# **Youth Basketball Coaching Resources**

## Important things to remember when coaching

- 1. Having a plan will make practices run smoothly.
- 2. Implement a good stretching routine before games and practices.
- 3. Make practices fun and engaging while focusing on the fundamentals.
- 4. Promote good sportsmanship.
- 5. Maintain good communication with the parents.
- 6. Ensure that participants stay hydrated.
- 7. Be a good role model.

#### **Coaching the Fundamentals**

Here are a few sites that have fun drills, plans, and plays that can help you get ready for your practice.

Player Skills and Drills - Introductory Level - USA Basketball

Rookie Practice Plans - NBA.com: Jr. NBA

### **Games to Play During Practice**

Have some games during practice will help keep your kids engaged during your practice.

This link provides a list of fun basketball related games that you can play.

14 Fun Basketball Games For All Ages, With Instructions – Backyard Sidekick

#### **MOJO App**

Is a good app with resources that can help you manage your practices and games.

Youth Sports Coaching | MOJO Sports