



# Adult Kickball Rules

## Rosters/Team

- All teams must submit a lineup to the box staff at least 5 minutes prior to game time.
- Teams may field 10 players (5 males and 5 females) and may have up to 12 in the kicking lineup (6 males and 6 females).
  - Must consist of 6 infielders and 4 outfielders—rovers are not allowed.
- A game can start and finish with a minimum of 8 players. No team shall be permitted to kick with less than 8 players.
- Teams may play with more females than males, but never more males than females.
- Males and females must alternate in the kicking order. If two males are kicking back-to-back, an out will be issued.
  - Only exception: Having more females than males will not result in an out when two females are kicking back-to-back.
- All players must appear on the lineup prior to game time. If a player is on the roster and is not present when it is their turn to kick, it will be deemed as an out.
- Kicking out of order or having an improper kicking order is subject to an out.
- Rosters are limited to 16 players.

## Game Rules

- Games are considered complete after 6 innings or 50 minutes.
- Games may end in a tie.
- If a game needs to be interrupted and rescheduled, it will resume where it stopped. However, if three innings have been played, it will be considered a complete game. This could be 2 ½ innings if the home team is ahead.
- The count will start at 0 balls and 0 strikes.
- Kicker is allowed up to 3 strikes, 4 balls, or 4 foul balls (4 foul balls results in an out).
- At least one foot must be in the box when kicking. If kick takes place outside of the box, kicker will be called out.
- If a kicked ball lands on the foul line, the ball is considered fair, and the ball is a live ball.
- All players in the outfield must play at or behind the cones for all kickers.
- The pitcher must not leave the circle until the ball is kicked.
- **Fielding positions are not gendered** which means any one can play anywhere on the field as long as there are not more than ten players and males do not exceed females.
- Leading off and stealing are prohibited and will result in the runner being called out.
- Runners may tag up on a fly ball.

- Hitting a runner above the shoulders when attempting to make a play is not allowed. The runner will be deemed safe at the base in which they were running to.
  - Exception: If the runner was attempting to slide when they were hit, the runner will be called out.
- When a male is walked, he will be awarded two bases and the female kicker must kick.
  - Exception: With two outs, the female has the option to kick or walk.
- One courtesy runner will be allowed per inning per gender.
- Infielders must remain behind baseline until the ball is kicked.
- Strike zone extend one foot on each side of home plate.
- Metal cleats are not allowed.
- Males are limited to two homeruns, while females are not limited.

## Team Captains

- Team captains are responsible for their team's behavior on the field and in the dugout. Only players on the roster may be present in the dugout at any time.
- No player may participate on a team if they are not on the team roster.
- All players must sign the team liability waiver.
- All participants must be at least 18 years of age as of 04/01/26
- Game time is forfeit time.

## Unsportsmanlike Behavior

- Abusive language and/or physical threats to umpires, players, or field staff will not be tolerated. Any team or player exhibiting this type of behavior will automatically be disqualified from any further competition.
- Alcoholic beverages are not permitted under any circumstances on city property.
  - First offense: The player caught will be removed from the game and possibly ticketed.
  - Second offense: The entire team will be thrown out of the league.
- Running or sliding into another player intentionally to avoid an out is not allowed and be grounds for player ejection.
- Faking a tag to make the runner slide is strongly discouraged.
- If a player is ejected from a game for unsportsmanlike conduct, the team cannot play shorthanded. If no legal substitution is available, the game is forfeited.

## Referees

- Referee has jurisdiction over all plays. This means that they may call timeouts, call a game due to weather, penalize players including ejections for any reason such as excessive verbal abuse, unsportsmanlike conduct, fighting, or delay of game.
  - Ejected players must leave the premises.
- Referee can make rulings on any points not specifically covered in the rules; however, the ruling shall not be deemed as precedent for future rulings.

## End of Year Tournament

- End of year tournament will follow a single elimination format.
- Only the top 8 teams will be eligible to participate in this tournament.