

# Folsom Youth Indoor Soccer

## Frequently Asked Questions

### **1. I would like my child to play indoor soccer. How do I get him on a team?**

Most teams that play indoor soccer are just coming off playing in the outdoor soccer leagues which are organized by the Folsom soccer Club. If your child did not play on an outdoor team or if the outdoor team coach is not taking the team indoors to play, then you can either form a team yourself to play indoor, or place your child on the 'free agent list' by contacting staff at 916-461-6650 and providing them with your contact information.

### **2. When does the indoor soccer season start?**

The indoor soccer season traditionally starts the first week of December and goes through May.

### **3. What is the cost to play indoor soccer? When is the league fee due?**

There is a cost for resident teams and a different cost for non-resident teams. Please refer to our indoor leagues website at <https://webtrac.folsom.ca.us> for the latest cost. League fees must be submitted with your team application.

### **4. How do I become an indoor soccer referee? Do I need a license?**

You are required to be licensed to referee indoor soccer. You must take a class which usually last 8 hours. There is an annual license fee to be a licensed indoor referee. Information on indoor referee classes can be found by contacting the local USISA regional director Dave Simmons at [redcard69@hotmail.com](mailto:redcard69@hotmail.com).

### **5. What does the team get, if anything, for winning a session of indoor soccer?**

The team receives a certificate valued at \$100.00 which can be used towards the next session of indoor soccer.

### **6. Due to potential conflicts with other sports and family activities, is it possible to re-schedule games?**

There is very little open field time for games to be re-scheduled. If there is a scheduling conflict and you are unable to field a team, you may have to forfeit the scheduled soccer game. There is a \$25.00 fee per re-schedule request. Please contact the indoor league coordinator as soon as you discover the conflict in schedules.

### **7. Where do I find more information on indoor soccer leagues in Folsom?**

You may contact the Folsom Sports Complex at 916-461-6650. You may also access the facility website at <https://webtrac.folsom.ca.us>. Look under the Parks and Recreation, Andy Morin Sports Complex section.

### **8. Is it possible for players to play up in an age group?**

We encourage players to play in their natural age groups. If there is a specific reason you feel a player needs to play up an age group, you must request and receive permission from the league coordinator.

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## **9. Do I need a coach's license to coach indoor soccer?**

There is no requirement that a coach of an indoor team obtain a coaching license. However, it is in the best interests of the youth players to have a licensed coach manage the team.

## **10. Where do I find the indoor soccer rules?**

The rules for indoor soccer can be found at our website:

<https://teamsideline.com/sites/folsom/downloads>.

## **11. How do I register my team to play indoor soccer? What documents do I need to complete?**

**There are several documents required to register a team to play indoor soccer. Please refer to the link above.**

## **12. Where do I find the indoor soccer session beginning and end dates?**

Once schedules are released for each session, the beginning and end dates can be found by accessing the league games schedule at <https://teamsideline.com/sites/folsom/schedules>.

## **13. Why are there different league fees for Resident and Non-Resident teams?**

The Andy Morin Sports Complex is owned and operated by the City of Folsom. We have a slightly reduced fee for Resident teams to encourage residents to participate in locally organized events.

## **14. Can I add and drop players from my roster at any time? Can this be done by email or do I have to fill out a new roster?**

You may add and remove players from your roster at any time before the third week of scheduled league play. You may add and drop players by filling out a supplementary roster form and submit to the facility. Do not email/fax. After that, all rosters are frozen.

## **15. What day of the week will my age group play?**

While scheduling of league games is based on our past experience, we can't determine this until after all teams have enrolled. Please contact the league coordinator.

## **16. My team is a Recreation team? Will there be different levels of play?**

There are two levels of play for indoor soccer in Folsom: Recreation and Competitive. Academy teams are considered competitive. Unless otherwise indicated, we will always separate the two levels.

## **17. Will Recreation teams and Comp teams ever be put in the same division?**

We require at least four teams to form a league in each division, whether Recreation or Competitive. If we do not have enough teams to keep the levels separate, we will contact the teams and ask if they want to be combined into an "Open" division.

