

ADAL TENNIS RULES (As of April 2024)

Teams will consist of 3 singles and 6 doubles teams. The team that wins the best of the 9 matches wins the contest.

Coaches will fill out the Tennis Lineup Sheet, indicating the name of each player in their lineup and their seed. All players on each team are encouraged to show up at the start of the match since there's no predictor as to when the first matches will finish. The next match will begin immediately after the previous match is completed.

Players must be on time for matches. If players do not arrive within 10 minutes after the designated match start time, their opponent wins by default.

The highest seeds, beginning with singles, will start first. Prior to the start of the match, coaches may agree to let lower seeded players start sooner if they need to leave earlier.

Players will have 10 minutes to warm-up.

Players will spin rackets to determine who will serve first and which side of the court players will start on. Matches then start immediately.

Matches are played as a 6 game set, with no-ad scoring. In no-ad scoring, the first player to get 4 points wins the game. If the game is tied at 3-3 in points, the receiver has the choice of which side to receive the serve. The first player to win 6 games, with a margin of at least 2 games, wins the match. If players are tied 6-6, they play a 12-point tiebreaker. In a 12-point tiebreaker the first player that reaches 7 points wins.

The player serving calls out the game score before serving. When players change sides, they state the set score.

Players call their own lines. The ball is called 'in' if it touches any part of the line. If a player disagrees with an opponent's call, they can call for a line judge to be assigned. In this case, one person from each team would go out and stand at either end of the net and verify any calls during the rest of the match.