

Fargo Park District Adult Basketball: Rules

National Federation High School rules will govern the play with the following exceptions.

1. Rosters – Team rosters are required to be turned into the scorekeeper before playing your first game. A player may only be on one roster per league. Online rosters are an option also through Team Sideline.
2. Each game shall consist of two twenty-minute running time halves. The clock will stop only for time outs or when stopped by the officials. The clock will stop for all dead balls, the final two minutes of each half. Halftime break is three minutes.
3. Only team rosters, team running scores, team fouls, time-outs and personal fouls will be kept by the table official.
4. Each team has three 45-second time-outs per game.
5. Overtime periods are two minutes with one-45 second timeout, no carry over. The third overtime will be sudden death, the first team to score wins.
6. A second unsportsmanlike technical foul in a game will result in ejection and suspension from that game and the next league game. If a person receives three unsportsmanlike technical fouls they will be ejected for the remainder of the season. Technical fouls may be assessed on the bench of any team whose players, coaches, or fans display poor sportsmanship.
7. Officials may impose up to a five-minute cool down period (clocked by scorer) without a technical foul. If a player receives an unsportsmanlike technical foul, that player is required to sit for five minutes.
8. **NO DUNKING.... Anyone dunking or hanging on the rim before, during or after a game will be ejected from that game and the next league game and be held liable for any damages.**
9. Game time is forfeit time. Teams must have **four** players to begin a game. Warm-up balls are not provided.
10. Jerseys – Teams are required to have like colored jerseys with numbers on at least one side, both sides are preferred.
11. Free throw rule – The players in marked lane spaces can enter on the release of the free throw.
12. Awards – Individual T-shirts will be awarded to the league champions. A team prepaid Visa card will be awarded to 1st and 2nd place teams in league tournaments.
13. Respect – Please respect the game, your teammates, opponents and officials.

Go to www.fargoparks.com for cancellation information due to weather conditions