



ADULT OUTDOOR SOCCER RULES

Revised: 2015

PLAYER QUALIFICATIONS

- Maximum number of players allowed per team is 24.
- No team may have more than 24 active players on its roster. Deadline date for signing new players for adult teams shall be prior to your 5th game.
- Ages will be based on the player's age as of February 1 of the current playing season.
- Age limit per division:
 - DIVISION I** Men 18 and Over, Women 18 and Over - NO EXCEPTIONS
 - DIVISION II** Men 25 and Over, Women 18 and Over - NO EXCEPTIONS
 - DIVISION III** Men 30 and Over, Women 30 and Over
EXCEPTION: Three (3) Women will be allowed between the ages of 26-29. One (1) man will be allowed between the ages of 26-29.
- Ineligible players: High School Players
San Joaquin Premier players can only play Division I.
- All players must possess a City of Fresno issued Valid Player Pass for 2008. The pass may be inspected prior to the game, at half time, at a neutral break in the game and at the official(s) discretion.
- No player will be allowed to play the game until said player is registered and in possession of a player pass, and presents said player pass to the referee; no other evidence of registration or verbal verification can be used are accepted by the referee. The exception to this rule is the first two weeks of league play.
- Player passes are to be laminated, sealed and stamped with the league's official stamp.
- A player must provide proof of age via a valid California driver's license or California identification card upon request of the referee.
- No player shall be registered for more than one (1) team within the same age division.
- A player desiring release from his/her current team in order to play on another team in this league during the current season must submit a written request to the Adult Sports office.

PLAY REGULATION

Rules not specifically mentioned will be governed by F.I.F.A. Rules.

- The field of play shall be rectangular, 100 to 120 yards long and 55 to 75 yards wide.
- The City of Fresno Parks and Recreation Department Staff will mark the field of play and provide or install corner flags and goal nets.
- Each team shall provide a game ball. The official may choose any available ball.
- Sliding of any sort is NOT allowed. First offense is a yellow card. Second offense is a second yellow and subsequent red card. Player will miss one game for this red card. "No playing on the ground".
- Any player that takes another player down on a scoring attempt will be issued a red card. The goal, if scored, will count, or if no goal scored, a direct kick will be given from the point of the foul.
- Substitutions allowed only on Dead Ball. FIFA Rule.
- Yellow Card result in automatic 5 minute cooling off period. Player must leave field.
- Jerseys and stockings of opposing teams shall be of contrasting colors. In the event of similar colors, the home team shall be responsible for making the necessary change. **No Black Uniforms.** All jerseys, except those worn by goalkeepers, must be numbered on the back. Numbers must be of contrasting color to the jersey and clearly visible. The goalkeeper's jersey must be distinctively different from that of any official, teammate or opponent.
- Illegal equipment shall not be worn by any player; this applies to any equipment, which, in the opinion of the official, is dangerous or confusing. Types of equipment which are illegal include the following:

Projecting metal or other hard plates, or projections on clothing or person.

- Casts, splints or body braces made of a hard substance in its final form such as leather, rubber, plastic, plaster or fiberglass. Unless covered on all exterior surfaces with thick, high density, closed-cell polyurethane, or an alternate material of the same or similar physical properties to protect an injury, it will be considered illegal.
- Shin guards that have exposed sharp edges, face or spectacle guards, helmets, hats, caps or visors. Knee braces made of hard unyielding material, unless hinges are covered on all sides and all of its edges are overlapped. Ankle braces, unless covered by a stocking or other suitable safe material.

Note: Each coach shall be responsible for ensuring that each of his/her players are properly equipped and shirts tucked. A player improperly equipped and/or dressed shall be instructed by the official to leave the field of play. Player may re-enter after reporting to the official who shall be satisfied of the player's equipment/ uniform.

- Game time: Two (2) 45-minute halves with a five (5) minute half time.
- Game delayed by an official will be played in its entirety.

- Game delayed by a team will have the time deducted from the game.
- There will be a 15-minute delay rule in effect. Any game that does not start within 15 minutes of the scheduled time will be considered a forfeit and the loss will go to the team who caused the forfeit. The game may still be played after 15 minutes but it will be logged a forfeit. In the event that both teams do not show up for a scheduled game and the referee rules the ground playable, both teams shall be assessed with a loss.

Note: After a game is officially called a forfeit and teams have enough players to play a suspended game, the official will start a game. However, no red cards will be given. If red carding occurs, officials will choose to call the game and refuse to officiate. A suspended or forfeited game will end at the discretion of the official. Officials will determine how much time is needed to prepare the field for the next scheduled game.

- A minimum of seven (7) players, five (5) males and two (2) females are required on each team start play. Teams will have 15 minutes to obtain this minimum. Teams will have the option of loaning registered players to the opposing team to allow play to start.
- Teams shall play a minimum of four women on the field at any given time and a maximum of seven men. Teams may play with less than the minimum amount of women, but never more than the maximum amount of men.
- Tied games will not be broken.
- Outside the defensive penalty area, the only player(s) that may challenge or impede a female's progress is another female.
- Goalkeeper gaining control of the ball in the air may not be challenged by an opposing player. On the first violation, the referee shall stop play and award a direct kick.
- In Division III, contact with the goalie will not be allowed under any circumstances. Penalty for contact will equal a yellow card in addition to an indirect free kick.
- Officials may choose to call a game based on player or spectator conduct. A spectator is the responsibility of the team, which they are with and must refrain from harassment of the official(s) and player(s). If a game is called due to a player or spectator, the game will not be replayed.