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## **18. Why does the application require player DOBs and Addresses?**

So that in the event of an emergency we can properly identify the player; and so we can make sure that a team is properly placed within the age group and division.

## **19. Do we need to wear different colored jerseys for being the Home and Away team?**

You need to have matching jerseys (or tees). We do not allow cut-off T-shirts. In the event of a clash of colors, pinnies will be provided by the facility.

## **20. Are numbers required on the jerseys?**

Yes, individual numbers are required on rec teams of U12 and above, and all Academy/comp teams. We do not allow hand drawn or tape for numbers.

## **21. When are schedules posted?**

Game schedules are usually posted one-two weeks before the start of league games. They will be posted to <https://teamsideline.com/sites/folsom/schedules> and you will be notified of the publication.

## **22. Am I allowed to coach multiple teams?**

You are allowed to coach multiple teams provided they are in different age groups or different divisions. We do not allow a coach to coach two teams that play each other within the same age group and division. If you have this issue, please contact the league coordinator.

## **23. Are academy or competitive players allowed to play on recreational teams? NEVER.**

## **24. When will we be notified if our team has been accepted or rejected for the upcoming leagues?**

We have deadlines for registering teams to play in our leagues. Once the deadline has passed and the league coordinator has finalized the number of teams accepted or rejected, all teams will be notified by email.

## **25. If there are not enough teams to play in our age group, can we play in another age group?**

If there are not enough teams to form a league in your age group, you may request to play in another division of the same age group; i.e. a recreation team may request to play in a Competitive age group or request to play up a division. A team may play up an age group but never play down an age group.

## **26. How many teams will be accepted to play in each age group?**

We usually accept a minimum of four teams to a maximum of twelve teams within an age group.

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## **27. Do coaches have to be fingerprinted?**

Fingerprinting is not currently a requirement. However, in the future, we may require fingerprinting and background checks to be made for any adult placed in charge of youth players. Coaches are required to complete the risk management form with the team application.

## **28. Can the team name be changed after the team has already been registered?**

You may change your team name at any time before schedules have been published. You must update your roster on file and notify the league coordinator.

## **29. My team is not very strong. Can you put them in a league that is less competitive?**

We frequently place teams of like ability together. You may make a request to play less experienced teams by making a note on your team roster. Since we are not age pure, you can indicate on your roster that you are for example, U6 or U7 in the U8 age group. We will do our best to match like teams.

## **30. If the league is cancelled, do we get a refund of our league fees?**

We will refund your league fee if the league is cancelled through no fault of your own. However, once league games have started, no refunds are issued to teams who drop out.

## **31. Are girls allowed to play on boys teams?**

Girls are allowed to play on boys teams. Please make sure that the league coordinator is aware of the situation. This usually applies to situations where there are not enough girls to form an all girls team but the coach has enough boys and girls to make a team.

## **32. Are girls teams allowed to play against boys teams?**

No, girls' teams are not allowed to play in the boys leagues.

## **33. What divisions does your facility have for indoor youth soccer leagues?**

We have divisions ranging from U8, U10, U12, U14, and U16 for boys and girls in rec and comp. Depending on how many overall teams apply, we may have to eliminate some divisions.

## **34. What do I do if I am unable to field a team for a scheduled indoor game?**

You must contact the league coordinator or the facility staff immediately. If the game cannot be rescheduled, you may have to take the forfeit. Any team having to re-schedule will be assessed a \$25.00 processing fee.

## **35. Will teams be able to know in advance what days and times their team will be playing?**

Once the registration deadlines have passed, the league coordinator and staff will start working on game schedules. You will be notified of your game times when the schedules are released. This usually happens one week before league play begins.

## **36. Will there be leagues during the holidays?**

We try to avoid scheduling games during major public holidays and school breaks.

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## **37. Can I form my own team from players from the free agent list?**

Yes, you may form a team by taking names off the free agent list. Please contact the facility staff for assistance.

