

CARA Cross Country Meet September 17, 2022
Morrison Colorado

Location: Fehringer Ranch Disc Golf Course (W. Quincy Ave. and, S Simms St, Morrison, CO 80465)

Parking: Parking is available at the dirt lot. Near-by additional parking is available at D'Evelyn Jr/Sr Highschool.

D'Evelyn is letting us borrow their lot. Please respect their campus and do not run on their property or fields.

Check-in: Teams may set up their team tents by the startline. Please stay off the natural grass open space.

Race Logistics: Meet begins with the 2k at 9:00am. Following races will have a rolling start time. Ages 9-10 and 11-12 will run seperately.

8 and Under	2k
9-10 and 11-12	3k
13-14	4k

Volunteer: Course volunteers needed and any help is greatly appreciated! Please sign up here:

<https://www.signupgenius.com/go/10C0E45A4AF22A4F4CF8-917>

Weather Information: Lakewood Recreation Weather Hotline: 303-987-7078 (option 3 for Cross Country).

Results: Any available results will be included in the informational email for the next meet.