

LEAGUE PLAYING RULES

National High School Federation Volleyball Rules for 2021 shall govern play insofar as they do not conflict with the rules stated herein:

1. Prior to the start of each match, the official shall conduct a coin toss between the managers of each team. The official shall ask the winner of the toss whether their team chooses to:

- a. Serve/Receive
- b. Select the playing area

The loser of the toss will be given the remaining choice.

2. The net height shall be approximately 7'4 1/8" for women and 7'11 5/8" for men.

3. The match will be best 2 out of 3 sets.

Sets 1 and 2 are to 25 points, win by 2 points, with a cap of 27 points.

If the match goes to a 3rd set, the 3rd set is to 15 points, win by 2 points with NO CAP.

4. There shall be no uniform requirement for league play; however, teams planning to play in out of town tournaments should have matching, numbered jerseys.

5. Substitutions may be made during any dead ball period. Teams may use a simple rotation method to get substitutes into the game (a sub enters the game at every rotation into the same floor position where the exiting player vacates) or they may utilize a straight substitution method (a player returns to the game only for the person who substituted for him/her).

6. Game time is forfeit time. One game will be forfeited at the scheduled game time, the second game will be forfeited at 10 minutes following scheduled game time and the match will be declared a forfeit at 20 minutes past game time. A forfeit fee of \$50.00 will be assessed any team which forfeits a complete match for any reason without notification to the Casper Recreation Center Supervisor by 12:00 noon the day of the event. This fee must be paid before that team's next scheduled match or the team will not be eligible for the season ending tournament.

7. A team shall be comprised of six players all of the same gender. Men may only play in the men's league and women may play only in the women's league. A team may play with as few as four players. A player may only play on one team in the league. **Players must be 15 years of age or older in order to participate.**

8. If a player arrives late and a team is playing with less than 6 players, that player may enter the game on the first dead ball at any position on the court. If a team has 6 players present and an additional player arrives, that player may enter the current game following applicable rotation and substitution rules.

9. Any ball hitting an overhead obstruction (backboard, ceiling and support beams) or the ceiling shall remain in play providing the ball remains on your side of the net, your team has a hit remaining and it does not occur on the serve. A ball which travels through the rafters or above the suspended basketball baskets is considered in play unless it makes contact with such object(s) as described above.

10. The dividing net between courts 1 and 2 and 2 and 3 is out of bounds if the ball touches it.

11. Only team captains may discuss rule interpretations with the officials.

12. Teams are allowed one time out per game - 60 seconds in length.

13. Jewelry Rules: Metal and watches on the wrist are prohibited. Legal earrings will be the referee's judgment. All hard, unyielding protective devices are to be covered. Devices on the fingers, hands or arms are prohibited.

LEAGUE STRUCTURE AND TOURNAMENT PROCEDURE

Teams are placed into divisions based as much as possible by their own choice; however, the CRLA Board will make the final decisions on division alignment. Regular season schedules will consist of round robin play. All teams will qualify for the double elimination tournament at the end of the season. For tournament play, teams will be divided into divisions to make the tournament as competitive as possible. Plaques will be awarded based on the number of teams in each division for regular season, as well as, the post season tournament.

The following is the policy for determining league champions:

- a. Outright league champions (best win-loss record).
- b. In the case of a tie, head-to-head competition will determine the winner.
- c. In case of a tie on head-to-head competition, the total point differential between teams tied, and then total point differential in all games played will be used to determine the winner.
- d. If two teams are still tied, a flip of a coin will determine the winner.

CASPER RECREATION CENTER RULES

When playing in the Casper Recreation Center, every participant will be required to follow the rules listed below:

The gym shoes worn on the gym floor cannot be the same shoes worn in from the outside. Shoes must be changed before participating in the gym. The gym shoes must be non-marking.

Participants who desire to use the locker rooms are required to have a Casper Recreation Center Annual Pass or pay a daily admission fee. This pass is to be turned in at the reception counter upon entering the facility and should be picked up when leaving.

Children 14 years or younger will be allowed in the gymnasium area to watch the matches providing they are sitting with a *non-playing adult*. Non-supervised children will not be allowed in the gymnasium area and will be asked to leave. Anyone bringing unsupervised children to the gym will be asked to remedy the situation or risk forfeiture of their team's match.

The City of Casper DOES NOT carry insurance for participants in any City sponsored teams. Team and individual insurance may be obtained from various companies. For more information, contact the City of Casper Risk Manager's Office at 235-8212.

Code of Conduct

Casper Recreational Leagues Association (CRLA) wants to ensure that games are fair, positive and enjoyable experiences for all involved. CRLA expects all athletes to hold themselves to high standards of sportsmanship and hope that coaches/managers, officials/umpires and spectators will themselves exhibit high standards of sportsmanship as well. Officials/Umpires and game management are there to help make this a positive experience for everyone, especially the athletes. Please treat all accordingly. In keeping with our mission, CRLA expects all players, coaches, referees/umpires and spectators to maintain self-control at all times while remaining positive and showing respect for your team, opponents and officials/umpires at all times.

As a participant in CRLA Leagues it is your responsibility to uphold and enforce the Code of Conduct including the following:

- 1) No player, official, spectator or participant shall at any time lay a hand upon, shove, strike, spit on or at or threaten another player, official, spectator or participant. Officials/Umpires are required to suspend the player(s) immediately from further play and report such player(s) to the Recreation Supervisor. Such player(s) must leave the facility immediately and shall remain suspended until the CRLA Board Representatives and the Recreation Supervisor have considered their case.
- 2) No player(s) shall at any time refuse to abide by an official's decision, use obscene gestures or language, be guilty of an abusive verbal attack upon any player, official or spectator, or use unnecessary tactics including those against the body or person of an opposing player. The "f" word will result in automatic ejection. Officials/Umpires are required to suspend such player(s), who must leave the facility, immediately from further play and report such player(s) to the Recreation Supervisor. If during tournament play, the player(s) is not eligible to compete in the balance of the tournament.
- 3) An ejected player is ineligible for all CRLA sanctioned play and he/she must pay CRLA a \$50.00 fine prior to playing again. The \$50.00 fine must be paid by 12:00 pm (noon) of the date the ejected player is eligible to rejoin the league. The \$50.00 fine will carry over to the next year if it has not been paid.
- 4) No player(s) shall possess alcohol, drugs or be under the influence of such. For Softball, no player(s) shall smoke tobacco products on the field of play (within the fences or dugout). Officials/Umpires are required to suspend such a player(s) (in case of smoking at Softball Fields only after a verbal warning) immediately from further play and report player(s) to the Recreation Supervisor.

Penalties for the above infractions will be:

MINIMUM PENALTY: Suspension for two league games, probation for the remainder of the season.

MAXIMUM PENALTY: Suspension from all CRLA sponsored events for two years and probation for the following year at the discretion of the CRLA Board of Directors and the Recreation Supervisor. Suspension from all Recreation Division sponsored facilities and programs for two or more years is at the discretion of the Recreation Manager and/or the Parks & Recreation Director.