

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

ABBOTT

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2012	Karpishin	Thomas	Abbott	11.07	51	1	
Boys 6th	2013	Attard, Francis		Abbott	11.07	52	2	
Boys 6th	2023	Ashfield	Jack	Abbott	11.10	58	3	11:10.0
Boys 6th	2015	Douglass	Tyler	Abbott	11.41	141	4	
Boys 6th	2013	Phillips, Kieran		Abbott	11.50	173	5	
Boys 7th	2016	Zachery	Leighton	Abbott	10.30	30	1	
Boys 7th	2016	Aiden	Nightengale	Abbott	10.46	61	2	
Boys 7th	2013	Karpishin, Thomas		Abbott	10.54	77	3	
Boys 7th	2019	Holmes	Derek	Abbott	11.07	116	4	
Boys 7th	2023	Pan	Enzo	Abbott	11.23	165	5	11:23.4
Boys 8th	2015	Azem	Logan	Abbott	10.19	42	1	
Boys 8th	2014	Karpishin, Thomas		Abbott	10.19	43	2	
Boys 8th	2022	McGurk	Will	Abbott	10.44	129	3	10:43.8
Boys 8th	2017	Aiden	Nightengale	Abbott	10.52	156	4	
Boys 8th	2014	Armstrong, Sam		Abbott	11.08	214	5	
Girls 6th	2022	Romersa	Ally	Abbott	12.04	41	1	12:04.4
Girls 6th	2015	Wong	Jazmine	Abbott	12.10	55	2	
Girls 6th	2016	Lily	Vallin	Abbott	12.40	107	3	
Girls 6th	2022	Forney	Lucia	Abbott	12.40	108	4	12:39.6
Girls 6th	2016	Roisin	Scallon	Abbott	12.44	116	5	
Girls 7th	2023	Romersa	Ally	Abbott	11.23	19	1	11:22.9
Girls 7th	2015	Fahsel	Lillian	Abbott	12.38	127	2	
Girls 7th	2022	Fukumoto	Kaylie	Abbott	13.28	225	3	13:28.4
Girls 7th	2012	Rushka	Emily	Abbott	13.32	229	4	
Girls 7th	2012	Chen	Cary	Abbott	13.34	236	5	
Girls 8th	2015	Armstrong	Keely	Abbott	11.39	37	1	
Girls 8th	2015	Hayashigotani	Kate	Abbott	12.12	90	2	
Girls 8th	2015	Vera	Sarah	Abbott	12.47	149	3	
Girls 8th	2023	Fukumoto	Kaylie	Abbott	13.29	222	4	13:29.0
Girls 8th	2013	Rushka, Emily		Abbott	13.39	240	5	

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

BAYSIDE

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2016	Zachary	Lafrance	Bayside	10.25	6	1	
Boys 6th	2016	Elliot	Lafrance	Bayside	10.57	35	2	
Boys 6th	2018	Ben	Yeager	Bayside	11.06	48	3	
Boys 6th	2016	Brian	Shafer	Bayside	11.17	76	4	
Boys 6th	2019	Kostas	Ginis	Bayside	11.48	165	5	
Boys 7th	2017	Elliot	Hassaine-Lafrance	Bayside	10.24	20	1	
Boys 7th	2017	Zachary	Hassaine-Lafrance	Bayside	10.24	21	2	
Boys 7th	2022	Lee	Parker	Bayside	10.30	31	3	10:29.6
Boys 7th	2015	Pappas	Samuel	Bayside	10.35	39	4	
Boys 7th	2018	Issac	Sanchez	Bayside	10.36	43	5	
Boys 8th	2008	Christian		Bayside	09.29	3	1	
Boys 8th	2023	Lee	Parker	Bayside	09.52	11	2	09:51.8
Boys 8th	2023	Hsiao	Anthony	Bayside	10.10	32	3	10:10.3
Boys 8th	2023	Ross	James	Bayside	10.20	45	4	10:19.8
Boys 8th	2018	Elliot	LaFrance	Bayside	10.23	58	5	
Girls 6th	2017	Grace	Yeh	Bayside	11.44	17	1	
Girls 6th	2023	Lawry	Lauren	Bayside	11.50	22	2	11:49.9
Girls 6th	2017	Annalise	Sweeney	Bayside	12.51	126	3	
Girls 6th	2018	Monica	Lim	Bayside	13.12	163	4	
Girls 6th	2016	Brieann	Hager	Bayside	13.32	197	5	
Girls 7th	2011	Marta	Cagy	Bayside	11.34	27	1	
Girls 7th	2017	Anna	Pappas	Bayside	11.51	49	2	
Girls 7th	2015	Nunnemaker	Sydney	Bayside	11.53	54	3	
Girls 7th	2017	Clare	Parnham	Bayside	12.03	68	4	
Girls 7th	2018	Charlotte	Gordon	Bayside	12.27	101	5	
Girls 8th	2018	Anna	Pappas	Bayside	11.16	18	1	
Girls 8th	2022	Young	Emme	Bayside	11.50	59	2	11:50.4
Girls 8th	2022	Young	Hannah	Bayside	12.05	75	3	12:04.6
Girls 8th	2023	Martensson	Louise	Bayside	12.32	120	4	12:32.3
Girls 8th	2023	Chiguchi	Sara	Bayside	12.34	126	5	12:33.7

