



## 2025 4V4 HIGH SCHOOL INTRAMURAL COED VOLLEYBALL PARTICIPANT REGISTRATION FORM



Registration Deadline: **November 16, 2025**

Individual Fee: \$55.00 - Checks should be made payable to the City of Casper or Casper Recreation Center

Season Begins: Tuesday, December 2, 2025

Player's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Player's Grade: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Parent/Guardian E-mail: \_\_\_\_\_

Parent/Guardian Phone: \_\_\_\_\_

In an effort to form equitable teams, honestly rate your child's skill level in volleyball on a scale from 1-3, (1 being highest). Please circle below:

1      2      3

Please note below any special requests for your player in this league (i.e. same team as sibling).  
Please note that not all requests will be honored. Refunds will not be given simply because a participant fails to participate in the program.

\_\_\_\_\_

Our program depends on volunteers! Add your contact information below if interested in volunteer coaching a team in this league.

Name \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

In registering for this activity, I agree to abide by the established rules of the facility and the governing bodies. I understand that the City of Casper does not carry insurance for participants in recreation programs. I also agree to release the City of Casper, the supervisor, instructor and/or other City of Casper Employee, the Casper Recreational Leagues Association and the Community Recreation Foundation from any responsibility for damages or injuries which might occur during my participation in this activity.

Parent's Printed Name: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_  
(Parent's signature required)

**The CRLA and Casper Recreation Center reserves all rights to make any rule/ disciplinary determination upon any rule not covered below; this includes but does not limit us to defaulting to the National Federation of State High School Associations or alternate City League Rulebook in which precedent has been set for a rule determination.**

### GENERAL INFORMATION:

1. The Casper Recreation Division, 1801 E 4th, (307) 235-8383, will distribute all league information. All inquiries relating to fees, rosters, changes to rosters and scheduling should be directed to this address during

normal business hours - Monday through Friday, 8:00 a.m. to 5:00 p.m. League information, schedules and standings are maintained and accessible at [www.teamsideline.com/casperwy](http://www.teamsideline.com/casperwy).

2. Players are allowed to participate both in this league and the 4v4 Adult Coed Volleyball league insofar as they meet minimum and maximum age requirements in each league.
3. Team Rosters will be compiled by Casper Recreation Center staff. Generally, team rosters will have a minimum of 4 players and a maximum of 6. There is no minimum for male or female on any given roster. Rosters will be compiled as equally as possible. Players will only play on and be rostered on one team. This league is designed for youth, ages 13-18 (8<sup>th</sup>-12<sup>th</sup> grade), to participate in volleyball in an intramural capacity. All teams will be assigned a volunteer coach. Coaches will administer practices on a weekly basis, before their game for that evening. Coaches will also be responsible for in-game coaching and intra-team communication.
4. Tentative schedule is as follows: (Dates: December 2<sup>nd</sup> -February 3<sup>rd</sup>)

*Tentative mock schedule sample:*

5:50 pm- Team practice

6:30 pm- Games

7:30 pm- Team practice

8:10 pm- Games

### LEAGUE PLAYING RULES

National High School Federation Volleyball Rules for 2025 shall govern play, insofar as, they do not conflict with the rules stated herein:

1. Prior to the start of each match, the official shall conduct a coin toss between the managers of each team. The official shall ask the winner of the toss whether their team chooses to:

- a. Serve/Receive
- b. Select the playing area

The loser of the toss will be given the remaining choice.

2. The net height shall be 7'4 1/8".

3. *A game consists of two 25-rally point sets, decided by at least 2 points, with a cap of 27 points; and one 15-rally point set, decided by at least 2 points without a cap. All three sets will count toward league standings.*

**Tournament Scoring: A game consisting of two 25-rally point sets, decided by at least 2 points, with a cap of 27 points. If the first two sets are won by the same team, a third set won't be played, but if a third set is played it will be played to 15-rally points with no cap must win by 2.**

4. There shall be no uniform requirement for league play

5. Game time is forfeit time (See Rule #7 for minimum players allowed). One set will be forfeited at the scheduled game time, the second set will be forfeited at 10 minutes following scheduled game time and the match will be declared a forfeit at 20 minutes past game time.

6. Substitutions may be made during any dead ball period. A re-entering player must either return to the game for the person who substituted for him/her or rotate into the next available position of the same gender. Once a team establishes a substitution system (**guy sub for guy, girl sub for girl**) that team must keep that system throughout that set. Teams must always keep two males and two females on the court.

7. A team shall be comprised of four players; two males and two females. Teams may not play with less than four players. There is no requirement for a female player to contact the ball, regardless of the number of hits by a team.

8. If a team has 4 players present and an additional player arrives, that player may enter the current game following applicable rotation and substitution rules.

9. Any ball hitting an overhead obstruction (backboard, ceiling and support beams) shall remain in play providing the ball remains on your side of the net, your team has a hit remaining, and it does not occur on the serve.
10. The dividing net between courts #1 & #2 and courts #2 & #3 is out of bounds and the ball will be declared dead if it touches the white dividing net. **Due to safety reasons, players are NOT ALLOWED to push the dividing net so another player can hit the ball. If this happens, the ball will be declared dead, resulting in a side-out.**
11. **ONLY** coaches may discuss rule interpretations with the officials.
12. Serving order and positions on the court at the service shall be an alternation of male and female or vice versa when possible. A player shall receive one service tossing error per rotation.
13. Teams are allowed one time out per set - 60 seconds in length.
14. Any player may participate in a block from anywhere on the court.
15. Blocking a served ball is not permitted. A ball may be attacked, excluding a served ball, when it has partially crossed the net. Attacking (spike, tip, dump, overhand pass) a served ball while the ball is completely above the height of the net is not permitted.
16. Profanity and unsportsmanlike conduct can result in ejection and/or disqualification from future games (See Code of Conduct).
17. Players are allowed to wear jewelry/watches.

