Practice                              | Roosevelt Elementary   | <b>G</b> ×                           |
| 4/8/2024<br>(Monday)         | 6:00 PM                           | Practice                          | Oractice                              | Roosevelt Elementary<br>Roosevelt South                          | <b>C</b> ×                           |
| 4/11/2024<br>(Thursday)      | 6:00 PM                           | Practice                          | Practice                              | Roosevelt Elementary<br>Roosevelt South                          | <b>B</b> ×                           |
| 4/15/2024<br>(Monday)        | 6:00 PM                           | Practice                          | Practice                              | Roosevelt Elementary   | <b>B</b> ×                           |
| 4/18/2024<br>(Thursday)      | 6:00 PM                           | Practice                          | Practice                              | Roosevelt Elementary<br>Roosevelt South                          | <b>B</b> , ×                         |
| 4/22/2024<br>(Monday)        | 6:00 PM                           | Vs Tigers                         | 🕜 Game                                | Roosevelt Elementary   | <b>B</b> , ×                         |
| 4/26/2024<br>(Friday)        | 6:00 PM                           | Vs Braves                         | 🔗 Game                                | Roosevelt Elementary   | C ×                                  |

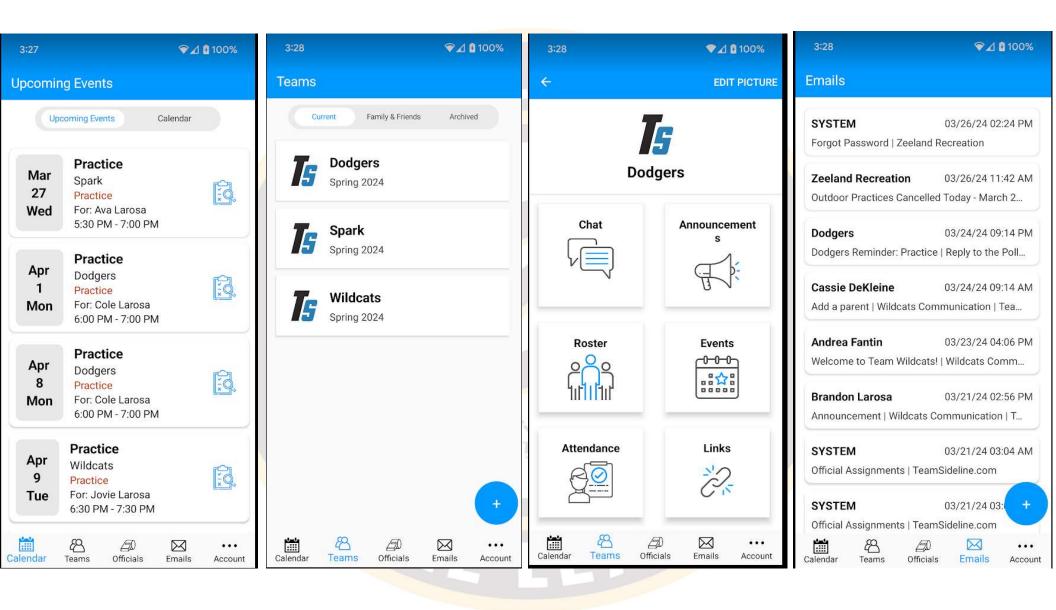
| Dodge   | ers Spring 2024       |                                 |                                 |                                 |                                 |                                 |
|---------|-----------------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|
| Team    | Home Roster           | Events                          | Attendance                      | Files                           | Stats                           | Payments                        |
| As a    | Staff member, you car | use this page                   | to see or edit pl               | lanned or act                   | ual attendanc                   | ce for all play                 |
| Name    |                       | 03/25<br>6:00<br>PM<br>Practice | 04/01<br>6:00<br>PM<br>Practice | 04/08<br>6:00<br>PM<br>Practice | 04/11<br>6:00<br>PM<br>Practice | 04/15<br>6:00<br>PM<br>Practice |
| Carso   | n VanHuis             | <b>×</b> 2                      |                                 |                                 | × ?                             | × -                             |
| Clayto  | n Rouwhorst           | ✓ =<br>× ?                      | ⊻ =                             |                                 |                                 |                                 |
| Cole I  | arosa                 | ✓ =                             | × ?                             |                                 | × ?                             | × -                             |
| Evinn   | Gruppen               | <b>✓</b> =<br>× ?               | × -                             |                                 | × ?                             | × ?                             |
| Gabrie  | el Valz               | ✓ -<br>× ?                      | × -                             |                                 |                                 |                                 |
| Levi D  | aigle                 | <b>×</b> =                      |                                 |                                 |                                 |                                 |
| Masor   | n Holstege            | <b>~</b> =                      | × ?                             | × -                             | × ?                             | × ?                             |
| Deserve | n Kloosterman         |                                 |                                 |                                 |                                 |                                 |