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

BOREL

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2009	Mcauliff	Ryan	Borel	10.31	8	1	
Boys 6th	2022	Hua	Desmond	Borel	11.16	74	2	11:15.7
Boys 6th	2017	Gabriel	Anagnoson	Borel	11.29	108	3	
Boys 6th	2010	Henry	Kazan	Borel	11.37	127	4	
Boys 6th	2016	Maxence	Lacasse	Borel	11.46	158	5	
Boys 7th	2010	Ryan	McAullife	Borel	10.08	4	1	
Boys 7th	2018	Gabe	Anagnoson	Borel	10.32	34	2	
Boys 7th	2022	Olbekson	Oliver	Borel	10.32	35	3	10:31.6
Boys 7th	2023	Hua	Desmond	Borel	10.38	44	4	10:37.9
Boys 7th	2008	Herrera		Borel	10.52	76	5	
Boys 8th	2023	Olbekson	Oliver	Borel	09.02	1	1	09:02.3
Boys 8th	2009	Samujh	Keith	Borel	09.56	14	2	
Boys 8th	2008	Keaton		Borel	10.13	35	3	
Boys 8th	2008	Toomey		Borel	10.16	37	4	
Boys 8th	2008	Beyer		Borel	10.21	50	5	
Girls 6th	2011	Tsamasfyros	Toni	Borel	11.24	9	1	
Girls 6th	2012	Madgic	Emma	Borel	11.32	12	2	
Girls 6th	2013	Chang, Abigail		Borel	11.38	13	3	
Girls 6th	2010	Ashlen	Kelly	Borel	11.53	27	4	
Girls 6th	2008	Brull		Borel	11.59	33	5	
Girls 7th	2013	Madgie, Emma		Borel	10.12	1	1	
Girls 7th	2015	Tsamasfyros	Brett	Borel	11.28	24	2	
Girls 7th	2012	Tsamasfyros	Toni	Borel	11.36	28	3	
Girls 7th	2010	Zoe	Barrie	Borel	11.43	39	4	
Girls 7th	2013	Shigihara, Ayato		Borel	12.03	69	5	
Girls 8th	2014	Madjic, Emma		Borel	10.31	3	1	
Girls 8th	2016	Brett	Tsamasfyros	Borel	11.10	12	2	
Girls 8th	2013	Tsamasfyros, Toni		Borel	11.26	26	3	
Girls 8th	2011	Barrie	Zoe	Borel	11.27	28	4	
Girls 8th	2014	Shigihara, Ayato		Borel	11.43	43	5	

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

BOWDITCH

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2019	Ruiz	Sameul	Bowditch	10.57	36	1	
Boys 6th	2015	Suzuki	Hayato	Bowditch	11.16	75	2	
Boys 6th	2022	Fujimaki	Harutora	Bowditch	11.23	94	3	11:22.7
Boys 6th	2022	Noda	Yuta	Bowditch	11.42	145	4	11:42.4
Boys 6th	2022	Matsuda	Koki	Bowditch	11.43	148	5	11:43.2
Boys 7th	2013	Chang, Andrew		Bowditch	10.28	24	1	
Boys 7th	2012	Delaney	Liam	Bowditch	10.38	45	2	
Boys 7th	2017	Harry	Wang	Bowditch	10.58	89	3	
Boys 7th	2023	Fujimaki	Harutora	Bowditch	11.09	126	4	11:09.4
Boys 7th	2016	Hayato	Suzuki	Bowditch	11.11	132	5	
Boys 8th	2013	Delmonico, Nick		Bowditch	10.27	73	1	
Boys 8th	2017	Gavin	Davis	Bowditch	10.42	124	2	
Boys 8th	2014	Ma, Alex		Bowditch	10.46	135	3	
Boys 8th	2013	Abad, Nico		Bowditch	10.47	138	4	
Boys 8th	2013	Delaney, Liam		Bowditch	10.49	143	5	
Girls 6th	2022	Yang	Amelia	Bowditch	12.25	83	1	12:24.9
Girls 6th	2023	Leung	Lana	Bowditch	12.29	89	2	12:28.9
Girls 6th	2014	Chilton, Dana		Bowditch	12.38	103	3	
Girls 6th	2015	Fahrenbruch	Georgia	Bowditch	12.56	135	4	
Girls 6th	2016	Leena	Wang	Bowditch	13.01	143	5	
Girls 7th	2012	Whitaker	Jenna	Bowditch	11.16	13	1	
Girls 7th	2013	Mallorie, Jenne		Bowditch	11.24	20	2	
Girls 7th	2023	Yang	Amelia	Bowditch	11.25	21	3	11:25.0
Girls 7th	2015	Chang	Lucy	Bowditch	12.26	98	4	
Girls 7th	2023	Lee	Kathryn	Bowditch	12.31	112	5	12:31.2
Girls 8th	2014	Jenne, Mallorie		Bowditch	11.08	10	1	
Girls 8th	2013	Whitaker, Jenna		Bowditch	11.27	29	2	
Girls 8th	2013	Delaney, Maddy		Bowditch	11.38	36	3	
Girls 8th	2016	Asuka	Iwamoto	Bowditch	12.11	88	4	
Girls 8th	2015	Jiang	Jessie	Bowditch	12.44	146	5	

