



### HCAL Compliance Verification Form

Campus: \_\_\_\_\_

Team/s: \_\_\_\_\_ Level/s: \_\_\_\_\_

#### **HCAL General Requirements for Athletic Administrators and Coaches**

Read Honor Charter Athletics League Manual Acknowledgement and Sports Plan

The manual can be viewed at <http://www.teamsideline.com/hcal>

- Sign and Date the HCAL Acknowledgement Form of the Manual/Sport Plan(see website)
- Texas Health Concussion Education Certification (Must be completed annually)
- CPR, First-AID, AED Certification (in person or hybrid course, **no online courses**)
- Review the HCAL Safety Training and Verification document (see website)
- Complete and Sign the HCAL Safety Training Verification document (see website)
- National Federation of High Schools (NFHS) Sportsmanship Course
- Fundamentals of Coaching Course
- Emergency Action Plan Executed
- Cheer Spirit and Safety Certifications (cheer coaches only)
- Coaching Cheer and Dance (cheer coaches only)

#### **Student Athlete Pre-Participation Paperwork**

- Medical History and Physical Examination (see website)
- Sudden Cardiac Arrest (see website)
- Concussion Acknowledgement (see website)
- Steroid Agreement (see website)
- Student Leadership Courses: Leading Others and Becoming a Leader ( high school only)

I certify that all stakeholders in my program have completed the above compliance requirements in order to participate in the Honor Charter Athletics League.

\_\_\_\_\_  
Campus Athletic Director/Coordinator/Coach

\_\_\_\_\_  
Date