

# PROPER

## FITNESS CENTER ATTIRE

### AUTHORIZED

#### Footwear

- Appropriate athletic shoes (tennis, running, court, cross training)
- Socks

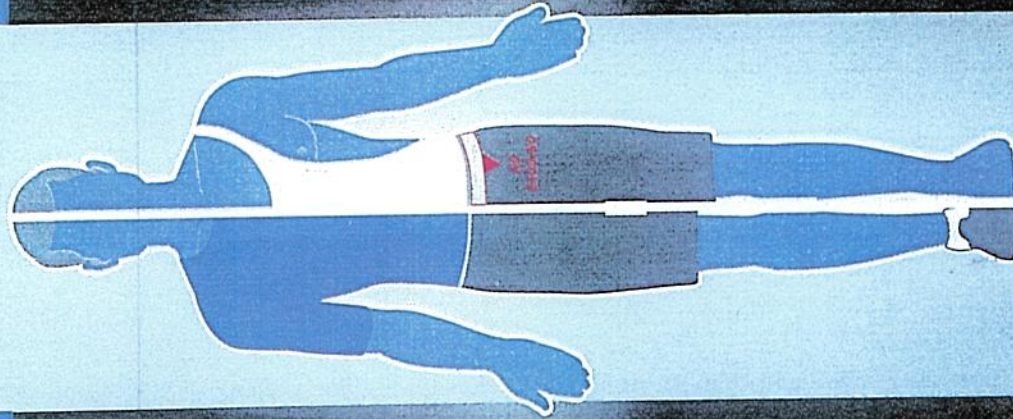
#### Bottoms

- Shorts with full coverage of buttocks
- Leggings
- Sweatpants or athletic pants

#### Tops

- Un-modified T-shirts or tank tops
- Underclothing (workout gear with built-in under clothes are ok)
- When standing, tops must meet the top of the shorts (at least)

- Proper hygiene
- Limited use of perfume/cologne



### NOT AUTHORIZED

#### Footwear

- Bare feet
- Flip flops (except in shower)
- Sandals
- Open-toe shoes
- Crocs/clogs
- Socks only
- Boots (on cardio equipment)

#### Bottoms

- Sagging pants/shorts
- Denim
- Bikinis
- Exposed gluteus muscles

#### Tops

- Clothing with rivets and/or zippers on the back
- Modified/homemade T-shirts or tank tops
- Exposed chest/nipple area
- Exposed belly and back

**THANK YOU FOR YOUR UNDERSTANDING AND COOPERATION.**



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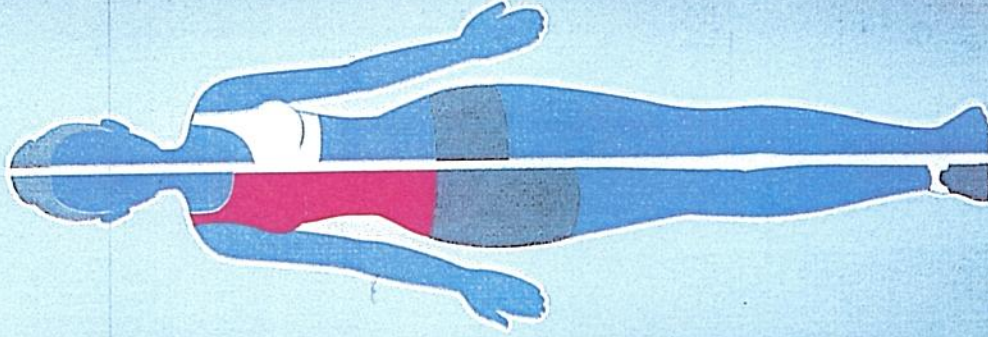
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- Exposed gluteus muscles

#### Tops

- Bikinis
- Sports bras w/o shirts
- Clothing with rivets and/or zippers on the back
- Modified/homemade T-shirts or tank tops
- Exposed chest/nipple area
- Exposed belly and back

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