



# INFORMATION PACKET

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## Lil Dribblers (3-6 yr old) League





Dear Youth Coaches,

Hutchinson Recreation Commission welcomes you to this season of Lil Dribblers basketball. Our vision at Hutch Rec is to inspire all residents to actively enjoy a healthy life as they strengthen our community spirit. As a volunteer youth sports coach, you're doing this - and we thank you for the dedication, time, and energy spent coaching our community's youth.

Our goal is for all our youth sports participants and their parents/guardians to have an enjoyable experience while learning not only the fundamentals and skills of the sport, but also the life lessons that go well beyond the court or field. These lessons include teamwork, commitment, grit, and sportsmanship.

We want to also make your coaching experience an enjoyable one. A large part of the experience is equipping coaches with information and education. Inside this packet, you'll find the information you need to know and what to communicate to your team. You'll also find additional web pages and resources to plug into as a youth sports coach. As always, if you have any questions, please contact our recreation and sports staff at the contact information below.

Thanks again for your willingness to inspire the youth in our community through sports. We appreciate you!

Tony Finlay, CPRP  
Executive Director  
tfinlay@hutchrec.com

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## Sports Division

### Sports Coordinator:

Garrett Huddleston  
ghuddleston@hutchrec.com  
HR Downtown: (620) 663-6179

### Sports Director:

Kelsey Loutensock  
kloutensock@hutchrec.com  
HR Downtown: (620) 663-6179

### Hutch Rec Downtown:

17 E. 1st, Hutchinson, KS 67501  
Open Monday - Friday 9 a.m. - 5 p.m.

## Stay Informed!



**Hutch Rec**



**hutchrec.com**



**@hutchrec**

### Schedule:

League schedules will be posted on the Hutch Rec Team Sideline page: <https://teamsideline.com/sites/hutchrec/schedules>.

### Rainout App:

Cancellations, delays, and closings will be posted on the RainOut app, under Hutchinson Recreation Commission. For details and how to download the app, visit: <https://www.hutchrec.com/cancellations/>



# Lil Dribblers Rules

## **Goal:**

The goal of the Hutchinson Recreation Commission youth athletic program is to provide a positive and fun learning experience for all participants. Emphasis is placed on learning the fundamental skills, basic rules of the game, and good sportsmanship while stressing equal participation for all. The Lil' Dribblers program will feature 20-30 minutes of skills and drills (practice) led by coaches, and 30 minutes of a 5v5 traditional game against another team in the league.

## **Objectives:**

1. Provide development of motor skills.
2. Build character in each individual by stressing sportsmanship and fair play.
3. Build healthy minds and bodies through physical activities.

## **KSHSAA rules for basketball will be followed with the following exceptions and additions:**

1. Goal Height: 6 feet; Court- Half-court with two goals; Ball Size: Rookie (25.5)
2. Number of Players: A team will play with 5 players on the court. A team must have a minimum of 3 players to start or continue a game.
3. Length of Game: A game will consist of 4, 6-minute quarters with a running clock. A one minute break will be allowed at quarters and a two minute break at half time.
4. Substitutions: At the 3 minute mark of each quarter, there will be an automatic substitution. Each player must play a minimum of 2 quarters per game. We recommend using a rotation to ensure equal playing time.
5. Time Outs: In addition to the automatic time outs, each team will be allowed 1 time out per half. Time outs will last 1 minute.
6. Violations: All offensive players will be allowed 5 seconds in the lane. Traveling will only be called when the participant runs with the ball. Double dribble will not be called.
7. Fouls: All fouls will result in a turnover. Players will not shoot free throws. Defensive fouls will result in the team on offense playing the ball in out of bounds. Offensive fouls will result in the team on defense receiving the ball.
8. Full Court Press: Full Court pressing is not allowed at any point in Lil' Dribblers basketball.
9. Fast Breaks: Fast breaks are not allowed. The offense needs to let the defense get set before the ball is brought down.
10. Defensive players must stay inside the designated defensive line marked on the court.
11. If the score is tied at the end of regulation, the game will end in a tie.