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

CENTRAL

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2011	Cisneros	Miguel	Central	11.01	41	1	
Boys 6th	2011	Cisneros	Mario	Central	11.03	42	2	
Boys 6th	2013	Giovanni, Romeo		Central	11.08	55	3	
Boys 6th	2013	Burt, Thomas		Central	11.12	63	4	
Boys 6th	2011	Brundage	AJ	Central	11.14	68	5	
Boys 7th	2014	Hill, Kai		Central	10.28	25	1	
Boys 7th	2014	Romeo, Giovanni"Gio"		Central	11.00	94	2	
Boys 7th	2015	Cowgill	Alexander	Central	11.06	114	3	
Boys 7th	2022	Giardi	Henry	Central	11.10	129	4	11:10.0
Boys 7th	2012	Burt	Chris	Central	11.12	134	5	
Boys 8th	2008	Layton		Central	09.53	12	1	
Boys 8th	2015	Romeo	Giovanni	Central	10.16	38	2	
Boys 8th	2015	Burt	Thomas	Central	10.20	46	3	
Boys 8th	2022	Block	Jonah	Central	10.20	47	4	10:19.5
Boys 8th	2008	Aparicio		Central	10.23	59	5	
Girls 6th	2011	McKeon	Bailey	Central	11.51	25	1	
Girls 6th	2013	Cattalini, Gabriella		Central	12.25	84	2	
Girls 6th	2011	St. Claire	Kendall	Central	12.38	104	3	
Girls 6th	2011	Woo	Mia	Central	12.51	127	4	
Girls 6th	2010	Genevieve	Cheatham	Central	12.58	137	5	
Girls 7th	2011	Kacie	Beth	Central	11.08	8	1	
Girls 7th	2013	Sharatt, Chloe		Central	12.30	109	2	
Girls 7th	2013	Laing, Abby		Central	12.49	150	3	
Girls 7th	2022	Kinley	Lila	Central	13.00	172	4	13:00.2
Girls 7th	2010	Katie	Fazio	Central	13.02	178	5	
Girls 8th	2012	Kacie	Beth	Central	10.59	6	1	
Girls 8th	2015	Burt	Lauren	Central	11.51	63	2	
Girls 8th	2014	Sharratt, Chloe		Central	12.31	119	3	
Girls 8th	2011	Rexer	Emily	Central	12.47	151	4	
Girls 8th	2014	Harris, Sophie		Central	13.44	256	5	

