### September 26, 2021 Cross Country Meet Hosted By: South Suburban & Colorado Coyotes

## <u>Results</u>

Results will be posted under the shelter & online (direct link to come closer to meet)

Ribbons will be handed out once the race is complete, underneath the shelter.

# Course Maps

<u>2K Map</u> <u>3K Map</u> <u>4K Map</u>

The location for team tents is marked on the map, please only setup tents in that designated area.

### **Parking**

Parking options are marked on the course maps:

- Goodson Recreation Center (6315 S. University Blvd. Centennial 80121)
- South Suburban Ice Arena (6580 S. Vine St. Centennial 80121)
  - Cross the bridge on the east side of the parking lot & walk across the High Line Canal Trail
- deKoevend Park (6301 S. University Blvd. Centennial 80121)

### **Race Notes**

The first race (8 Under) will begin at 9:00am. Clubs team races will go first, followed by CARA team races 5 minutes later.

Age Groups	Distances
8 Under	2К
10 Under	ЗК
12 Under	ЗК
14 Under	4К

Bibs with disposable chips will be distributed to teams that morning. This race will be chip timed, so every participant will need a bib.

If a CARA participant is running in a different age group than their age, coaches will need to report which race they are competing in, to the timing company on the day of the race.

### <u>COVID</u>

We will be following our local and county health regulations. As it stands now, we will only encourage, not require, masks and/or social distancing.

### <u>Weather</u>

If the weather is in question that morning please call the South Suburban Rainout Line: 303-219-1150 ext. 4, for updates.