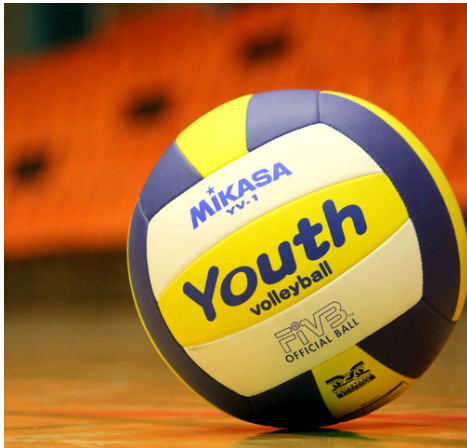




YOUTH VOLLEYBALL RULES PACKET

Youth Volleyball





1ST-2ND LIL DIGGERS RULES

Goal:

The goal of the Hutchinson Recreation Commission youth athletic program is to provide a positive and fun learning experience for all participants. Emphasis is placed on learning the fundamental skills, basic rules of the game, and good sportsmanship while stressing equal participation for all.

Objectives:

1. Provide development of motor skills.
2. Build character in each individual by stressing sportsmanship and fair play.
3. Build healthy minds and bodies through physical activities.

KSHSAA rules for volleyball will be followed with the following exceptions and additions:

1. Net Height: 7'4" or below (Women's); Court Size: Regulation
2. Number of Players: A team will play with 6 players on the court. A team must have a minimum of 4 players to start or continue a game.
3. Length of Game: All matches will be 3 games to 15 points using rally scoring or a 30-minute time limit, whichever comes first. A 1-minute break will be allowed between sets.
4. Time Outs: Teams will be allowed 1 time out per set. Time outs will last 1 minute.
5. Serves: The serving team gets two attempts to get the ball over the net per server. If the server is unsuccessful after their reserve attempt, it is ruled a side out. Servers may move up to the spike line (10ft. line) to serve. A server will be limited to a total 3 consecutive points, or 4 maximum serves — then a side out will be called. This will allow more player rotation during each game in this instructional program.
6. Returns: A team will get up to 4 hits to return the ball over the net if needed. Players will be warned the first time they double hit. The second time a double hit occurs, a side out or point will be called by the referee.
7. Rotation: A mandatory rotation system will be used. Players rotate into the middle back position after a sideout has taken place.



3RD-4TH GRADE VOLLEYBALL RULES

Goal:

The goal of the Hutchinson Recreation Commission youth athletic program is to provide a positive and fun learning experience for all participants. Emphasis is placed on learning the fundamental skills, basic rules of the game, and good sportsmanship while stressing equal participation for all.

Objectives:

1. Provide development of motor skills.
2. Build character in each individual by stressing sportsmanship and fair play.
3. Build healthy minds and bodies through physical activities.

KSHSAA rules for volleyball will be followed with the following exceptions and additions:

1. All matches will be 3 games to 25 points using rally scoring or a 45-minute time limit, whichever comes first.
2. Serving:
 - a. A server will be limited to a total of 5 consecutive points, then a side out will be issued.
 - b. A server will be allowed one re-toss per serve attempt.
 - c. The server will receive two attempts per server in order to get the ball over the net.
 - d. If the ball goes over the net and out of bounds, the server does not get a second serve; a side out will be called.
 - e. Foot faults will be called after a first time warning per server.
 - f. A server may move up to the attack line (10-foot line) in order to get the ball over the net but must strive toward reaching the Help Line or the End Line as the season progresses. An official may use his/her discretion and ask the server to step back if he/she feels the attack line is being used as an unfair advantage.
3. During a rally, if the ball hits a center basketball goal and goes over the net, it will be called side out. If the ball hits the middle goal and stays on the same side of the net, it is considered a playable ball, and play will continue.
4. Players will be warned the first time they double hit. The second time a double hit occurs, a side out or point will be called by the official.
5. A mandatory rotation system will be used. Teams will rotate after sideouts. Players will rotate into the middle back position.



5TH-6TH GRADE VOLLEYBALL RULES

Goal:

The goal of the Hutchinson Recreation Commission youth athletic program is to provide a positive and fun learning experience for all participants. Emphasis is placed on learning the fundamental skills, basic rules of the game, and good sportsmanship while stressing equal participation for all.

Objectives:

1. Provide development of motor skills.
2. Build character in each individual by stressing sportsmanship and fair play.
3. Build healthy minds and bodies through physical activities.

KSHSAA rules for volleyball will be followed with the following exceptions and additions:

1. All matches will be 3 games to 25 points using rally scoring or a 45-minute time limit, whichever comes first.
2. Foot faults will be called; no warnings will be given.
3. A server may move up to the help line (3ft. in front of serve line) in order to get the ball over the net but must strive toward reaching the end line as the season progresses. An official may use his/her discretion and ask the server to step back if he/she feels the help line is being used as an unfair advantage.
4. A server will be allowed one re-toss per serve .
5. A server will be limited to score a total of 5 consecutive points before a sideout will be issued.
6. If the ball hits the middle goals or ceiling during a serve, it is ruled a side out.
7. During a rally, if the ball hits the middle basketball goal or ceiling and goes over the net, it will be called a side out. If the ball stays on the same side of the net it is considered a playable ball and play will continue.
8. A mandatory rotation system will be used. Teams will rotate after sideouts. Players will rotate into the middle back position.