



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

C.W. AVERY FAMILY YMCA YOUTH SOCCER LEAGUE RULES

YMCA LEAGUE PHILOSOPHY:

The C.W. Avery Family YMCA runs our sports leagues as a non-competitive league. Our philosophy is "everyone plays, everyone wins."

AGE DIVISIONS:

| | |
|--|---------------------|
| 4 yrs-Kindergarten | |
| 1 st -2 nd Grade | Score will be kept. |
| 3 rd -4 th Grade | Score will be kept. |
| 5 th -6 th Grade | Score will be kept. |

EQUIPMENT:

All players will receive a league t-shirt. It is strongly encouraged that all participants wear protective shin guards for safety.

| | | |
|--------|--|--------|
| Balls: | 4 yrs-Kindergarten | Size 3 |
| | 1 st -2 nd Grade | Size 3 |
| | 3 rd -4 th Grade | Size 4 |
| | 5 th -6 th Grade | Size 4 |

LENGTH OF GAME:

| | |
|---|------------------|
| 4 yrs-Kindergarten: | 15 minute halves |
| 1 st -2 nd Grade: | 15 minute halves |
| 3 rd -4 th Grade: | 20 minute halves |
| 5 th -6 th Grade: | 20 minute halves |

There will be one five minute halftime.

Each team is allowed one 60 second time out per half.

PLAYERS AND SUBSTITUTIONS:

All divisions will play 5 vs 5 plus a goalie. It is the coaches' responsibility to assure that ALL players get equal playing time. All players should play a minimum of one half per game.

Players may substitute at the end of a half, during a timeout, or after a goal.

COACHES:

4rs-Kindergarten: One coach may be on field to assist team during play.

1st-2nd Grade and Up: All coaches must remain on sidelines during game.

RULES/FOULS/MISCONDUCT:

- **START OF PLAY:** The kick off is taken at the center spot and is determined by a coin toss. The ball has to move forward to begin time. Each play must be on his/her half of the field and at least 10 yards away from the ball. If a referee has to do a drop ball, play resumes when the ball hits the ground.
- **OFFSIDES-** No off sides will be called in any division.
- **FOULS/MISCONDUCT:** Players, coaches and spectators are expected to conduct themselves properly. The referee will be responsible for enforcing the rules of the game. Any intentional pushing, shoving, holding or tripping will result in a free kick. Repeated misconduct will result in the player having to sit out of game.

C.W. AVERY FAMILY YMCA

A branch of the Greater Joliet Area YMCA

15120 Wallin Drive • Plainfield, IL 60544

P: (815) 267-8600 F: (815) 267-8601 W: www.jolietymca.org





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- **SLIDE TACKLING** is prohibited. Slide tackling is a dangerous play in which a defender tries to get ball away from offensive player by sliding at players feet, tackling player to get ball. Player committing offense may be cautioned or ask to leave the field.
- **FREE KICKS:** This includes indirect and direct kicks. The kicker may not touch the ball a second time until the ball touches another player. All opponents must be 10 yards away from ball.
- **PENALTY KICKS:** (1st-2nd Grade division and Up). Penalty kicks shall be taken by the attacking team from the penalty mark. All players except for the kicker must be outside the penalty area until it is kicked.
- **THROW INS:** (1st-2nd Grade and Up) Throw ins will be taken from the sidelines where the referee indicates. Part of both feet must remain on the ground. The ball must be delivered from above the head.
4 yrs-Kindergarten division- Throw ins will be done in the form of a kick in from the sidelines.
- **GOAL KICK:** A goal kick will be performed from anywhere inside the goal area by the defending team after the offensive team kicks it out of bounds past the endline.
- **CORNER KICK:** A corner kick will be performed by the offensive team from the indicated corner position after the defensive team kicks ball past endline while defending their goal.
- **HANDBALL:** No players are allowed to use their hands during the course of a game. Handballs will result in an indirect kick for the opposing team.

CANCELLATIONS/POSTPONMENT OF GAMES:

Games may be cancelled if the weather creates an unsafe environment for the players. (ie. Lightning, extreme cold) Coaches will be notified as soon as possible if games are cancelled or postponed. Coaches will then contact players as quickly as possible. The front desk will also be notified immediately if games are cancelled. League games are not guaranteed to be made up.

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