

City of Ukiah Youth Basketball League Winter 2022/2023

Upcoming Dates

Coaches Meeting - Nov 17

First Week of Practices

Nov 29-Dec 2

Winter Break

Dec 23-Jan 6



Questions?

Contact City of UKiah

Sports Coordinator

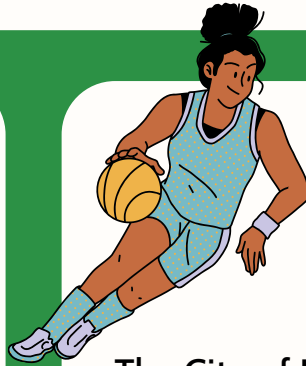
Kyle Nuss

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Ukiah, CA 95482



We want your help!

The City of Ukiah Youth Basketball league, much like all other youth sports programs, is community and volunteer driven. And we need your help! We currently need and are recruiting:

- Volunteer Coaches
- Team Sponsors

If you have any interest in supporting our league in any of those capacities, please call (707) 463-6714 or email knuss@cityofukiah.com

Our Coaches meeting will be held on Thursday, November 17th. Coaches will receive their rosters and equipment at that meeting. You should expect to hear from your coach in the week following.

Quick Tip!

Like any skill in life, to improve at basketball daily practice is required. No hoop, no problem! Dribbling can be practiced on the sidewalk, you can pass a ball with a parent, and lateral defensive slides around the house!