OFFICIALS

Any player or coach who protests an official(s) decision shall be cautioned. Any player or coach who assaults or insults an official shall be removed from the field. The official is required to submit a detailed report to the Adult Sports Supervisor. The captain of the team, although responsible for his/her team's behavior has no special rights.

- Official(s) shall be appointed to officiate each game. Authority and the exercise of the powers granted to an official by the laws of the game commence as soon as he/she enters the field of play. The power of penalizing shall extend to offenses committed when play has been temporarily suspended, or when the ball is out of play. A decision of fact connected with the play shall be final, as far as the result of the game is concerned. All officials will wear black uniforms or F.I.F.A. sanctioned.

- Officials shall enforce the laws and refrain from penalizing in cases where it is determined that by doing so he/she would be giving the advantage to a certain team.
- Officials have the discretionary right to stop and/or terminate the game for any violation of the rules by player(s) or spectator(s). In such a case, the official shall submit a detailed report to the Sports Supervisor.
- No person other than the player(s) and officials are to enter the field of play without permission granted from an official.
- Official(s) may stop a game if, in his/her opinion, a player has been seriously injured. The player must be removed from the field as soon as possible. A player who is slightly injured shall not be attended on the field of play if he/she is able to go to the touch-or-goal-line for attention.
- An official should red card a player and remove from the field of play a player who, in his/her opinion, is guilty of violent conduct, serious foul play, the use of foul or abusive language, or is guilty of a second cautionary offense toward a player, spectator or official.
- An official has the discretionary right to reverse his/her first decision so long as the game has not been re-started.

FOULS AND MISCONDUCT

A Direct Free Kick is awarded to the opposing team if a player commits any of the following offenses in a manner considered by the referee to be careless, reckless or using excessive force. The Direct Free Kick is taken from where offense occurred.

- Kicks or attempts to kick an opponent.
- Trips an opponent.
- Jumps at an opponent.
- Charges an opponent.
- Strikes or attempts to strike an opponent.
- Pushes an opponent.
- Tackles an opponent to gain possession of the ball, making contact with the opponent before touching the ball.
- Holds an opponent.
- Handles the ball deliberately. Carries, strikes, or propels the ball with his/her hand or arm (this does not apply to the goalkeeper within his own penalty area).
- Spits at an opponent.

PENALTY KICK

A Penalty Kick is awarded if any of the above ten offences is committed by a player inside his own penalty area, irrespective of the position of the ball, provided it is in play.

INDIRECT FREE KICK

An Indirect Free Kick is awarded to the opposing team if a goalkeeper, inside his/her own penalty area commits any of the following offenses.

- Takes more than six seconds while controlling the ball with his hands before releasing it from his possession.
- Touches the ball again with his hands after it has been released from his possession and has not touched any other player.
- Touches the ball with his hands after it has been deliberately kicked to him by a teammate.
- Touches the ball with his hands after he has received it directly from a throw-in taken by a teammate.

Note: Should a player of the defending team commit one of the above offenses within the penalty area, he/she shall be penalized by a penalty kick.

YELLOW CARD

A player is cautioned and shown the YELLOW CARD if he commits any of the following offenses:

- is guilty of unsporting behavior.
- shows dissent by word or action.
- persistently infringes the Laws of the Game.
- delays the restart of play.
- fails to respect the required distance when play is restarted with a Corner Kick or Free Kick.
- enters or re-enters the field of play without the referee's permission.
- deliberately leaves the field of play without the referee's permission.

Note: For the offenses listed, in addition to the caution, an Indirect Free Kick shall also be awarded to the opposing team from the place where the offense occurred.

RED CARD

A player is sent off and shown the RED CARD if he commits any of the following offenses:

- is guilty of serious foul play.
- is guilty of violent conduct.
- spits at an opponent or any other person.
- denies the opposing team a goal or an obvious goal-scoring opportunity by deliberately handling the ball (this does not apply to a goalkeeper within his own penalty area).
- uses offensive, insulting, or abusive language and/or gestures.
- receives a second caution in the same match.

A player sent off must leave the vicinity of the field of play and the technical area.

SUSPENSIONS

Suspensions, if necessary, will be carried forward to the next season. The Sports Supervisor reserves the discretionary right to impose harsher penalties.

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| 1 Red Card - | One (1) game suspension for minor infraction Two (2) games for unsportsmanlike conduct Three (3) games for acts of aggression |
| 2 Red Cards - | Grounds for automatic suspension for balance of season. |
| 4 Yellow Cards - | One (1) game suspension |

**THE CITY OF FRESNO ADULT SPORTS CODE OF CONDUCT WILL BE
STRICTLY ENFORCED.**