

Carbon Valley Gymnastics Meet

Carbon Valley Gymnastics Center
6615 Frederick Way
Frederick, CO 80530
303-833-2765



Friday, June 14, 2024

Optional 2, 3, 4

7:45am	Arrive
7:45-8:15am	Open Gym
8:15-9:15am	Timed Warm-Ups
9:15-9:30am	March In
9:30-11:45am	Competition
12pm	Awards

Optional 1

12pm
12:15-12:30pm
12:30-1:30pm
1:30-1:45pm
1:45-4pm
4:15pm

Saturday, June 15, 2024

Compulsory 3

8am	Arrive
8:15-8:30am	Open Gym
8:30-9:20am	Timed Warm-Ups
9:20-9:30am	March In
9:30-11am	Competition
11:15am	Awards

Compulsory 4

11:15am
11:30-11:45am
11:45am-12:25pm
12:25-12:35pm
12:35-1:35pm
1:45pm

Compulsory 2

1:45pm
2-2:15pm
2:15-2:50pm
2:50-3pm
3-3:45pm
4pm

- \$8 Admission Fee for all Spectators 2 and older
- \$14 Admission Fee for multiple sessions/person
- Admissions must be paid at the door – cash, card, check
- Small Concession Stand -packaged snacks and drinks
- No Food or Drinks in the Gymnasium
- Space is limited, please only 2 spectators per gymnast
 - No outside chairs allowed