#### Calendar

When you have created Teams, or existing Teams are linked to you by the Team owner, you can use this page to view your Calendar Events. Click the Create Team tab to Create Teams. To be linked to an existing Team, just contact the Team owner and ask to be added to the Team member list.

| <ul> <li>▲ today</li> </ul> | Mar, 2024 |                         |     |     |     | Day Wee | k Mont |
|-----------------------------|-----------|-------------------------|-----|-----|-----|---------|--------|
| Mon                         | Tue       | Wed                     | Thu | Fri | Sat | Sur     | i i    |
|                             |           |                         |     |     |     |         |        |
|                             |           |                         |     |     |     |         |        |
|                             | 19        | 20                      | 21  | 22  | 23  | 24      |        |
|                             |           |                         |     |     |     |         |        |
|                             |           |                         |     |     |     |         |        |
|                             |           |                         |     |     |     |         |        |
|                             | 26        | 27                      | 28  | 29  | 30  | 31      |        |
| Practice: 6:00PM-7:00PM     |           | Practice: 5:30PM-7:00PM |     |     |     |         |        |
| k Pk. P                     |           | . C+- C+                |     |     |     |         |        |
|                             |           |                         |     |     |     |         |        |

 Help-



### Rules

- Review Rules
- New Site = Little League -> Rules

### **Rules – Tee Ball**

#### **General Rules**

- A regulation game consists of four (4) innings.
  - A new inning may not start after 1 hour from the game start time.
  - o A drop dead time is at 1 hour 30 minutes from the game start time.
  - o There are no "extra innings" a game may end in a tie
- There is no mercy or 10 run rule.

#### Hitting/Offense Rules:

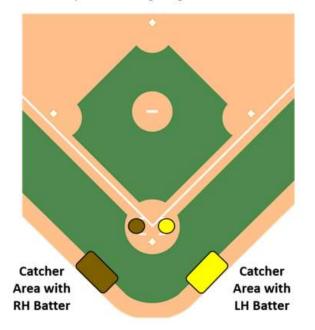
- Bring a bucket full of balls to put behind the tee and out of play
- · Offensive coach stays at plate to put ball on tee and give instruction
- · Player is allowed unlimited swings until they put a ball in play
  - If the player hits the tee, causing the ball to go into fair play, the offensive coach should declare "foul ball" and have the hitter try again.
- · Outs and safes are called by Coaches.
  - Even if a batter/runner is called "out", they can remain on the bases to run.
- Rocket batting rule, everyone bats.
- Offense team ends their ½ inning at bat after any of the following occur:

   Everyone in the lineup has had a turn at bat
- No stealing any base, including home, under any circumstance.
- Players may leave their base once the ball is hit.
- Runners may only advance one base per ball put in play.
- No on deck batters are allowed.
- For games 4, 5, and 6, the coach may institute a coach pitch style to hitters as follows:
  - o This is optional for each hitter, and the hitter may bypass this and only hit TEE
  - Offensive coach is pitching to their team, bring 5 balls to mound, and put an empty bucket at backstop for pick up
  - Hitter gets 5 pitches to put ball in play, then TEE is brought in until player hits ball into play.
  - No balls/strikes are called
  - No Walks or Hit By Pitch
  - o Coaches may pitch from any comfortable/safe distance per child
  - Coaches cannot play the ball but may defend themselves
  - Several coaches may pitch in one game

### **Rules – Tee Ball**

#### **Defense Rules**

- · Teams may play 10 players in the field.
  - o 4 Outfielders (left field, left center, right center, right field)
  - o 4 Infielders (third base, short stop, second base, first base)
  - o 1 Pitcher
  - o 1 Catcher
    - The catcher must be wearing a catcher's mask; the shin guards and chest protector are optional
    - The catcher will be positioned to the back side of the hitter and near the backstop per the diagram below
- · Players should be rotated into different positions each inning
- A player may not sit on the bench for consecutive innings, and playing time in the field should be as equal as possible
- Free substitutions are allowed (meaning players may switch positions in the field and/or go from the bench to the field an unlimited amount of times).
- Coaches on the defensive team may station themselves in the field to help position their players and actively coach during the game