## **38. Is it possible for you to save a spot for my team until I find out if I have enough interested players?**

We cannot hold spots for teams. You must fill out all the required registration documents and observe all deadlines for submission of those documents and league fees.

## **39. Can I fax or email my roster and who would that go to?**

Only with prior contact and permission from the league coordinator. All emails should go to [cmandel@folsom.ca.us](mailto:cmandel@folsom.ca.us).

## **40. My team did not play in the first indoor session; will they get into the second session?**

There are no guarantees. We utilize a priority system for teams that play in our leagues. The priority for accepting applications for session 2 or 3 is as follows:

1. 1st Priority - Returning Resident Teams
2. 2nd Priority – New Resident Teams
3. 3rd Priority - Returning Non-resident Teams
4. 4th Priority - New Non-resident Teams

## **41. What are the age limits for players? Are the leagues age pure?**

Our leagues are not age pure. We utilize the same age groups as USSF. U8, 10, 12, 14, 16. If you're not sure, please contact the league coordinator to be sure that your team is placed in the correct age group.

## **42. Are there penalties for competitive teams registering in the recreation leagues?**

If any team is found to be in violation of our league rules by playing an age group or level that is inappropriate for them, they will forfeit all games, be removed from the league and forfeit their league fees.

## **43. Are players allowed to play on different teams?**

Players are allowed to play on different teams provided the teams are playing in different divisions. For example, a player may play on a Recreation team in Division A and then play a second game for a Recreation team that plays in Division B. That player may not play on two different teams within the same division.

## **44. How many players are allowed on the roster? How many players play in the field?**

We allow a maximum of 18 players on the roster. U8 plays 8 players - (7 field players + 1 Goalkeeper). U10 to U14 plays 7 players - (6 field players + 1 Goalkeeper). And U16 to U19 plays 6 players - (5 field players + 1 Goalkeeper).

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## **45. How long does each session last? How many games are there in each session?**

Depending on the number of teams in the division, a session lasts 6-8 weeks. We guarantee at least 6 games per session.

## **46. What equipment is required to play indoor soccer?**

The requirement of indoor soccer– matching jerseys with numbers, shorts (don't need to match), shin guards (worn UNDER the socks), socks and shoes. No warm up pants. Players may wear any type of soccer shoes, with or without studs but no metal studs.

## **47. NO JEWELRY ALLOWED. Even if the ears were just pierced...don't bother to ask. We won't allow it.**

## **48. NO CASTS ALLOWED. No matter how well padded and/or with a doctor's note.**

## **49. KNEE BRACES SUCH AS A TYPICAL ACL BRACE CAN BE WORN WITH A REGULATION NEOPRENE COVER MADE FOR THAT PURPOSE. No cover, no play. Towel, foam or ace bandage wrap not allowed.**

## **50. How many sessions will there be?**

There are usually three sessions. The first session starts in late November to early December depending on the calendar and ends approximately mid January. The second session follows almost immediately and starts early February through mid April. The third session starts end of April through mid-June.

## **51. Are guest players allowed to play on the teams?**

Guest players are not allowed to play on any team. All players must be listed on the team roster submitted at the time of registration. Teams who allow a guest to play will forfeit the match.

## **52. My child is 4 ½ years old. Is it time to get him to play indoor soccer?**

The youngest age group we have playing indoor soccer is U8 which consists of 6-7 year old players.

## **53. Are teams required to have a coach at every game? Can one of the parents on the team stand in for the coach if the coach cannot make it to a game?**

All teams are required to have at least a coach, assistant coach or manager present. Only those properly documented persons will be allowed in the player's bench area. If the team representative is dismissed for an infraction and there is no substitute, the match will end immediately.

If you have additional questions not covered by these FAQs, please contact the Andy Morin Sports Complex:

Email: [cmandel@folsom.ca.us](mailto:cmandel@folsom.ca.us)

Phone: 916-461-6650