#### LEAGUE STRUCTURE AND TOURNAMENT PROCEDURE

Regular season schedules consist of round robin play. All teams will qualify for the double elimination tournament at the end of the season. For tournament play, teams will be divided into divisions to make the tournament as competitive as possible. Plaques will be awarded based on the number of teams in each division for regular season as well as the post season tournament.

The following is the policy for determining league champions:

- a) Outright league champions (best winning percentage).
- b) Head to Head
- c) Head to Head Differential
- d) Total Point Differential
- e) Coin Toss

#### CASPER RECREATION CENTER RULES

When playing in the Casper Recreation Center, every participant will be required to follow the rules listed below:

- 1 The gym shoes worn on the gym floor should not be the same shoes worn in from the outside. Shoes must be changed before participating in the gym. The gym shoes must be non-marking.
- 1 Participants who desire to use the locker rooms are required to have a CASPER RECREATION CENTER PASS or pay a daily admission fee. This pass is to be turned in at the reception counter upon entering the facility and should be picked up when leaving.
- 1 **Children 14 years or younger will be allowed in the gymnasium area to watch the matches providing they are sitting with a non-playing adult. Anyone bringing unsupervised children to the gym will be asked to remedy the situation or risk forfeiture of their team's match.**
- 1 The City of Casper DOES NOT carry insurance for participants in any City sponsored teams. Team and individual insurance may be obtained from various companies. For more information, contact the City of Casper Risk Manager's Office at 235-8212.

# Code of Conduct

The Casper Recreational Leagues Association (CRLA) wants to ensure that games are fair, positive and enjoyable experiences for all that are involved. The CRLA expects all athletes, coaches/managers, officials/umpires and spectators to hold themselves to high standards of sportsmanship. Officials/Umpires and game management are there to help ensure fair play and provide a positive experience for everyone. Please treat all accordingly. In keeping with our mission, the CRLA expects all players, coaches, referees/umpires and spectators to maintain self-control at all times while remaining positive and showing respect for your team, opponents and officials/umpires at all times.

As a participant in CRLA Leagues, it is your responsibility to uphold and enforce the Code of Conduct including the following:

- 1) No player, official, spectator or participant shall at any time lay a hand upon, shove, strike, spit on or at or threaten another player, official, spectator or participant. Officials/Umpires are required to suspend the player(s) immediately from further play and report such player(s) to the Recreation Supervisor of Sports. Such player(s) must leave the facility immediately and shall remain suspended until the CRLA Board Representatives and Recreation Supervisor of Sports have considered their case.
- 2) No player(s) shall at any time refuse to abide by an official's decision, use obscene gestures or language, be guilty of an abusive verbal attack upon any player, official or spectator, or use unnecessary tactics including those against the body or person of an opposing player. **The "F" word will result in an automatic ejection.** Officials/Umpires are required to suspend such player(s), who must leave the facility, immediately from further play and report such player(s) to the recreation Supervisor of Sports. If during tournament play, the player(s) is not eligible to compete in the balance of the tournament. If, for any reason, the player is not ejected, Casper Recreation Staff reserves the right to enact any and all disciplinary action.
- 3) An ejected/suspended player is ineligible for a minimum of two City League sanctioned games, and he/she must pay the City a \$50.00 fine prior to playing again. The \$50.00 fine must be paid by 12:00 pm (noon) of the date the suspended player is eligible to rejoin the league. The \$50.00 fine and suspension will carry over to the next applicable season if it has not been paid. Previous disciplinary issues may be considered at the discretion of Casper Recreation Division staff when serving suspensions.
- 4) No player(s) shall possess alcohol, drugs or be under the influence of such. Softball: No player(s) shall smoke tobacco products on the field of play (within the fences or dugout). Officials/Umpires are required to suspend such a player(s) (in case of smoking at Softball Fields only after a verbal warning) immediately from further play and report player(s) to the Recreation Supervisor of Sports.

Penalties for the above infractions will be:

MINIMUM PENALTY: Suspension for two league games, probation for the remainder of the season.

MAXIMUM PENALTY: Suspension from all CRLA sponsored events for two years and probation for the following year at the discretion of the CRLA Board of Directors and Recreation Supervisor of Sports. Suspension from all Recreation Division Sponsored facilities and programs for two or more years is at the discretion of the Recreation Manager and/or the Parks & Recreation Director.

CITY OF CASPER

CASPER RECREATION DIVISION  
AND  
CASPER RECREATIONAL LEAGUES ASSOCIATION

ATHLETIC LEAGUE REFUND POLICY

TEAM ENTRY FEES

Planning for athletic leagues is extensive. Not only do the facilities have to be secured for a defined length of time, but divisions have to be drawn up and the length of the season (number of games, etc.) has to be determined before the actual game scheduling begins.

Much of this is done on projection based on the number of teams from the previous year. However, the final organization and scheduling (which is the most time consuming) does not begin until the deadline for submitting team fees has passed.

If a team drops out at this point, it will affect the division draws that have already taken place. To have to re-draw divisions or to back up and have to reschedule a division is costly and time consuming.

Teams should be certain that they would have enough players before they pay their team fee. When they pay their team fee, they are making a commitment to field a team and should be held responsible for upholding that agreement.

**ONCE THE DEADLINE HAS PASSED, NO REFUNDS WILL BE GIVEN.  
SORRY, NO EXCEPTIONS.**

*Casper*  
**RECREATION**