### Rules – Coach Pitch

#### **General Rules**

- · A regulation game consists of four (4) innings
  - o A new inning may not start after 1 hour from the game start time
  - o A drop dead time is at 1 hour 30 minutes from the game start time
  - o There are no "extra innings" a game may end in a tie
- There is no mercy or 10 run rule

#### **Coach Pitch Rules:**

- Bring a bucket full of balls to mound, and put an empty bucket at backstop for pick up
- Offensive coach is pitching to their team
- Hitter gets 7 swings/strikes on Coach pitches to put ball in play, then TEE is brought in until player hits ball into play.
- No balls/strikes are called
- No Walks or Hit By Pitch
- · Coaches may pitch from any comfortable/safe distance per child
- · Coaches cannot play the ball but may defend themselves
- Several coaches may pitch in one game
- · Coach pitcher calls the outs and safes for their own team
  - o If a batter/runner is "out", they are removed from the bases

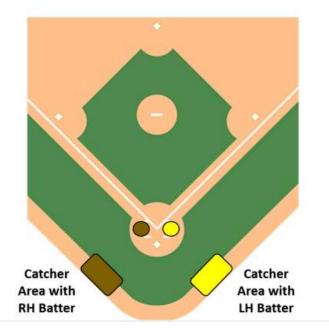
#### **Offense Rules**

- Rocket batting rule, everyone bats.
- Offense team ends their <sup>1</sup>/<sub>2</sub> inning at bat after any of the following occur:
  - Everyone in the lineup has had a turn at bat
- No stealing any base, including home, under any circumstance. This includes
  passed balls and wild pitches
- Runners may advance one base when the ball is in the infield.
- Runners may advance an extra base when the ball is in the outfield.
- Runners may NOT advance on an overthrow to a base by the defense.
- No on deck batters are allowed

### Rules – Coach Pitch

#### **Defense Rules**

- · Teams may play 10 players in the field
  - o 4 Outfielders (left field, left center, right center, right field)
  - o 4 Infielders (third base, short stop, second base, first base)
  - o 1 Pitcher
  - o 1 Catcher
    - The catcher must be wearing a catcher's mask; the shin guards and chest protector are optional
    - The catcher will be positioned to the back side of the hitter and near the backstop per the diagram below
- · Players should be rotated into different positions each inning
- A player may not sit on the bench for consecutive innings, and playing time in the field should be as equal as possible
- Free substitutions are allowed (meaning players may switch positions in the field and/or go from the bench to the field an unlimited amount of times)
- Coaches on the defensive team may station themselves in the field to help position
   their players and actively coach during the game



### Rules – Adv. Coach Pitch

#### **General Rules**

- A regulation game consists of four (4) innings.
  - o A new inning may not start after 1 hour 15 minutes from the game start time.
  - A drop dead time is at 1 hour 30 minutes from the game start time.
  - If the game is tied after 4 or more complete innings, extra innings may be played so long as the time limits are still followed.
- There is no mercy or 10 run <u>rule</u>.

#### **Offense Rules**

- Rocket batting rule, everyone bats.
- Offense team ends their ½ inning at bat after any of the following occur:

   3 outs are made
  - o 5 runs are scored
- 5 run max per inning for inning
- No walks or hit by pitch (more details under pitching rules)
- No stealing any base, including home, under any circumstance. This includes
  passed balls and wild pitches.
- Runners may only advance one base on overthrows that leave field of play.
- Runners may not advance once the pitcher is at the pitching rubber with the ball.
  - If the player is between bases when the pitcher has the ball on the mound, the runner may only advance to one of the bases the runner is between
- No on deck batters are allowed.

