



Downers Grove Park District

Equal Playing Time Breakdown

Throughout the season we ask that all players have equal playing time. In an effort to help promote equal playing time, below is a breakdown of equal playing time. It is not mandatory that coaches use this format; however, we do suggest that you develop a format that ensures equal playing time for all.

12 Players					
<u>1st</u> <u>Quarter</u>	Start	1	2	3	4
	Halfway	5	6	7	8
<u>2nd</u> <u>Quarter</u>	Start	9	10	11	12
	Halfway	1	2	3	4
<u>3rd</u> <u>Quarter</u>	Start	5	6	7	8
	Halfway	9	10	11	12
<u>4th</u> <u>Quarter</u>	Start	1	2	3	4
	Halfway	5	6	7	8

**9, 10, 11, 12 would be in the first rotation the following week*

11 Players					
<u>1st</u> <u>Quarter</u>	Start	1	2	3	4
	Halfway	5	6	7	8
<u>2nd</u> <u>Quarter</u>	Start	9	10	11	1
	Halfway	2	3	4	5
<u>3rd</u> <u>Quarter</u>	Start	6	7	8	9
	Halfway	10	11	1	2
<u>4th</u> <u>Quarter</u>	Start	3	4	5	6
	Halfway	7	8	9	10

**11 would be in the first rotation the following week*

10 Players					
<u>1st</u> <u>Quarter</u>	Start	1	2	3	4
	Halfway	5	6	7	8
<u>2nd</u> <u>Quarter</u>	Start	9	10	1	2
	Halfway	3	4	5	6
<u>3rd</u> <u>Quarter</u>	Start	7	8	9	10
	Halfway	1	2	3	4
<u>4th</u> <u>Quarter</u>	Start	5	6	7	8
	Halfway	9	10	1	2

9 Players					
<u>1st</u> <u>Quarter</u>	Start	1	2	3	4
	Halfway	5	6	7	8
<u>2nd</u> <u>Quarter</u>	Start	9	1	2	3
	Halfway	4	5	6	7
<u>3rd</u> <u>Quarter</u>	Start	8	9	1	2
	Halfway	3	4	5	6
<u>4th</u> <u>Quarter</u>	Start	7	8	9	1
	Halfway	2	3	4	5

**6, 7, 8, 9 would be in the first rotation the following week*

8 Players					
<u>1st</u> <u>Quarter</u>	Start	1	2	3	4
	Halfway	5	6	7	8
<u>2nd</u> <u>Quarter</u>	Start	1	2	3	4
	Halfway	5	6	7	8
<u>3rd</u> <u>Quarter</u>	Start	1	2	3	4
	Halfway	5	6	7	8
<u>4th</u> <u>Quarter</u>	Start	1	2	3	4
	Halfway	5	6	7	8

7 Players					
<u>1st</u> <u>Quarter</u>	Start	1	2	3	4
	Halfway	5	6	7	1
<u>2nd</u> <u>Quarter</u>	Start	2	3	4	5
	Halfway	6	7	1	2
<u>3rd</u> <u>Quarter</u>	Start	3	4	5	6
	Halfway	7	1	2	3
<u>4th</u> <u>Quarter</u>	Start	4	5	6	7
	Halfway	1	2	3	4

**5, 6, 7 would be in the first rotation the following week*

Player # Slots

1		7	
2		8	
3		9	
4		10	
5		11	
6		12	

Fillable Game Substitution Breakdown					
<u>1st</u> Quarter	Start				
	Halfway				
<u>2nd</u> Quarter	Start				
	Halfway				
<u>3rd</u> Quarter	Start				
	Halfway				
<u>4th</u> Quarter	Start				
	Halfway				