

Round Rock Parks & Recreation-Sand Volleyball Rules

Last Updated: 1/31/24

General Rules

- Official house ball will be the Mikasa King of Beach or Wilson OPTXAVP volleyball.
- No explicit or disrespectful language towards volleyball officials, players, spectators or any game personnel.
- No arguing calls against officials or game personnel. Volleyball officials will be open to elaborate/discuss questionable calls with players, but not during gameplay.
- No food/drink on sand court area (with the exception of water)
- No verbal/physical abuse will be tolerated on park grounds.
- If players need assistance with getting the courts cleared during league play time, please call the on call Park Ranger at 512-341-3370.

League Rules

- Coed leagues – 2 men maximum on a team. Exceptions to rule will granted based on discretion of the league coordinator,
- No female contact rule will be enforced
- Rally scoring – 2 games to 21 points and 3rd game (if needed) to 15 points. Players will switch sides on 8th scored point. Win by 2-point rule will be in effect with a cap of 30/17.
- No spiking, blocking, or volleying a serve
- Players must maintain service rotation, but players do not have to rotate position
- You may serve anywhere along the back line within the sidelines
- Players are allowed 2 tosses of the ball to serve if there is no contact on the first attempt
- No open hand dinks (you cannot use your fingertips to redirect the ball when it is going over the net)
- Open hand receives or ball returns using forearms or otherwise will only be tolerated based on the discretion of the official and skill level of play amongst teams
- Receiving a ball coming over the net with an open-hand legal dig, overhead open handset or doubles will be ruled illegal. The blocker can dig his block for the second touch, but the next contact must send the ball over the net.
- The antennas (and the vertical line extending from the top of the antenna) are out of bounds
- All physical boundaries such as poles, etc., are considered out of bounds.
- The ball is in if it makes any contact on or within the boundary lines. If the ball lands anywhere outside of the boundary lines it will be ruled out of bounds.

- Any player who participates in a reckless manner or violates any personal conduct rules will be subject to a possible suspension from the game(s) by the league coordinator/director.
- Round Rock Parks & Recreation and league personnel reserve the right to suspend or eject any program participant at our discretion.
- Lifts and carries are NOT permitted and will result in a point for the opposing team.
- Touching the net at ANY time during play is not allowed. If a net touch is incidental and does not interfere with play the game official does reserve the right to make a "no call" and let play carry on.
- If any player goes under the net during play this will result in a point for the opposing team. NO EXCEPTIONS.

Please keep in mind that all of the listed rules are tentative and subject to change based on the discretion of the league coordinator.

Concussion Protocol

- Parks and Recreation provides coaches, parents, referees, contractors, and participants with information from the Center of Disease Control and Prevention (CDC) on the signs, symptoms and behaviors associated with sports related concussions and head injuries; and should incident occur be able to recognize, respond and report. The CDC's website includes concussion resources for coaches, parents, officials and youth participants, as well as access to a training course.
- PARD encourages all coaches, parents, officials and participants to utilize these resources to educate themselves on the signs, symptoms, behaviors and prevention of sports related concussions and head injuries.
- The following link about sports related concussions and head injuries is provided to all users:
<https://www.cdc.gov/headsup/youthsports/index.html>