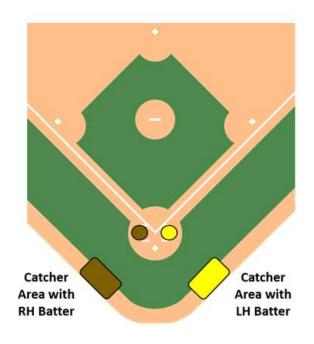
#### **Coach Pitch Rules:**

- Bring a bucket full of balls to mound, and put an empty bucket at <u>backstop</u>
- Offensive coach is pitching to their <u>team</u>
- Hitter gets 3 swings on Coach pitches to put ball in play
- Batter is OUT after 3 strikes
- A player is NOT out on a foul ball 3<sup>rd</sup> strike
- No balls/strikes are called, but players are encouraged to swing the bat!
- No Walks or Hit By Pitch
- Coaches may pitch from any comfortable/safe distance per child
- Coaches cannot play the ball but may defend <u>themselves</u>
- Several coaches may pitch in one game
- · Coach pitcher calls the outs and safes for their own team

### Rules – Adv. Coach Pitch

#### **Defense Rules**

- Teams may play 10 players in the field
  - o 4 Outfielders (left field, left center, right center, right field)
  - o 4 Infielders (third base, short stop, second base, first base)
  - o 1 Pitcher
  - o 1 Catcher
    - The catcher must be wearing a catcher's mask; the shin guards and chest protector are <u>optional</u>
    - The catcher will be positioned to the back side of the hitter and near the backstop per the diagram <u>below</u>
- A player may not sit on the bench for consecutive innings, and playing time in the field should be as equal as <u>possible</u>
- Free substitutions are allowed (meaning players may switch positions in the field and/or go from the bench to the field an unlimited <u>amount</u> of times)
- Coaches on the defensive team may station themselves in the field to help position
  their players and actively coach during the <u>game</u>



### Equipment

- SHEDS 5454 LOCK COMBO
  - Helmets
  - Bats
  - Balls
  - Tees

Drenthe – Key for storage room in outlet box

Put equipment away and lock up the shed after your practice/game

### New Site -> Facilities Baseball teams – CHECK YOUR SCHEDULE

New Groningen Elementary Tee Ball Softball 5454 Shed Combo



### **Fields** Woodbridge Elementary Tee Ball Baseball 5454 Shed Combo

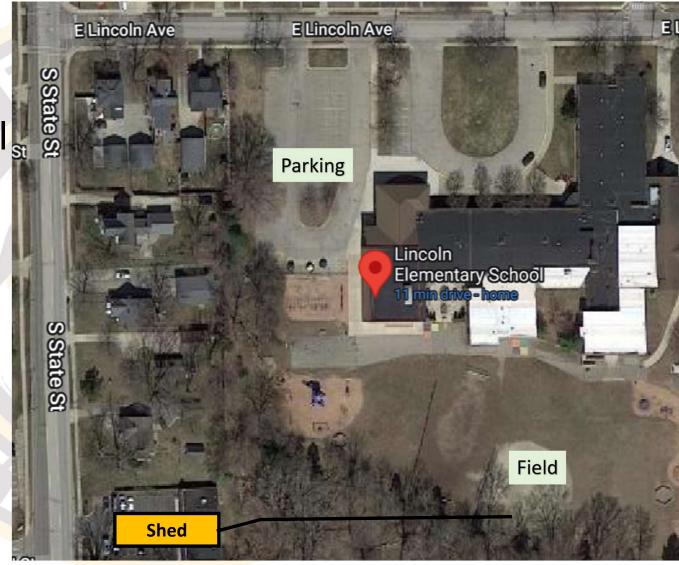


### Drenthe Grove Coach Pitch Softball **KEY in outlet box**



### Fields Lincoln Elementary

Coach Pitch Baseball 5454 Shed Combo



- Lawrence Park
- Coach Pitch Baseball
- 5454 Shed Combo



### Main and Fairview

Coach Pitch Baseball 5454 Shed Combo



- Adams Elementary
- Advanced Coach Pitch Baseball
- 5454 Shed Combo



Quincy Elementary Advanced Coach Pitch Baseball 5454 Shed Combo



### Safety

- ZLL Site -> Coaches -> Safety
- What to do in case of emergency
- Emergency contacts
- Incident report to Zeeland Rec
- First Aid Kits in sheds

#### **Practices**

- Practices are scheduled for 1 hour
- Have a PLAN
- Weekly emails with practice plans
  - It is OK (and recommended) to repeat practice plans