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

CUNHA

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2022	Anders	Brown	Cunha	10.33	11	1	10:32.7
Boys 6th	2012	Payne	Mason	Cunha	10.37	14	2	
Boys 6th	2010	Sam	Reynolds	Cunha	10.39	16	3	
Boys 6th	2023	Wilkinson	Lukas	Cunha	10.58	39	4	10:57.7
Boys 6th	2016	Moss	Michelsen	Cunha	11.03	43	5	
Boys 7th	2010	Khalil	Droubi	Cunha	10.01	2	1	
Boys 7th	2010	Dante	DiNapoli	Cunha	10.09	5	2	
Boys 7th	2008	Marshall		Cunha	10.10	8	3	
Boys 7th	2011	Reynolds	Sam	Cunha	10.11	10	4	
Boys 7th	2015	Nash	Harrison	Cunha	10.23	18	5	
Boys 8th	2011	Droubi	Khalil	Cunha	09.43	8	1	
Boys 8th	2011	DiNapoli	Dante	Cunha	09.45	9	2	
Boys 8th	2009	Marshall	Logan	Cunha	09.58	16	3	
Boys 8th	2013	Moderna, Jon		Cunha	09.58	17	4	
Boys 8th	2009	Cilia	Corey	Cunha	10.01	21	5	
Girls 6th	2013	Yerby, Claire		Cunha	11.07	3	1	
Girls 6th	2013	Hart, Grace		Cunha	11.50	23	2	
Girls 6th	2014	Faust, Layne		Cunha	11.54	28	3	
Girls 6th	2009	Bachicha	Nina	Cunha	11.56	29	4	
Girls 6th	2018	Niamh	Abrash	Cunha	12.00	36	5	
Girls 7th	2014	Yerby, Claire		Cunha	10.49	3	1	
Girls 7th	2015	Minkstein	Julia	Cunha	11.15	12	2	
Girls 7th	2009	Boester	Petra	Cunha	11.38	30	3	
Girls 7th	2023	Cruz	Isabel	Cunha	11.39	31	4	11:39.5
Girls 7th	2012	Hamilton	Mallory	Cunha	11.42	37	5	
Girls 8th	2015	Yerby	Claire	Cunha	10.15	1	1	
Girls 8th	2008	Andebon		Cunha	11.11	14	2	
Girls 8th	2019	Kerseg	Deia	Cunha	11.26	27	3	
Girls 8th	2015	Hart	Grace	Cunha	11.36	34	4	
Girls 8th	2010	Emma	Pastorino	Cunha	11.41	40	5	

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

FLETCHER/TERMAN

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2014	Garderes, Nathan		Fletcher/Terman	10.20	3	1	
Boys 6th	2008	Hardy		Fletcher/Terman	10.32	9	2	
Boys 6th	2014	Van Der Horst, Keno		Fletcher/Terman	10.41	19	3	
Boys 6th	2014	Toft, Felix		Fletcher/Terman	10.44	23	4	
Boys 6th	2008	Riley		Fletcher/Terman	10.48	26	5	
Boys 7th	2015	Garderes	Nathan	Fletcher/Terman	10.09	6	1	
Boys 7th	2022	Zhang	Albert	Fletcher/Terman	10.21	16	2	10:21.3
Boys 7th	2015	Toft	Felix	Fletcher/Terman	10.28	26	3	
Boys 7th	2015	Lee	Thomas	Fletcher/Terman	10.29	29	4	
Boys 7th	2018	Andreas	Vega	Fletcher/Terman	10.38	47	5	
Boys 8th	2023	Jewett	Chris	Fletcher/Terman	10.02	24	1	10:02.0
Boys 8th	2019	Seley	Jake	Fletcher/Terman	10.19	44	2	
Boys 8th	2023	Yang	Warren	Fletcher/Terman	10.25	68	3	10:24.8
Boys 8th	2011	DeSilva	Kiran	Fletcher/Terman	10.26	71	4	
Boys 8th	2013	Wu, Joshua		Fletcher/Terman	10.26	72	5	
Girls 6th	2011	Nagle	Anais	Fletcher/Terman	11.17	8	1	
Girls 6th	2023	Luong	Lillian	Fletcher/Terman	11.45	18	2	11:44.5
Girls 6th	2010	Eleanor	Lewis	Fletcher/Terman	11.57	31	3	
Girls 6th	2018	Lauren	Lee	Fletcher/Terman	12.00	37	4	
Girls 6th	2011	Toft	Liv	Fletcher/Terman	12.05	42	5	
Girls 7th	2008	Robinson	Sara	Fletcher/Terman	11.08	9	1	
Girls 7th	2014	Cheng, Amy		Fletcher/Terman	11.45	43	2	
Girls 7th	2022	Luong	Evelyn	Fletcher/Terman	11.50	48	3	11:50.2
Girls 7th	2011	Hu	Claire	Fletcher/Terman	11.52	51	4	
Girls 7th	2010	Clara	Lin	Fletcher/Terman	11.58	60	5	
Girls 8th	2023	Luong	Evelyn	Fletcher/Terman	11.20	23	1	11:20.4
Girls 8th	2018	Neha	Rishi	Fletcher/Terman	11.25	24	2	
Girls 8th	2019	Rodden	Anna	Fletcher/Terman	11.48	54	3	
Girls 8th	2023	Yanagihara	Mina	Fletcher/Terman	11.48	55	4	11:48.1
Girls 8th	2015	Cheng	Amy	Fletcher/Terman	12.05	79	5	

