



COLONIAL HEIGHTS ATHLETICS COMMISSION

COACHES CODE OF CONDUCT & AGREEMENT

Thank you for stepping up to coach young players at CHAC! We hope you and your team will have a great season. Below are things adhere to and to keep in mind:

YOU ARE A CHAC REPRESENTATIVE AND AMBASSADOR

Coaching is a wonderful role. You play a crucial role in developing skills in young players as they grow their love for a sport. Not only is your role important in regards to gameplay, but off the field as well. Coaches should model sportsmanship, integrity, respect, and excitement for playing the game. Always aim to win but remember to keep games fun for your players!

RESPECT THE GOLDEN RULE

Treat your players, their parents, and the officials in the same manner you want to be treated. That means no yelling, no sarcasm, and no embarrassing anyone in front of others. To gain respect, you must give respect.

BE EVERYONE'S COACH

As the saying goes, "there is no I in TEAM." Let everyone contribute. That goes for your own kids, too. If you coach your own child, be sure not to shine the light too bright or too low on them. Treat everyone the same.

FOCUS ON THE FUNDAMENTALS

Help your players develop the basics of a sport. Wins and losses come and go, but you only get one chance to develop a player's skills. Don't waste that opportunity. Remind your players that hustle is also a fundamental skill.

TEACH—AND ENFORCE—GOOD SPORTSMANSHIP

Spend time at practice and before games explaining to your team how to behave after a win or a loss. Good sportsmanship means no trash-talking or taunting. Teach your players to develop a positive relationship with the officials. Have the courage to enforce sportsmanship if one of your players misbehaves. That's the key.

UNDERSTAND THE RULES OF THE GAME

Read the rulebook. Identify any special policies your league has adopted. You can't expect your players to know the rules if you do not.

HAVE A POSITIVE RAPPORT WITH THE OFFICIALS

Officials will not respond positively if you try to bully or intimidate them. Instead, act like an adult. Ask questions if necessary. Seek clarification if it's warranted. Set the right tone for your team by never disparaging an official.

PROMOTE FUN

Avoid getting too serious. Don't get crazy about winning. Make sure you smile. Above all else, make sure the kids are having fun. If they aren't, then you are doing something wrong.

BE PATIENT

Young players are going to miss shots. They're going to make crucial turnovers. They're going to commit needless fouls. They need the freedom to make mistakes. It's your job to help them learn from those mistakes. That takes time and patience.

TALK TO THE PARENTS AND UNDERSTAND THEIR GOALS

From the first practice, talk with the parents. Explain your coaching philosophy. If a parent has a particular concern, give them the opportunity to discuss it with you. Parents come to games to see their kids play. Make sure every player has the opportunity to make a contribution.

To maintain a positive environment, coaches are held to a three-strike standard. These strikes will be administered by a Board Member. After three official strikes for inappropriate behavior or conduct violations, the coach will be removed from their coaching position for the remainder of the season and will not be eligible to coach for any sport for a year.

Coach's Printed Name and Signature

Date

Sport