

CITY OF GLENDORA YOUTH BASKETBALL

KINDER RULES AND REGULATIONS POINTS OF EMPHASIS

The prime objective of the Glendora Youth Basketball shall be:

- (a) To encourage and promote physical fitness in boys and girls.
- (b) To contribute to the development of the character and morality of each youth.
- (c) To promote the development of teamwork and sportsmanship through participation in Competitive sports.
- (d) To encourage responsibility and good citizenship.
- (e) All head and assistant coaches must be fingerprinted.
- (f) Teams may not practice more than two (2) times per week. Teams may not practice more than one (1) hours during each practice.
- (g) Fighting will be an automatic (2) game suspension for all players, coaches, and fans.

KINDER RULES AND REGULATIONS

- 1. Kinder** will use a junior-size ball (27.5).
- 2.** Baskets will be lowered to 6'
- 3.** No score will be kept, only a running clock.
- 4.** Length of playing time will be four (4) ten (10) minute quarters running time. Clocks will be stopped at the mid-way point of each quarter to substitute.
- 5. Minimum Play Rule** - Each player must play a minimum of five (5) consecutive minutes in each quarter.

City of Glendora

2024 Youth Basketball

Kinder Division Rules

6. **Maximum Play Rule** - Each player must sit out of the game for a minimum of five (5) consecutive minutes in each half.
7. The defense must allow the offense to move the ball across half court. **NO** backcourt pressing once the offense is in possession of the ball.
8. Five (5) second key violation.
9. A twelve (12) foot free-throw line will be used.
10. The three-point shot will not count.
11. Only a 2-3 Zone Defense is Permitted. We will have DOTS on the Court for the players to use as a reference.

