

3rd/4th GRADE BOYS & GIRLS YOUTH BASKETBALL LEAGUE RULES

ROSTERS: All participants must be properly registered through the City of Renton Recreation Division. Team rosters are limited to no more than 10 players unless prior approval from League Coordinator.

SCORE: The score will be kept during the game. No standings will be posted.

START: Game will start with the home team taking the ball out of bounds at the baseline of the opposite end.

HALVES: Games will consist of two 20-minute running clock halves with a 3-minute halftime (if time allows).

SUBSTITUTIONS: Substitutions will only be allowed at the beginning of the half and the 10-minute mark of each half. In case of an injury, subs may come into the game on a dead ball. Every player must play a minimum of 20 minutes from beginning to end. It is the coach's responsibility to fairly rotate players.

DEFENSE: Man-to-man defense only. Defender must be within 5 feet of player. No full court press, zone defense or double teams. Players may pick up their opponents after they have crossed the 1/2 court line designated by the official at the gym.

a) Break away to the basket: Help defense is allowed on a drive to the basket. Once the offensive player has been stopped, the defender must return to guard their own player.

SCREENS: Screens are allowed and it's up to the coaches to teach it safely to their players.

JUMP BALLS: All jump balls will be awarded to the offense.

STEALING: Stealing is allowed on the dribble and a pass only. A steal may not be attempted when the player has the ball in a held position; meaning: no reaching in. Reminder that all jump balls are awarded to the offense.

BLOCKED SHOTS: A defensive player may attempt to block a shot.

FOULS: Player fouls will be tracked to ensure the safety of the game. Players can foul out.

FREE THROWS: Free throws will be taken on shooting fouls or the once a team reaches the bonus. (7th team foul per half). Free throws will be taken from approximately 12 ft.

TECHNICAL FOULS: Any player receiving a technical foul or flagrant foul during a game, will be removed from the game immediately and sit out for the remainder of the half he or she is playing in. Any player receiving two technical fouls during a game will be removed immediately from the game and will serve a minimum of a one-game suspension. Three technical fouls in one season will result in a one-year suspension. Any coach receiving two technical fouls during the season will be dismissed from coaching. Bench technical fouls on parents and players will be assessed by the coach. All technical fouls will result in an automatic two points and possession of the ball.

DISCIPLINARY ACTION: Any player receiving disciplinary action from an official during the game may result in that child sitting out for a period of time. Overly aggressive or rough play will try to be corrected by the official by calling fouls or by the coach and may result in a substitution.

COACH CHAIRS: To foster a safe space for our officials and players, we ask that all coaches remain seated during the entire game, except for timeouts, substitutions, or an injury. Chairs will be provided to coaches approved to coach in the league.

JUDGEMENT CALLS: Coaches and players are prohibited from communicating (verbally or non-verbally) in reference to the "officials judgment" i.e., calls or non-calls. Coaches and players may ask for a rule clarification from an official only during pre-game and halftime. Infractions of this rule will result in a technical foul and possible suspension, or expulsion determined by the Recreation Staff.

STANDINGS: No league standings kept, all the teams are winners.

KEY TIME: 5 seconds in key time will be enforced.

BALL SIZE: Jr Size Ball, 27.5"

HOOP HEIGHT: 9 Feet

