

Holland Recreation Moves to 1st – 4th Grade Flag Football

Holland Recreation is excited to announce that a decision has been made to move to 1st – 4th Grade Flag Football beginning next football season. With this change, Holland Recreation will no longer have a tackle football in the 3-4 grades. Beginning in September of 2018, the Holland Recreation sought input from parents, coaches, Holland Public and Holland Christian Head Football Coaches, multiple Athletic Directors, medical professionals, national studies and other area football programs about providing flag football through 4th grade. Holland Public Varsity Football Coach, Andrew Pratley and Holland Christian Varsity Football Coach, Chris Kuipers are in total support of this decision and for the future of the football programs at each school.

Beginning with the 2019 football season, Holland Recreation will transition 3rd and 4th Grade from tackle football to flag football with a plan to review 5th and 6th grade tackle football at the end of the season. The transition of 3rd and 4th grade football to flag football will help each program in terms of participation, teaching fundamentals and player safety. Holland Recreation, along with the Varsity Coaches, discussed the goals for the upcoming year, which included decreasing head contact and injuries, teaching fundamentals of the game and increasing player participation. Holland Recreation decided that the best way to achieve all of these goals was to transition these grade levels to flag football. Holland Recreation and the Varsity Coaches at each school believe that flag football will allow youth coaches to better train players in proper technique, agility and athleticism while maximizing the number of participants.

Holland Recreation believes the trend of transitioning from tackle football to flag football for kids younger than 12 years old is just beginning. We will welcome all players from the surrounding area that want to play flag football and offer the best football program for player development. Holland Recreation is proud to be a leader in this transition and believes that this will build a better program from the 1st graders through the Varsity football team.



Holland Christian Varsity Football Coach
Chris Kuipers



Holland Public Varsity Football Coach
Andrew Pratley

