



Men's Basketball League Rules

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1. CITY ADMINISTRATION RULES:

- a. The City of Rowlett Adult Men's Leagues are sanctioned by the Texas Amateur Athletic Federation (TAAF). The league will follow TAAF rules and regulations with some exceptions noted in these bylaws.
- b. Alcoholic beverages, smoking, and littering are prohibited at any Rowlett Parks & Recreation facilities or parks.

2. Rowlett PARD GYM GUIDELINES:

- a. Teams may have squirt-type bottles on the bench. Open containers and cups with refreshment are not permitted in the gym.
- b. No food will be permitted in the gym per PARD policies. This policy is to be enforced for players and/or spectators alike.
- c. Please be considerate of others by not bouncing the basketball or practicing in the gym when another game is in progress.

3. TEAM ROSTERS:

- a. Team rosters are limited to 12 players.
- b. Players must be at least 18 years of age prior to the start of the season.
- c. Players can only be on one team roster per division.
- d. All players must sign the team roster before playing.
- e. Photo ID Card: Every player must be able provide a photo ID card which states the player's name and date of birth.
- f. Teams will have until week three (3) of the season to add players. After this time, all rosters will be frozen. The only exception to this rule would be to replace an injured player or if your roster drops below the minimum amount to start a game. Any additions must be approved by the Athletic Department.
- g. SIGNED ROSTERS & WAIVER FORMS ARE DUE BY THE CONCLUSION OF YOUR TEAM'S THIRD GAME. FAILURE TO SUBMIT A SIGNED TEAM ROSTER BY THE SET DEADLINE WILL RESULT IN YOUR TEAM GAMES BEING FORFEITED. The roster must be filled out and signed by all players who actively participated in the first THREE games.

4. UNIFORMS

- a. Uniforms will be enforced beginning with the 4th game of the season.
- b. All team members must have shirts or jerseys with the same base color with numbers on the back of the jersey.
 - i. Jersey numbers must be either one or two digits
 - ii. Numbers written in permanent marker will be allowed; however, the numbers must be bold. Since numbers may be written in permanent marker, every player must have a number on their jersey/shirt.
 - iii. Taped-on numbers will be allowed.
 - iv. No duplicate numbers will be allowed.
- c. Failure to wear a shirt/jersey with a permanently attached or drawn on number will make a player ineligible until they are able to provide the proper uniform.
 - i. If at any time a team falls under the minimum number of players required (4), due to illegal uniforms, that team will forfeit the game.
- d. In the event of any uniform protests, the team protesting must inform the referees and scorekeeper prior to the start of the game. Player(s) deemed out of uniform will become

ineligible for that game until a legal uniform is presented. A protest fee will not be charged for a uniform protest.

5. GAME RULES

- a. Game will be forfeited 5 minutes after original start time (Ex. 6:05pm)
- b. If both teams do not have enough players to field a team by game time, then the game will be called as a double forfeit.
- c. Teams must start and finish a game with at least four (4) players.
- d. If a team is suspended before the 4th game of the season, a revised schedule may be generated for the remainder of the season.
- e. Any games played, or scheduled to be played, that involve a suspended team will be considered forfeit wins for their opponents.
- f. As a courtesy to all involved, coaches should contact the Parks & Recreation Department representative member, by 3:00 PM on the day of your game, if it is known that you cannot field a team for a game.
- g. If a team forfeits three (3) league games due to lack of players at the start of a regularly scheduled game, the team will be dropped from the league with no refund of entry fee and all teams scheduled to play the offending team for the remainder of the season will receive a win by forfeit.
- h. The game will consist of:
 - i. Two twenty (20) minute halves with a running clock.
 - ii. The running clock only stops for timeouts.
 - iii. The clock will stop for all whistles the last two minutes of each half
- i. Each team will receive:
 - i. Two (2) timeouts per half.
 - ii. One (1) timeout per overtime period.
 - iii. Timeouts do not carry over from one half to the other and the same follows for each overtime period.
- j. Timeouts will be 30-seconds in length.
- k. Halftime will be five (5) minutes.
- l. Shot Clock: A shot clock will not be in effect for City of Rowlett league play or any T.A.A.F. Regional or State Basketball Tournament.
- m. Three-Point Field Goal: The three (3) point field goal rule will be in effect for all regional and state tournaments. Distance will conform to the current NCAA specifications.
- n. MERCY RULE:
 - i. If a team is up by thirty (30) points in the last three (3) minutes of the game, then the game will be called.
 - ii. If a team is up by twenty (20) points in the last two (2) minutes of the game, then the game will be called.
- o. Overtime: Overtime will consist of a three (3) minute period. The clock will stop for time-outs only. If the teams are still tied at the end of the overtime period they will continue to play a 3-minute overtime period following the same format until a winner is determined.

