

2024 Fall/Spring Adult Kickball Rules

Official Game

1. Official Game: Nine (9) innings, or 55 minutes. No new inning will begin after 50 minutes.
2. Home Team: A coin toss will determine home team.
3. Run Rule: 15 runs after 6 innings, 10 runs after 7th and 8th innings.
4. Extra Innings: Extra innings will be used if needed. No special rules
5. Infield Fly Rule: Will not be used.
6. Pitching: Each team will pitch to their own players. Max of three pitches per kicker. There are no walks. Pitcher may not interfere defensively with the ball, or with a defensive player. Interference result: kicker is out.
7. Kicking: Kicker gets three pitches to kick a fair ball.
Kicker is out when:
 - a. He/she fails to kick the ball fairly in three (3) pitches.
 - b. The offensive pitcher intentionally contacts a kicked or thrown ball.
 - c. The kicker kicks the ball while in front of the kicker's box without being in contact with the box.
 - d. Any kicker that does not kick in the proper kicking order.
 - e. No bunting. Full kick and follow through only.
8. Safety Base: Kicker/runner uses orange bag when running through first, and white base after that or when rounding first to attempt to run to second base.
9. Outs: Fly out, tag out, force out, or throw out (a thrown ball that contacts the kicker or runner BELOW THE SHOULDERS without the ball first contacting the ground - with normal running)
10. Play Ends: The umpire should call "TIME" when base runners cease to try to advance, the ball is ahead of them and all immediate play is completed.

Offense

- A. Lineup: Teams may have an unlimited number of kickers in their lineup. Kickers must alternate male and female with each kicker. Teams can have an equal or greater number of women to men in their lineup. A team may have one extra male kicking in their lineup with the following modifications:
 - A female must be in the leadoff spot.
 - The two males kicking back-to-back must be at the bottom of the lineup and may kick back-to-back without taking an out.
- B. Courtesy: A courtesy runner is allowed if needed, but only for an offensive player who becomes injured on that play. The courtesy runner must be the most recently available player of the same gender. If a courtesy runner cannot be used, an out will be taken. (max of one per inning per team)

Defense

- A. Field: Ten players max allowed in the field, six players minimum. Must have equal number of males and females in the infield and in the outfield. A team with eight or fewer players does not have to have a catcher. Offensive team will supply the pitcher. Defense is allowed a fielder in the pitcher position.
- B. Infielders: Other than pitcher position and catcher, infielders may play where they'd like in infield.
Catcher must start in or behind the catcher's box and must not interfere with kicker.
- C. Outfielders: All outfielders must start in the outfield grass until the ball is kicked by the kicker. (Penalty: If an outfielder catches the ball while illegally across the grass line, the ball is dead and the kicker is awarded first base and all other runners are awarded one base.)