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

GREENE/JORDAN

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2016	Niccolo	Defendi-Cho	Greene/Jordan	10.21	5	1	
Boys 6th	2016	Graydon	Abel	Greene/Jordan	10.26	7	2	
Boys 6th	2018	Henry	Harding	Greene/Jordan	10.38	15	3	
Boys 6th	2019	Defendi-Cho	Giulio	Greene/Jordan	10.57	37	4	
Boys 6th	2012	Mastronardi	Mattia	Greene/Jordan	10.59	40	5	
Boys 7th	2018	Grant	Morganfeld	Greene/Jordan	10.09	7	1	
Boys 7th	2018	Lachlan	Kirby	Greene/Jordan	10.23	19	2	
Boys 7th	2012	Foster	Reed	Greene/Jordan	10.42	53	3	
Boys 7th	2008	Rojahn		Greene/Jordan	10.44	57	4	
Boys 7th	2017	Gavin	Abel	Greene/Jordan	10.46	62	5	
Boys 8th	2019	Morgenfeld	Grant	Greene/Jordan	09.50	10	1	
Boys 8th	2013	Craig, Sam		Greene/Jordan	09.56	15	2	
Boys 8th	2012	Beaudry	Benjamin	Greene/Jordan	10.00	19	3	
Boys 8th	2013	Foster, Reed		Greene/Jordan	10.03	25	4	
Boys 8th	2011	Nee	Mischa	Greene/Jordan	10.20	48	5	
Girls 6th	2016	Ella	Fadil	Greene/Jordan	10.44	1	1	
Girls 6th	2013	Reinstein, Sloane		Greene/Jordan	10.59	2	2	
Girls 6th	2022	Kassel	Julie	Greene/Jordan	11.43	16	3	11:42.9
Girls 6th	2012	Thomsen	Ella	Greene/Jordan	11.47	19	4	
Girls 6th	2009	Carlson	Bryn	Greene/Jordan	11.59	34	5	
Girls 7th	2015	Berndt	Gretchen	Greene/Jordan	11.04	7	1	
Girls 7th	2013	Wilson, Maya		Greene/Jordan	11.11	10	2	
Girls 7th	2017	Ella	Fadil	Greene/Jordan	11.17	16	3	
Girls 7th	2019	Lemoine	Megan	Greene/Jordan	11.19	17	4	
Girls 7th	2023	Kassel	Julie	Greene/Jordan	11.26	23	5	11:26.1
Girls 8th	2015	Jimenez	Miranda	Greene/Jordan	10.26	2	1	
Girls 8th	2016	Ayanna	Donwerth	Greene/Jordan	10.43	4	2	
Girls 8th	2015	Gil	Mireya	Greene/Jordan	10.55	5	3	
Girls 8th	2016	Gretchen	Berndt	Greene/Jordan	11.16	19	4	
Girls 8th	2016	Emilie	Difede	Greene/Jordan	11.17	20	5	

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

JLS

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2012	Gersh	Patrick	JLS	10.34	13	1	
Boys 6th	2013	Chang, Lawrence		JLS	10.45	24	2	
Boys 6th	2013	Green, Jordan		JLS	10.47	25	3	
Boys 6th	2008	Lin		JLS	10.52	31	4	
Boys 6th	2013	Axelrod, Jacob		JLS	10.54	33	5	
Boys 7th	2011	Enders	Jonas	JLS	10.18	13	1	
Boys 7th	2022	Nikkil	Tarun	JLS	10.22	17	2	10:22.0
Boys 7th	2022	Halili	Jacob	JLS	10.28	27	3	10:28.1
Boys 7th	2009	Lin	Austin	JLS	10.35	40	4	
Boys 7th	2011	Pai	Naveen	JLS	10.35	41	5	
Boys 8th	2023	Nikhil	Tarun	JLS	09.30	4	1	09:29.7
Boys 8th	2012	Enders	Jonas	JLS	09.40	7	2	
Boys 8th	2012	Kai	Oda	JLS	10.06	26	3	
Boys 8th	2010	Austin	Lin	JLS	10.29	83	4	
Boys 8th	2010	David	Lee-Heidenreich	JLS	10.33	91	5	
Girls 6th	2023	Ding	Yuhan	JLS	11.16	7	1	11:16.1
Girls 6th	2013	Dunnigan, Chloe		JLS	11.59	35	2	
Girls 6th	2023	Tao	Kelly	JLS	12.15	65	3	12:14.7
Girls 6th	2010	Lauola	Amanoni	JLS	12.21	78	4	
Girls 6th	2008	Campbell		JLS	12.29	91	5	
Girls 7th	2010	Gillian	Meeks	JLS	11.02	5	1	
Girls 7th	2009	Campbell	June	JLS	11.25	22	2	
Girls 7th	2011	Gardner	Illi	JLS	11.41	34	3	
Girls 7th	2023	Schramm	Lyla	JLS	11.46	46	4	11:46.4
Girls 7th	2014	Krisnamachari, Malavika		JLS	12.07	76	5	
Girls 8th	2012	Illi	Gardner	JLS	11.09	11	1	
Girls 8th	2011	Meeks	Gillian	JLS	11.33	32	2	
Girls 8th	2022	Wu	Chloe	JLS	11.36	35	3	11:35.8
Girls 8th	2015	McGaughey	Maddie	JLS	11.43	44	4	
Girls 8th	2023	Pao	Caitlyn	JLS	11.46	49	5	11:45.6