6. FOULS

- a. **No Dunking!** Any player that dunks or hangs from the rim will be given a Technical Foul. The second violation will result in an ejection from the game and 1 week suspension.
- b. **Personal Fouls:** Each player is allowed five personal fouls per game.
- c. **Technical Fouls:** If a team or player receives a technical foul, the opposing team will get two free throws and the ball at half court. The opposing team will decide on who the shooter will be.
 - i. **One technical foul on one player** will result in the player in question being automatically substituted out.
 - ii. **Two technical fouls on a player** will result in that person being **ejected from the game and the facility.**
 - iii. **Three technical fouls on one team in one game** will result in a **forfeit.**
 - iv. **Four technical fouls** – Teams and players who accumulate four technical fouls throughout the season will be removed from the league and will not be refunded.
- d. **If any player is ejected from two games, an automatic suspension from the league will be in effect until the Athletics Department has reviewed the incidents. The Athletic Department may impose a suspension for the remainder of the season, if deemed necessary.**
- e. **Intentional Foul:** If a player receives an intentional foul, the opposing team will get two free throws and the ball at the point of interruption. The opposing team **will not** have a choice on who the shooter will be.
- f. **Flagrant Foul:** If a player receives a flagrant foul, the opposing team will get two free throws and the ball at the point of interruption, the player committing the foul will be ejected. The opposing team **will not** have a choice on who the shooter will be.

7. ROSTER CHECKS

- a. Roster checks can only be requested by team manager listed on team roster.
- b. Roster checks can only be requested at the following times:
 - i. Prior to start of game
 - ii. End of 1st half – roster checks requested at these times will be conducted during half time.
- c. If a roster check is requested, both teams' rosters will be verified by the gym supervisor.
- d. If after a roster check all players are found to be eligible to play, the requesting team will receive a direct technical foul (delay of game technical). Opposing team will then shoot two free throws and receive the ball at half court.
- e. If a player is found to be ineligible after the roster check, the player will be ejected.
- f. A \$50 fee (cash) will be charged for any roster checks made. If a player is found to be ineligible after the roster check, a refund will be processed.

8. ZERO TOLERANCE

- a. Our Code of Conduct Policies have been put in place to encourage good sportsmanship and enhance the overall experience for everyone involved in the Rowlett Parks and Recreation adult sports leagues. Prior to participating in any of our programs we expect parents, participants and coaches to read these documents and familiarize themselves

with what is expected of them. On occasion, it may become necessary to take action should the Code of Conduct Policy be violated.

Rowlett Parks and Recreation reserves the right to take ANY of the following actions if necessary:

- i. If an official (referee, umpire, league representative) observes behavior from a coach, parent, spectator, or participant before or during a sporting event that violates our conduct policy, that official may warn the individual or individuals that such behavior is unacceptable and must stop immediately. Failure to stop the behavior will result in an ejection from the event and the individual must leave the field or building immediately.
- ii. If in the opinion of the official, the behavior is significantly inappropriate, the official may demand that the individual leave the event without issuing a warning.
- iii. Failure by the individual to leave the event as instructed will result in a stoppage of play until the individual has left. Continued failure to comply will result in possible game forfeit due to unsportsmanlike conduct, and the authorities being called to remove the individual who may at that point face arrest.
- iv. Any instance where a coach, parent, spectator, or participant is ejected from a sporting event it will be reviewed by the Recreation Assistant Director and selected league officials and may, depending upon the individual circumstances, result in additional action including being banned from attending or participating in future events for a length of time to be determined.
- v. Any activity violating our conduct policies that takes place after a sporting event, during team practices or outside of the sports facilities will also be subject to the above review and potential suspension. Examples may include confronting an official, coach or player in the parking lot after a game, harassment of players at school or online, offensive, abusive or harassing emails sent to another parent, coach, league representative or city official or sending of a mass email to a team, group of coaches, parents, or any third party, etc.

9. HONORING THE GAME

- a. The Positive Coaching Alliance stresses all players, coaches and parents need to honor the game in which they participate. To help remember exactly what that means the ROOTS acronym is used. Each letter in ROOTS stands for an important part of the sport that we must respect.
 - i. Rules - Rules keep the game fair. Participants and coaches are expected to play by the rules set by the league administrators.
 - ii. Opponents - Without opponents, there would be no games. A good opponent pushes us to do our best, so we should be grateful for our opponents. Participants, coaches and spectators promise to show respect for opposing coaches, teams, and expect opponents to do the same.
 - iii. Officials - Respecting officials can be the most difficult part of Honoring the Game. Officials have a very hard job, keeping the game safe and fair for both teams. Officials are not perfect (just like coaches, athletes and parents!) and

sometimes they will make calls that are not in our favor, but participants, coaches and spectators are expected to show respect for officials, no matter the outcome of any call.