### Fun > "Development"



#### **Game Plan**

- Write Line-Up and Positions BEFORE the game
- Establish time for players to be there before game (10-15 min)
- Have a "pre-game" plan
- Create (or ask a parent) to make a snack/drink sign-up

| TEAM:       |        | ZLL Posit | tional Ch | art |   |     |          |
|-------------|--------|-----------|-----------|-----|---|-----|----------|
|             | Inning |           |           |     |   |     |          |
| Player Name | 1      | 2         | 3         | 4   | 5 | 6   | 7        |
| 1           |        |           |           |     |   |     |          |
| 2           |        |           |           |     |   |     | ~        |
| 3           |        |           |           |     |   |     | <u>[</u> |
| 4           |        |           |           |     |   |     |          |
| 5           |        |           |           |     |   |     |          |
| 6           |        | -         |           |     |   |     |          |
| 7           |        |           |           |     |   |     |          |
| 8           |        |           |           |     |   |     |          |
| 9           |        |           |           |     |   |     | 8        |
| 10          |        |           |           |     |   |     | ~        |
| 11          |        |           |           |     |   |     |          |
| 12          |        |           |           |     |   |     |          |
| 13          |        |           |           |     |   | 25. |          |

|              | 1B | 2B  | SS  | 3B    |
|--------------|----|-----|-----|-------|
| Postions:    | LF | LCF | RCF | CF    |
| 0.9490660396 | RF | С   | Р   | Bench |



# **Playing Time**

Kids should NOT sit on bench 2 innings in a row

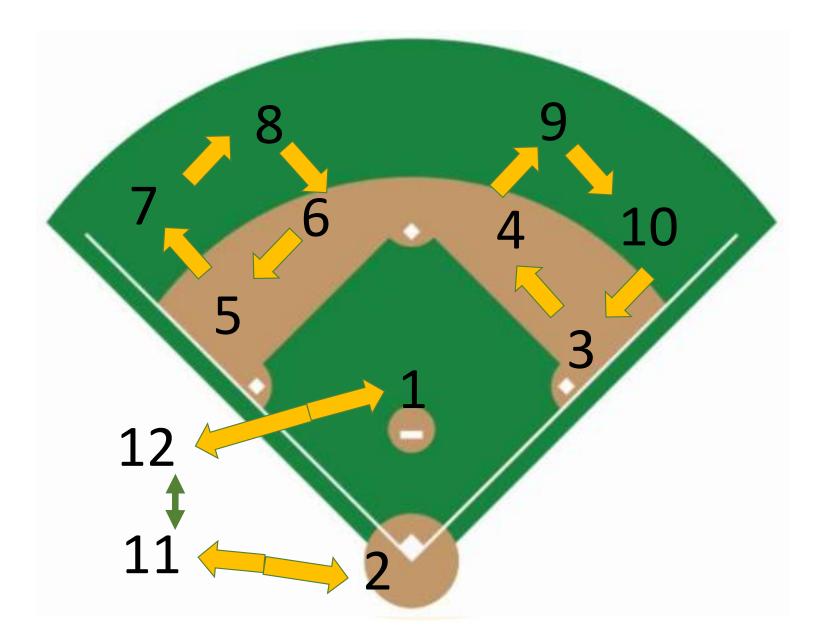
- Move kids around positions
  - You can even do this mid-inning!
- Mix up the lineup each inning



#### TEAM: GATORS

#### ZLL Positional Chart

|    |             | Inning |             |       |       |       |          |          |   |
|----|-------------|--------|-------------|-------|-------|-------|----------|----------|---|
|    | Player Name | 1      | 2           | 3     | 4     | 5     | 6        |          |   |
| 1  | Jonathan    | 18     | C           | SS    | 1B    | C     | SS       |          |   |
| 2  | Titus       | 2B     | р           | 3B    | 2B    | Р     | 3B       |          |   |
| 3  | Carson      | RF     | Bench       | RCF   | RF    | Bench | RCF      |          |   |
| 4  | Evinn       | RCF    | 18          | RF    | RCF   | 18    | RF       |          |   |
| 5  | Levi        | SS     | 2B          | С     | SS    | 2B    | с        |          |   |
| 6  | Roman       | 3B     | RF          | Р     | 3B    | RF    | Р        |          |   |
| 7  | Cole        | LF     | RCF         | Bench | LF    | RCF   | Bench    |          |   |
| 8  | Emmet       | LCF    | SS          | 18    | LCF   | SS    | 1B       |          |   |
| 9  | Everett     | С      | 3B          | 2B    | С     | 3B    | 2B       |          |   |
| 10 | Ike         | р      | LCF         | RF    | Р     | LCF   | RF       |          |   |
| 11 | Lake        | Bench  | LF          | RCF   | Bench | LF    | RCF      |          |   |
| 12 |             |        | 2 4<br>5 18 |       |       |       |          |          |   |
| 13 |             |        |             |       |       |       |          |          |   |
|    |             | 18     | 2B          | SS    | 3B    |       | LCF      | FRCF     |   |
|    | Postions:   | LF     | LCF         | RCF   | CF    |       | UF       | RCF      | 1 |
|    |             | RF     | С           | P     | Bench |       | 55<br>38 | 28<br>18 |   |
|    |             |        |             |       |       |       |          |          |   |



