

Haltom City Parks & Recreation Girls' Volleyball League Bylaws 2023

I. Government

- High school UIL rules are in effect, unless otherwise noted.

II. General Information

- No food, drink, or gum is allowed in the gym. Only bottled waters are allowed. Coaches, please express this policy to the parents.
- All games will be played at the Haltom Recreation Center.
- Schedules will be made and distributed to coaches. It will be the coaches' responsibility to notify players of game/practice times and any changes to the schedule. Schedules will also be available online at www.teamsideline.com/haltom.

III. Playing Court and Equipment

- Players must wear knee pads.
- Jewelry must be kept to a minimum; small studs in ears only. Bracelets and necklaces must not be worn.
- Nets: No one may touch the net while ball is in play.

IV. Game Regulations

- **At the Start:** Captains will be sent to the game official for a coin toss. The visiting team will have the call. Whichever team wins the toss will have the choice of serving first, or choosing which side of the net they want to start play on.

• Scoring

1. Each match will be best two out of three.
 2. Rally scoring will be used. There will be a point scored on every score of the ball. Offense will score on a defense miss or out of bounds hit. Defense will score on an offensive miss, out of bounds hit, or serve into the net.
 3. Games will be played to 25 points; team must win by 2 points.
- **Time Outs:** There will be two total time outs for each team during the first two games. No time outs will be allowed in the third game of a match if a third game is required. Time outs will last for 30 seconds.
 - **Ground Rules:** If a team hitting the ball has the ball bounce off a goal, ceiling, or wall that is on their side of the net, the ball will still be considered to be in play. If the struck ball bounces off a goal, ceiling, or wall and then continues to the opponent's side of the net that will be ruled illegal and play will stop. Net antennas are out of bounds. Lines are considered in bounds.

- **Serving:**
 1. Players must wait for official's whistle and serve from behind service line.
 2. Serves may be either over or underhand.
 3. Server cannot step on line until the ball has been hit. The server can stand anywhere behind the service line.
 4. All players (both teams) must be within court boundaries at time of serve.
 5. Serves can be returned with a pass or set.
 6. Five (5) successful serves in a row by one player, then the ball goes over to the other team
 7. Net serves are legal.
 8. Younger players may serve from the closer service line **(12U ONLY)**, if unable to serve from the legal serve line. Coaches must tell the referee at game time the players numbers that need to serve closer to the line.

- **Center Line:** No players may step completely across the centerline (stepping on the line is legal).

- **Play of the Ball:** Ball must be played cleanly. At no time can the ball visibly come to rest on any part of a player's body. At no time can a player use open palms in an underhanded manner (this will be called a "lift" which is illegal). First contact may be double hit provided it is one attempt to play the ball, but it must not be a lift. One block attempt to play the ball

- **Playing the Game (volley)**
 1. Three hits per team maximum. A touch on a block attempt does not count as a hit.
 2. Player may not hit the ball twice in a row (a block does not count as a hit).
 3. The ball may be played off the net on a volley and serve.
 4. If two or more players contact the ball at the same time, it is considered one play and those players will not be allowed to contact the ball on the next play.

- **Setting the Ball -** When setting the ball, the setter must:
 1. Contact the ball with both hands simultaneously
 2. Face the direction of a hitter (squaring up)
 3. Make sure that the ball never touches the palms of the setter's hands. It is legal to set the ball to a player behind the setter.

- **Rotations/Changing Sides**
 1. Team will rotate clockwise each time they win the serve.
 2. The two teams will switch sides after the end of the first game. If a third game is required, the teams will switch sides as soon as one team scores seven (7) points.

- **Substitutions Per Age Division:**

12U

If teams have more than six (6) players attending a match, they may elect to substitute players by rotating them into the center back position. Substitutions are unlimited, however, all players in attendance must play at least one game or one full rotation. Exception: Players may be substituted at any time in case of injury or if the player refuses to play. Substituted player will move to the position of the injured player.

- ❖ All substitutions must go through the referee

15U

Team can sub up to 18 times per game. A player that is being substituted out of a game can only be substituted back into the game through the same player.

- ❖ All substitutions must go through the referee

- **Basic Violations**

1. Stepping on or over the line on a serve.
2. Failure to serve the ball over the net successfully.
3. Hitting the ball illegally (carrying, palming, throwing, etc.)
4. Touches of the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.
5. Reaching over the net, except under these conditions: when executing a follow-through, when blocking a ball which is in the opponents court but is being returned (the blocker must not contact the ball until after the opponent who is attempting to return the ball makes contact)
6. Reaches under the net
7. Failure to serve in the correct order
8. Blocks or spikes from a position which is clearly not behind the 10-foot line while in a back row position

V. Player Eligibility

- Each team can roster up to 11 players. Divisions are 15U and 12U.
- Six (6) players maximum, four **(4) minimum** on the court. If you have less than four players at game time a forfeit will be declared. Signed rosters must be turned in to the Recreation Center, no later than the 2nd game.
- Roster changes: A player must be on the roster in order to be eligible. An illegal player will constitute a team forfeiting the game in which the illegal player has played.

VI. Sportsmanship

- Participants must accept referees' decisions with sportsmanlike conduct and without dispute. In case of doubt, clarification may be requested through the coach only.
- Cheering - Sportsmanship must be emphasized at all times. Positive comments and individual cheers are encouraged at all times.
- Any unsportsmanlike behavior will result in disciplinary action including, but not limited to, suspension from current and future game play or from the facility. Disciplinary action can be issued against players, coaches, and observers.