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

NORTH SHOREVIEW

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2016	Brennen	Chan	NSM	11.22	92	1	
Boys 6th	2012	Sena	Luke	NSM	11.32	115	2	
Boys 6th	2014	Cleary, Ethan		NSM	11.49	171	3	
Boys 6th	2013	Listgarten, Ilan		NSM	11.51	177	4	
Boys 6th	2023	Hurrell	Cameron	NSM	12.04	222	5	12:03.9
Boys 7th	2015	Cleary	Ethan	NSM	11.17	146	1	
Boys 7th	2019	Landucci	Dominic	NSM	12.30	450	2	
Boys 7th	2019	Chan	Kieffer	NSM	13.25	621	3	
Boys 7th	2016	Brendon	Keane	NSM	13.31	639	4	
Boys 7th	2023	Butler	Chase	NSM	13.39	662	5	13:38.7
Boys 8th	2016	Ethan	Cleary	NSM	10.24	64	1	
Boys 8th	2014	Sena, Luke		NSM	10.43	127	2	
Boys 8th	2018	Brennen	Chan	NSM	10.59	182	3	
Boys 8th	2023	Gomez	Nicholas	NSM	11.21	269	4	11:21.4
Boys 8th	2017	Zachary	Low	NSM	11.31	312	5	
Girls 6th	2013	Flemente, Zoe		NSM	11.39	14	1	
Girls 6th	2015	Emery	Kaia	NSM	11.51	26	2	
Girls 6th	2014	Flemente, Zoe		NSM	11.57	32	3	
Girls 6th	2015	Sena	Maggie	NSM	12.18	72	4	
Girls 6th	2016	Lena	Sundin	NSM	12.18	73	5	
Girls 7th	2016	Kaia	Emery	NSM	11.40	32	1	
Girls 7th	2016	Maggie	Sena	NSM	11.42	38	2	
Girls 7th	2013	Young, Maria		NSM	13.39	251	3	
Girls 7th	2023	Dioli	Anna	NSM	13.40	252	4	13:39.9
Girls 7th	2019	Kelly	Ashlyn	NSM	13.54	277	5	
Girls 8th	2013	Davarpanah, Ariana		NSM	12.19	100	1	
Girls 8th	2017	Kaia	Emery	NSM	12.33	123	2	
Girls 8th	2017	Kendall	Hsieh	NSM	13.26	220	3	
Girls 8th	2014	Young, Maria		NSM	13.46	260	4	
Girls 8th	2023	Heinze	Stefanie	NSM	14.01	277	5	14:01.3

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

PARKSIDE

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2023	Park	Jude	Parkside	12.54	414	1	12:53.9
Boys 6th	2023	Gutierrez Escobedo	Gabriel	Parkside	14.34	798	2	14:34.5
Boys 6th	2023	Provence	Nolan	Parkside	14.41	821	3	14:41.0
Boys 6th	2023	Punzo	Marco	Parkside	15.23	914	4	15:23.3
Boys 7th	2022	Zuno	Franco	Parkside	13.39	663	1	13:39.5
Boys 7th	2022	McClintock	Lincoln	Parkside	14.04	713	2	14:04.0
Boys 7th	2022	Kelley	Declan	Parkside	18.36	927	3	18:35.6
Boys 8th	2023	Zuno	Franco	Parkside	13.22	639	1	13:22.0
Boys 8th	2023	McClintock	Lincoln	Parkside	15.02	779	2	15:02.1
Boys 8th	2023	Thao	Caden	Parkside	18.09	822	3	18:08.7
Girls 6th	2023	Padilla	Millie	Parkside	14.12	292	1	14:11.6
Girls 6th	2023	Faust	Meals	Parkside	17.33	566	2	17:33.2
Girls 6th	2023	Fornesi	Remi	Parkside	17.37	569	3	17:36.5
Girls 6th	2023	Bolanos	Sophia	Parkside	18.33	601	4	18:33.3
Girls 6th	2022	Ruguizangoga	Christina	Parkside	19.59	625	5	19:59.1
Girls 7th	2022	Dulnvan-Turner	Eve	Parkside	15.57	423	1	15:57.4
Girls 7th	2022	Andrushkevich	Anna	Parkside	16.19	443	2	16:19.1
Girls 7th	2023	Chow	Kylie	Parkside	17.12	463	3	17:11.9
Girls 7th	2022	McFadden	Cali	Parkside	17.33	464	4	17:32.9
Girls 7th	2022	McClintock	Parker	Parkside	19.11	484	5	19:11.4
Girls 8th	2023	Dulnvan-Turner	Eve	Parkside	16.35	437	1	16:34.8
Girls 8th	2023	McFadden	Cali	Parkside	16.40	440	2	16:40.0

