



**ROWLETT YOUTH BASEBALL LEAGUE
LEAGUE SPECIFIC RULES
*USSSA Rules Apply***



USSSA BASEBALL QUICK REFERENCE TO RULES.

5U-Blast Ball Rules

First and foremost, we are a recreational league. Our goal is to provide a fun, positive experience for the players. Coaches and parents should control themselves within those guidelines.

1.1 Game Time: 1 hour or 3 innings (whichever expires first)

1.2 Players: The entire roster plays defense and bats, no scores are kept, or outs recorded. There are no league-provided umpires.

1.3 5u Blastball is a beginner league, at this age the focus is for the players to familiarize themselves with the sport of baseball and the mechanisms of playing the game.

1.4 Head Coaches are to self-umpire the games, no official umpires are used at this level.

1.5 Playing the Game:

1.5.1 A max of four (4) badged coaches/assistance from each team allowed on the field at one time.

1.5.2 The batter must hit the ball past the 10' marker to be fair play.

1.5.3 No cleats are to be used in this league.

1.5.4 The use of gloves is optional at this age.

1.5.5 The home team is responsible for field setup.

1.5.6 All coaches must be in uniform. He/she must be in a matching team shirt (Same as the team uniform.)

1.6 Offense

1.6.1 Each player is allowed six (6) attempts to bat off the tee.

1.6.2 No outs or strikeouts are recorded in this league; an offensive coach oversees placing the ball on the tee as well as providing any assistance the players may need at bat.

1.6.3 All players will bat every inning and must rotate batting order every inning (i.e., 1-10 then 10-1).

1.6.4 After a successful at bat, the batter must run to the squeaky first base.

1.6.5 After reaching first base, the batter is to return to the dugout.

- Continuing to 2nd and 3rd can be discussed and agreed upon before the start of the game.
- The decision must be unanimously approved by other side coaches.

1.7 Defense

1.7.1 All players must stay behind the pitcher's mound until contact is made with the ball.

1.7.2 Defensive players should be standing in positions similar to normal baseball defensive alignment (first base, second base, third base, shortstop, outfield)

1.7.3 The position of the catcher will not be fielded.

1.7.4 When the ball is successfully hit, the goal of the defensive player is to field the ball hold it up, and yell "BLAST".

1.7.5 After "BLAST" is called out, the ball is returned to the home plate coach.

1.8 Safety/ Misc.

1.8.1 All players batting must wear a batting helmet. Face guards are optional.

1.8.2 No player is allowed to touch a bat in the dugout.

1.8.3 A coach or volunteer must be in the dugout at all times to monitor the players.

1.8.4 All players are required to wear a team-issued jersey by the second week of the season.

1.8.5 There is no end-of-season tournament for 5u, the main focus is to teach the game.

1.9 Sportsmanship

1.9.1 All players, coaches, sponsors, and spectators are expected to conduct themselves in a sportsmanlike manner at all times.

- Any players, coaches, sponsors, or spectators whose conduct is unbecoming or abusive shall at a minimum be reprimanded with a warning.
- If warranted, the offending party shall be ejected from the game at the discretion of the Rowlett Parks and Recreation Department.
- Any player, coach, sponsor, or spectator leaving their position or base, in the field, on the bench, in the dugout area, or on grandstands to participate in a fight, brawl, or altercation shall be immediately ejected from the game and may be disbarred/suspended under USSSA Rule 14.02.

- Any coach, sponsor, or spectator ejected from a game shall immediately remove himself from the vicinity of the playing field and/or grandstands for the remainder of the game.
- Any player ejected from a game shall either immediately be confined to the dugout area or asked to leave the park for the remainder of the game.
- All persons ejected may be asked to leave the park and/or venue at the discretion of the Rowlett Parks and Recreation Department.
- Any persons ejected from a game will not be allowed on the premises for the next game.
- Abusive language or cursing shall not be tolerated under any circumstances and shall result in an automatic ejection.
- If necessary, a team may be forced to forfeit a game and/or be removed from the tournament.
- Additional penalties may be assessed at the discretion of the Rowlett Athletic Department.

1.11.2 ALL RULES ARE SUBJECT TO CHANGE AT ANY GIVEN TIME AT THE DISCRETION OF THE ROWLETT PARKS AND RECREATION DEPARTMENT.