#### **Game Plan**

- Line up shared helmets/bats and tee behind home plate
- Put players on bench in batting order each inning
- Encourage kids to hustle on/off the field
- Eliminate downtime in between innings

#### Resources

www.teamsideline.com/zeelandrecreation

Coaches -> Coaches Resources

#### Administration

**Background Check Instructions** 

Practice Guides

**Tee ball Division Guide** 

**Coach Pitch Division Guide** 

ZLL Coaches Guide (Minors and Majors)

**Practice Plan Template** 

Game Planning

Game Prep - A, AA, AAA, Minors, and Majors

Game Prep - Tee Ball and Coach Pitch

Line-Up Card

**Position Chart** 

Pitch Count Log (excel)

Pitch Count Log (pdf)

Moving Players in Game - Tee Ball and Coach Pitch

#### **Extra Coaches**

- OK to ask parents to help at practice with coaches present
  - Shag balls, run a station, etc.
- MUST have them sign up on ZLL Site to coach if...
  - Parent wants to run a practice that coaches would miss
  - Parent wants to be on field during a game
  - Parent wants to be on bench during the game
- Link is on website

# Uniforms

- Uniform pickup will be week of April 15 at Zeeland Rec
- Shirts and hats
- Team colors

| Team Name  | Look       | Shirt      | Text                     |
|------------|------------|------------|--------------------------|
| Wolverines | Wolverines | Navy       | Gold                     |
| Hawkeyes   | Hawkeyes   | Black      | Gold                     |
| Spartans   | Spartans   | Dark Green | White                    |
| Lions      | Lions      | White .    | Navy                     |
| Wildcats   | Wildcats   | Purple     | White                    |
| Dragons    | Dragons    | Red        | White                    |
| Warriors   | Warriors   | Silver     | Black                    |
| Gators     | Gators     | orange     | navy                     |
| Knights    | Knights    | Red        | Black                    |
| Sharks     | Sharks     | Black      | Teal                     |
| Storm      | Storm      | Yellow     | Da <mark>rk</mark> Greer |
| Lakers     | Jaguars    | Orange     | Black                    |
| Waves      | Waves      | Blue       | White                    |
| Stars      | Stars      | Teal       | Black                    |
| Quakes     | Quakes     | Navy       | Silver                   |
| Hawks      | Hawks      | Black      | Red                      |
| Broncos    | Broncos    | Brown      | Gold                     |
| Dutch      | Dutch      | Orange     | Navy                     |
| Eagles     | Eagles     | Maroon     | Yellow                   |

### To do...

- Admin tasks (ZPS Background, Concussion, JDP Background)
- Check your schedule let me know if a practice needs to be moved
- Email your team and introduce yourself! One coach can send the email on behalf of all.
- As the season goes...remind your team of upcoming games and practices!

#### **The Coaches**

- Whose in charge?
- Time to meet...

### Softball Tee Ball

| Team     | Coach 1              | Coach 2          |
|----------|----------------------|------------------|
| Sharks   | Courtney Vogelzang   | Alex Vogelzang   |
| Wildcats | Hannah Zwagerman     | Summer Garbrecht |
| Eagles   | Marysa Koenigsknecht | Alyssa Zapata    |
| Spartans | Derek Rymill         | Jason Maldonado  |
| Lions    | Jon Klunder          | Crista Holstege  |
| Jaguars  | Josh Bergmans        | Kyle Mead        |
|          |                      |                  |

