Mt. Prospect Park District Youth Basketball Rules Quick Sheet

Rule	Kindergarten & 1st grade	2 nd Grade	3 rd Grade Boys & 3rd/4th Grade Girls	4 th Grade	5 th & 6 th Grade	7th/8th Grade
Rim Height	8 ft.	9 ft.	10ft	10 ft.	10 ft.	10 ft.
Ball Size	Elementary/Rookie (25.5")	Junior (28")	Junior (28")	Boys- Intermediate (28.5")	Girls – Intermediate (28.5") Boys- Intermediate (28.5")	Girls - Intermediate (28.5") Boys - "Official" (29.5")
Length of Game	Four (4), 8 Minute Quarters; Clock will stop at 4 min. mark for subs	Four (4), 8 Minute Quarters; Clock will stop at 4 min. mark for subs	Four (4), 8 Minute Quarters; Clock will stop at 4 min. mark for subs	Four (4), 8 Minute Quarters; Clock will stop at 4 min. mark for subs	Four (4), 7 Minute Quarters with Stopped Clock	Four (4), 6 Minute Quarters with Stopped Clock
Free Throws	NO	YES (Line - 14 ft from baseline)	YES (Line - 16 ft from baseline)	YES (Line - 16 ft from baseline)	YES	YES
Team Bonus	NO	2 FT shots on the 5th team foul of a quarter	2 FT shots on the 5th team foul of a quarter	2 FT shots on the 5th team foul of a quarter	2 FT shots on the 5th team foul of a quarter	2 FT shots on the 5th team foul of a quarter
Jump Ball (To start game)	NO	YES	YES	YES	YES	YES
Score Recorded?	NO	NO	YES (and standings)	YES (and standings)	YES (and standings)	YES (and standings)
Defensive Pick-up Line	YES	YES	YES	YES - for only 5 sec	N/A	N/A
Type of defense allowed	Man-To-Man w/ use of colored wristbands	Man-To-Man (No Double teaming - will be called at discretion of officials)	Man-To-Man (No Double teaming - will be called at discretion of officials)	Man-To-Man (No Double teaming - will be called at discretion of officials)	Man-To-Man or Zone	Man-To-Man or Zone
Full-Court Press	NO	NO	NO - 3rd Boys YES - 3rd/4th Girls beginning game 4, only in last 2 mins of 2Q & 4Q up to 10 pt lead	YES Last 4 minutes of 2Q & 4Q only up to 10 pt lead	ONLY in the last 2 minutes of 2Q & 4Q up to a 10 point lead.	ONLY in the last 2 minutes of 2Q & 4Q up to a 10 point lead.
Fast Breaks	NO	*YES only during 2 minutes of 4Q	YES - 3rd boys only only in last 2 mins of 2Q & 4Q up to 10 pt lead YES - 3rd/4th Girls & 4th Boys during entire game up to 10 pt lead	YES during entire game up to 10 pt lead	YES during entire game up to 10 pt lead	Yes Entire Game
Player Foul Out	NO	YES on 5th foul	YES on 5th foul	YES on 5th foul	YES on 5th foul	YES on 5th foul

Please read written rules for specifics regarding these areas of the game.