

# FBSA Baseball League Pitching Rules

## Maximum Number of Pitches

15u-18u:	95 pitches per day
13u-14u:	85 pitches per day
11u-12u:	75 pitches per day
9u-10u:	50 pitches per day

## Rest Requirements for Pitchers

1-20 Pitches	0 Calendar Days of Rest
21-35 Pitches	1 Calendar Day of Rest
36-50 Pitches	2 Calendar Days of Rest
51-65 Pitches	3 Calendar Days of Rest
66 Pitches or More	4 Calendar Days of Rest



### **Exception:**

If a pitcher reaches the pitch limit for their age or the rest day cutoff while facing a batter, the pitcher may continue to pitch until:

- 1) The Batter reaches base.
- 2) The Batter is out.
- 3) The 3<sup>rd</sup> out completes the half-inning and will still be able to revert to the previous rest requirement.

**IT IS WHICH EXCEPTION HAPPENS FIRST. COACHES DO NOT GET TO PICK THE ONE TO FOLLOW**

**Using an illegal pitcher will result in a forfeit of the game and 1 game suspension for head coach.**

It is the Responsibility of both the Home and Away scorekeepers to keep track of pitches and reconcile between innings.

It is the responsibility of the Home Team to report the score and pitch counts for both teams with Last Name and Jersey # of Pitchers. If Home Team does not record the score and pitch count for both teams within 24 hours of the game ending, then all pitchers for the home team will incur max pitch limit for the day.

### **Multiple Games in One Day Example:**

The pitch count listed above is for the day and not the game. If a 13u pitcher pitches 20 pitches in Game 1 and does not pitch in Game 2 on the same day, then he can pitch the following day without need of rest. However, if he is able to pitch another 65 pitches in Game 2 the same day as the 20 pitches from Game 1, then he will have reached his 85 pitch daily limit and cannot pitch again until he has had 4 full calendar days of rest.