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#### Softball Coach Pitch

| Team     | Coach 1              | Coach 2          | Coach 3          |
|----------|----------------------|------------------|------------------|
| Eagles   | Luke Foerch          | Drew Bowman      |                  |
| Storm    | Nate Dewitt          | Jeremy Molewyk   |                  |
| Waves    | Lance DeJonge        | Nathan Sheridan  |                  |
| Spartans | Marysa Koenigsknecht | Josh Willink     | Rachel VanHouten |
| Lions    | Melvin Eledge        | Andrew Blackburn |                  |
| Wildcats | Josh Lamer           | Andrea Fantin    |                  |
| Sharks   | Tim Holstege         | Christina Brown  |                  |
| Jaguars  | Megan Marcucci       | Sean Marcucci    |                  |

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#### **Baseball Tee Ball**

| Daseball   |                  |                   |                |           |
|------------|------------------|-------------------|----------------|-----------|
|            |                  | ELA               |                |           |
| Team       | Coach 1          | Coach 2           | Coach 3        | Coach 4   |
| Wolverines | Zac Wyrick       | Michael Ritsema   | Jerry Wyrick   |           |
| Spartans   | Kaylin Driscoll  | Erin Hillary      |                |           |
| Eagles     | Steve Merlino    | Elise VanKampen   | Kyle Davis     |           |
| Warriors   | Luke Aukeman     | Michael Brock     |                |           |
| Lions      | Mike Davison     | Aaron Raap        |                |           |
| Gators     | Tadd Strabbing   | Christopher Zinke | Jake Mulder    |           |
| Hawkeyes   | Ben Stevens      | Aaron Huizenga    |                |           |
| Dragons    | Travis Capson    | Jeff Ball         |                |           |
| Sharks     | Justin Hawkes    | Jeff Keyser       |                |           |
| Knights    | Sean Dobberstein | Lindsey Rautiola  | Craig Rautiola | Doug Ball |
|            |                  |                   |                |           |

#### **Baseball Coach Pitch**

| Team       | Coach 1          | Coach 2           | Coach 3       | Coach 4       |
|------------|------------------|-------------------|---------------|---------------|
| Wolverines | Luke Foerch      | Drew Bowman       | Matt Ray      | - data sector |
| Stars      | Lucas Fantin     | Josh Kole         | Jeremy Cobb   |               |
| Warriors   | Brett Geertsma   | Brad Van Hoven    |               |               |
| Gators     | Zac Tamminga     | Nate Dewitt       |               |               |
| Spartans   | Michael Bennett  | Derek Kraai       |               |               |
| Lions      | Doug Hearit      | Alex Pulsifer     | Adam Pittman  |               |
| Knights    | Zach VanSetters  | Adam Hopkins      |               |               |
| Dragons    | Alex Vogelzang   | Mitch Pike        |               |               |
| Eagles     | Josh Smith       | RJ Vandermate     |               |               |
| Sharks     | Sean Dobberstein | Scott Sale        |               |               |
| Jaguars    | Mark Eardley     | Benjamin Kamphuis |               |               |
| Storm      | Ben Wilsey       | Keith chandler    |               |               |
| Waves      | Cory Schmidt     | Jacob Vanzyll     | Joseph Scotto |               |
| Hawkeyes   | Tiana lamberts   | Anjalie Wassink   | Brian Post    | Lance Wassink |

#### **Baseball Advanced Coach Pitch**

| Team       | Coach 1           | Coach 2         | Coach 3       |
|------------|-------------------|-----------------|---------------|
| Hawkeyes   | Clayton Sommers   | Grant Dozeman   |               |
| Lions      | Brad Stevens      | Mitch Cook      | Brian Cochran |
| Wolverines | Gage Westhouse    | Max Nykerk      |               |
| Gators     | Ryan Golembiewski | Brian Baker     | Joshua DeJong |
| Dragons    | Jeff Hofman       | Jonathan DeKock | Mike Lucas    |
| Warriors   | Katelyn Labutte   | Dustin LaButte  | Joel Walters  |
| Spartans   | Caleb nyenhuis    | Pat Tuburgen    | Dave Hoeker   |
| Knights    | Tyler Zoerhof     | Shannon Zoerhof | Jim Kinner    |
| Waves      | Jordan Hanges     | Ross Bouwkamp   |               |
| Storm      | Steve Rice        | Steve Hop       | 6             |
| Eagles     | Tyler Huizenga    | Jon Kloosterman |               |
| Sharks     | Mitch Scholten    | Vince Doyle     | Mark Dishnow  |
|            |                   |                 |               |

# THANK YOU

Thank you again

# •PLEASE HELP PUT THE CHAIRS AWAY!!!