- iv. Teammates - A big part of playing a sport is being part of a team. Later in life you will often be part of a team, and it is important to learn to work together. When you are on a team, your words and actions – before, during and after practices and games reflect not only on you, but also on your teammates and coaches. So, treat them as you would want them to treat you. Participants should encourage and support each other on and off the playing field.
 - v. Self - Some people only Honor the Game when their opponents do, but Rowlett Parks and Recreation expects players coaches and parents to Honor the Game no matter what the other team or its fans do. Each person sets their own internal standards and strive to live up to them no matter what.
- b. If these five things are communicated by parents and coaches to their young athletes and the players then concentrate on these points, you can be assured that they are Honoring the Game. The players and their teammates will get the most out of their season, and will help advance the great traditions of the sport they love to play.

10. FORMAL IMPROPER CONDUCT INCIDENT PROCESS

- a. The Rowlett Community Centre provides a form on its website and front desk to allow coaches, parents, spectators and players to submit a formal allegation to the Athletics Programmer.
 - i. **Process**

Incident allegation is submitted to the Athletics Programmer

 1. Improper Conduct Incident Form located on Team Sideline website to be filled out
 2. Form is submitted to the Athletics Programmer
 3. Athletics Programmer will send to Athletics/Aquatics Supervisor and the allegation will be discussed with Assistant Director.
 4. Assistant Director will determine if the allegation becomes an official violation, dismissed.
 - ii. **Violations will be:**
 1. Investigated utilizing Rowlett Youth Sports Code of Conduct Rules (available on website)
 - a. Any committee member with a conflict or perceived conflict of interest will voluntarily recuse themselves from the investigation. If the complaint involves a family member of the committee member, they will automatically be recused.
 2. Submitted to the Rowlett Parks and Recreation Assistant Director

3. Committee will vote and act on the complaint
 - a. Player, Coach, or parent impacted will be notified by committee member via email and/or mailed letter
 - b. Parents will be required to be present with their player when notification occurs
 - c. Committee member will notify Head Coach and appropriate communication to rest of team
4. Rowlett Parks and Recreation Assistant Director to submit final ruling to Rowlett Parks and Recreation Director.

11. PROTESTED GAMES

- a. **ALL PROTEST MUST BE SUBMITTED TO THE PARKS AND RECREATION ATHLETIC DEPARTMENT BY THE TEAM MANAGER/CAPTAIN ONLY.** The Athletic Department will review all information and decide based on the facts provided and interviews
 - i. Official protests may ONLY be filed for violation of the rules and/or regulations, and not on judgement calls made by the referees. Games may NOT be protested based on the quality of the officiating. At the time a head coach determines to protest a game, he/she must immediately notify the official, opposing head coach, and scorekeeper of the protest.
 - ii. A \$50 fee (cash) will be charged for any protests made.
 - iii. If protest is successful, a refund will be processed.

Please note: Once the league and tournament schedules have been released, they will not be changed without the Director's approval.

12. MAKEUP GAMES

- a. It is the responsibility of each team's manager to check for the team's make-up schedule.
- b. Every attempt will be made to schedule all make-up games on your league night; however, the City of Rowlett reserves the right to schedule on alternate nights if necessary.
- c. The City of Rowlett will do everything possible to make up all games that are canceled due to weather; however, unusual or extreme weather patterns may lead to the games being permanently canceled with no refunds to keep leagues on schedule.
 - i. Rowlett Parks & Recreation's programs/leagues follows GISD inclement weather policy. If GISD cancels school, the Parks & Recreation department will cancel games scheduled for that day.

13. AWARDS

- a. The season champions will receive a championship t-shirt.

14. LEAGUE TIEBREAKERS

- a. Tie breaking procedures will be decided by TeamSideline using the following guidelines:
 - i. Winning Percentage
 - ii. Head-To-Head
 - iii. Head-To-Head Differential
 - iv. Total Points Against
 - v. Coin Toss
- *No additional games will be played to break ties

15. CLEAN UP:

- a. In an effort to assist our PARD staff, we ask that teams clean up after themselves before exiting the gym.

16. COMMUNICATION / WEBSITE SERVICE:

- a. The Athletic Division will use www.teamsideline.com/rowlett to post all schedules, standings, game scores, league bulletins, and other important league information. All coaches and players are encouraged to use the website to stay current with league issues.