

## Mid Kansas League Soccer Rules

- **General Guidelines**

- The league will follow US Soccer recommendations with exceptions specified below.
- Each community's recreation department will use field spaces and equipment available to them, so field dimensions and goal sizes will not be consistent from field to field and town to town.

- **Safety**

- Players are required to wear shin guards.
- Players should remove earrings, necklaces, bracelets, etc. during play.

	Field Size	Total Players (including goalie)	Goalie?	Playing Time	Halftime	Ball Size	Goal Size	Call Offsides?	Allow Slide Tackling?	Allow Heading?
<b>1st/2nd</b>	20 yds x 30 yds	4 v 4	yes	2 20-minute halves	5 minutes	4	4 x 6	no	no	no*
<b>3rd/4th</b>	30 yds x 47 yds	7 v 7	yes	2 20-minute halves	5 minutes	4	6.5 x 18.5	yes	no	no*
<b>5th/6th</b>	47 yds x 75 yds	9 v 9	yes	2 25-minute halves	5 minutes	5	7 x 21	yes	yes	yes

\* *Intentional heading will result in a free kick.*

- No score will be kept.
- There are no overtimes.
- As noted above, the total number of players listed includes the goalie. For example, 1st/2nd grade teams (4 v 4) will have one goalie and three additional players on the field.
- Coaches shall move players to different positions throughout the game.
- Substitutions are unlimited and occur during any dead ball periods or between halves.
- All players on a team, other than the goalie, should wear like-colored shirts. The goalie should wear a jersey or some type of overshirt of contrasting color.