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

RALSTON

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2010	Alexander	Chervikov	Ralston	10.10	1	1	
Boys 6th	2016	Linares	Jacob	Ralston	10.11	2	2	
Boys 6th	2023	Wadhwa	Shay	Ralston	10.32	10	3	10:32.3
Boys 6th	2012	Geleunas	Patrick	Ralston	10.33	12	4	
Boys 6th	2012	Holbrook	Sam	Ralston	10.39	17	5	
Boys 7th	2009	Vingralek	M.	Ralston	09.46	1	1	
Boys 7th	2011	Chernikov	Alex	Ralston	10.01	3	2	
Boys 7th	2016	Casey	Titan	Ralston	10.10	9	3	
Boys 7th	2023	Metzler	Isaac	Ralston	10.13	11	4	10:13.5
Boys 7th	2014	Dartnell, Tyler		Ralston	10.15	12	5	
Boys 8th	2010	Vingralek	Mark	Ralston	09.22	2	1	
Boys 8th	2012	Chernikov	Alex	Ralston	09.32	5	2	
Boys 8th	2015	Metzler	Caleb	Ralston	09.53	13	3	
Boys 8th	2017	Titan	Casey	Ralston	09.58	18	4	
Boys 8th	2015	Dartnell	Tyler	Ralston	10.01	22	5	
Girls 6th	2013	Phan, Samantha		Ralston	11.10	4	1	
Girls 6th	2014	Turtle, Samantha		Ralston	11.15	6	2	
Girls 6th	2011	Uozumi	Megan	Ralston	11.25	10	3	
Girls 6th	2009	Fong	K.	Ralston	11.42	15	4	
Girls 6th	2010	Caileigh	Mann	Ralston	11.47	20	5	
Girls 7th	2015	Turtle	Samantha	Ralston	10.42	2	1	
Girls 7th	2010	Kayla	Fong	Ralston	10.57	4	2	
Girls 7th	2012	Uozumi	Megan	Ralston	11.03	6	3	
Girls 7th	2013	Ho, Karina		Ralston	11.13	11	4	
Girls 7th	2010	Alisa	Takahashi	Ralston	11.16	14	5	
Girls 8th	2013	Uozumi, Megan		Ralston	11.05	8	1	
Girls 8th	2011	Fong	Kayla	Ralston	11.06	9	2	
Girls 8th	2018	Amelia	Khoury	Ralston	11.13	15	3	
Girls 8th	2016	Turtle	Samantha	Ralston	11.14	16	4	
Girls 8th	2015	Phan	Samantha	Ralston	11.15	17	5	

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

SAN CARLOS

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2023	Abella	Carson	San Carlos	12.05	226	1	12:05.0
Boys 6th	2023	Giardi	Walter	San Carlos	12.14	259	2	12:14.2
Boys 6th	2023	Daniel	Marton	San Carlos	13.59	670	3	13:58.7
Boys 6th	2023	Grodin	Ben	San Carlos	14.21	745	4	14:20.6
Boys 6th	2023	Philpot	Aiden	San Carlos	14.29	780	5	14:29.2
Boys 7th	2023	Vigdal	Jackson	San Carlos	11.25	176	1	11:25.4
Boys 7th	2023	Kirk	Cole	San Carlos	11.50	273	2	11:50.3
Boys 7th	2023	Murphy	Reed	San Carlos	12.19	401	3	12:18.7
Boys 7th	2023	Guldmann	Micah	San Carlos	12.40	487	4	12:40.4
Boys 7th	2023	Rodkin	Patrick	San Carlos	13.01	551	5	13:00.7
Boys 8th	2023	Giardi	Henry	San Carlos	10.39	114	1	10:39.4
Boys 8th	2023	Legaspi	Dean	San Carlos	11.30	307	2	11:29.8
Boys 8th	2023	Zalabak	Ethan	San Carlos	12.15	476	3	12:14.8
Boys 8th	2023	Henderson	Colin	San Carlos	12.33	527	4	12:32.6
Boys 8th	2023	Klumpp	Toby	San Carlos	12.41	549	5	12:41.1
Girls 6th	2023	Chen	Evelyn	San Carlos	13.49	239	1	13:49.1
Girls 6th	2023	Cunningham	Nora	San Carlos	16.20	507	2	16:19.9
Girls 7th	2023	El-Dardiry	Nora	San Carlos	18.11	473	1	18:11.2
Girls 7th	2023	Chan	Evelyn	San Carlos	18.28	478	2	18:27.6
Girls 8th	2023	Markworth	Ellie	San Carlos	14.06	288	1	14:06.0
Girls 8th	2023	Steele	Sydney	San Carlos	14.08	294	2	14:08.1
Girls 8th	2023	Diamond	Elisabeth	San Carlos	17.46	457	3	17:46.4

