

# Fraser Valley, ALPINE meet: Sunday, July 14

1 main street, 80442 US-40, Fraser, CO 80442

Gyms Attending (Silverthorne, Lakewood, Broomfield, Steamboat)

## Optionals

8:00am arrival time

8:15am open warmup

8:30am warmup 1st event

8:50am team introductions next to event and begin competition

11:30am awards

## Compulsory 3

11:45am arrival

12pm open warmup

12:15pm warmup 1st event

12:40pm march-in

12:45pm compete 1st event

3:30pm awards

## Compulsory 2 and 4

3:45pm arrival time

4:00pm open warmup

4:15pm warmup 1st event

4:40pm March-in

**4:45pm compete 1st event**

**7:30pm awards**