

Flag Football Coaches Resources

Basic drills to run through at practice:

[NFL FLAG Football Drills: Quarterback, Running, & Receiver](#)

These are basic plays that you can add to your playbook. Feel free to come up with plays of our own. When making a playbook keep in mind the skill sets of the kids on your team.:

4-5:

[NFL Flag Football Playbook 5 on 5 | Basic Youth Flag Plays](#)

6-11 leagues:

[NFL FLAG Football Plays & Formations | Best Flag Routes](#)

Video library:

[National Flag Football - YouTube](#)