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023
TOP 5 OVERALL RESULTS BY SCHOOL

SANDPIPER

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2022	Tan	Logan	Sandpiper	13.01	440	1	13:00.8
Boys 6th	2022	Zheng	Joshua	Sandpiper	13.51	644	2	13:51.0
Boys 6th	2022	Lee	Bryce	Sandpiper	15.54	986	3	15:54.5
Boys 7th	2022	Kirz	Zachary	Sandpiper	14.38	779	1	14:38.3
Boys 7th	2023	Ye	Haoyu	Sandpiper	16.26	887	2	16:26.2
Boys 7th	2022	Kirz	Aaron	Sandpiper	16.43	892	3	16:43.2
Boys 8th	2023	Kirz	Zachary	Sandpiper	13.12	625	1	13:11.8
Boys 8th	2023	Kirz	Aaron	Sandpiper	13.16	630	2	13:15.6
Boys 8th	2023	O'Leary	Declan	Sandpiper	15.47	807	3	15:46.6

ADAL CROSS COUNTRY FINALS AT CRYSTAL SPRINGS AS OF 2023

TOP 5 OVERALL RESULTS BY SCHOOL

TIERRA LINDA

*Ties Not Indicated

All Time School

Division	Year	Name1	Name2	School	Time	Rank*	Rank*	Time2
Boys 6th	2013	Truel, Aiden		Tierra Linda	10.20	4	1	
Boys 6th	2015	Truel	Donovan	Tierra Linda	11.07	53	2	
Boys 6th	2012	Hsu	Justin	Tierra Linda	11.07	54	3	
Boys 6th	2017			Tierra Linda	11.17	80	4	
Boys 6th	2012	Korjeff	Jason	Tierra Linda	11.38	135	5	
Boys 7th	2014	Truel, Aiden		Tierra Linda	10.20	15	1	
Boys 7th	2013	Hau, Justin		Tierra Linda	10.25	23	2	
Boys 7th	2008	Kumamoto		Tierra Linda	10.51	75	3	
Boys 7th	2016	Donovan	Truel	Tierra Linda	10.58	92	4	
Boys 7th	2018	Michael	McCrea	Tierra Linda	11.01	97	5	
Boys 8th	2014	Hsu, Justin		Tierra Linda	09.39	6	1	
Boys 8th	2010	Lucas	Matison	Tierra Linda	10.00	20	2	
Boys 8th	2009	Ahern	Malone	Tierra Linda	10.08	30	3	
Boys 8th	2015	Soelberg	Griffin	Tierra Linda	10.18	41	4	
Boys 8th	2019	McCrea	Michael	Tierra Linda	10.24	65	5	
Girls 6th	2013	Kravtchenko, Elizabeth		Tierra Linda	11.12	5	1	
Girls 6th	2012	Vickery	MacKenna	Tierra Linda	11.26	11	2	
Girls 6th	2014	Bartlett, Ella		Tierra Linda	11.49	21	3	
Girls 6th	2008	Blumen-green		Tierra Linda	12.11	61	4	
Girls 6th	2010	Molly	Seaman	Tierra Linda	12.23	82	5	
Girls 7th	2019	McGuire	Keagan	Tierra Linda	11.16	15	1	
Girls 7th	2014	Kravtchenko, Elizabeth		Tierra Linda	11.40	33	2	
Girls 7th	2015	Bartlett	Ella	Tierra Linda	11.54	56	3	
Girls 7th	2009	Sanders	Kaitlyn	Tierra Linda	11.58	61	4	
Girls 7th	2014	Ayers, Allie		Tierra Linda	12.06	74	5	
Girls 8th	2019	Reinders	Sienna	Tierra Linda	11.02	7	1	
Girls 8th	2015	Ayers	Allie	Tierra Linda	11.10	13	2	
Girls 8th	2015	Moore	Elena	Tierra Linda	11.35	33	3	
Girls 8th	2016	Alice	Lowenstern	Tierra Linda	12.07	82	4	
Girls 8th	2010	Alison	Schwartz	Tierra Linda	12.09	85	5	