

COEUR D'ALENE RECREATION DEPARTMENT YOUTH BASKETBALL PROGRAM LEAGUE RULES & REGULATIONS:

- 1. ALL PLAYERS ATTENDING THEIR GAME MUST PLAY THE EQUIVALENT OF ONE HALF OF THE GAME. (Players are expected to attend scheduled practices regularly for this to apply)
- 2. Boys and girls 3rd-5th grade leagues will play (4) six-minute quarters. All middle school leagues will play two (2) fourteen-minute halves. Four timeouts per game. 3 minutes between the half.
- 3. 3rd-5th grade boys and all girls' divisions will not be allowed to full court press.
- 4. Boys and girls 3rd grade divisions will not be allowed to steal the ball away from the opposing team while dribbling **defensive players may intercept passes and block shots**
- 5. 6th 8th grade leagues can only apply defensive pressure at half court until the last <u>two</u> (2) minutes of the <u>fourth</u> quarter at which time they may full court press.
- 6. No team in any division will be allowed to full court press if they have a twelve (12) point or over lead at any point during the game.
- 7. 3rd –5th grade girls' and boys' divisions only: The defensive player may not apply pressure to the offensive player until they are at the 10ft mark in the front court. The offensive player has 10 seconds to cross this line once they are past half court.
 - a. The defender can stand on the 10ft line, but not beyond it. A penalty warning will be issued for this infraction.
- 8. 3rd 5th grade girls and boys <u>must</u> play a man-to-man defense. These leagues may double-team a player only when the player has entered the free throw line area (key) to shoot at the basket. Not more than 4-6 ft. away from the player. **Girls and boy's** 6^{th -} 8th grade may use a zone defense.
- 9. Any team ahead by 15 or more points at the beginning of the fourth quarter must pull out of the game their leading scorer. This player may not re-enter until the opposing team comes within 8 points; or another boy/girl on their team accumulates more points scored than this player. This rule will be enforced at the discretion of the gym supervisor.
- 10. There will be no overtime for 3rd 5th grade girls' and boys' divisions. One (1) 3-minute overtime

will be allowed in all other divisions.

- 11. <u>No black-soled running shoes or boots are allowed in the gym</u>. <u>THIS RULE WILL BE RIGIDLY</u> <u>ENFORCED</u>. If any of your players have a need for shoes, please let us know as we have scholarship funds reserved for the purchase of shoes to be used for the current season.
- 12. All games will start on time or be forfeited by the offending team. A team will be allowed a ten-minute delay period <u>ONLY</u> if they <u>DO NOT</u> have five (5) players.

13. The decisions of the referee will be final after the start of the game.

- 14. Coaches must give their COMPLETE line-up to the official scorekeeper ten (10) minutes prior to the start of the game.
- 15. Each player will have 5 personal fouls before they are disqualified from the game. Bonus occurs in these situations:
 - a. 5 <u>team</u> fouls in each quarter (If playing quarters)
 - b. 7 team fouls in each half (if playing halves)
- 16. Any technical foul will result in opposing team being rewarded two points and the ball at half court.
- 17. Any player receiving a technical or intentional foul in a game must be taken out of the game for five (5) minutes. Any league player who insists upon un-sportsmanlike conduct, and/or has two (2) technical fouls called against him/her will be removed from the game and suspended from league play for a minimum of two (2) games. Any player expelled from any league game for any reason other than five (5) personal fouls shall automatically be suspended for two (2) games and placed on probation for the remainder of the season.
- 18. Coaches will be the only persons allowed to confer with the official or scorer. Failure to comply with this rule will result in a team technical foul.
- 19. Players bouncing or shooting their basketballs on the sidelines, in the bleachers, or in the halls, will have them collected by the supervisor in charge. <u>THIS RULE WILL BE ENFORCED</u>.
- 20. The Basketball Supervisor, or gym supervisor, or any person appointed by him/her, shall have complete charge of enforcing the rules and regulations of the leagues, scheduling, assigning officials, and managing the league in general.
- 21. Coaches cannot be the same age as the players they are coaching. Coaches are preferred to be a minimum of three (3) years older.