



For a better us.®

# TEAMWORK HAPPENS HERE

## Youth Basketball Leagues (YBL) are forming now.

### When kids play sports, they get more than just exercise.

Besides being physically healthier, they have higher self-esteem and a healthier body image. Kids who play sports perform better in school, develop better interpersonal skills, and work better in groups.

The Y Youth Sports program maximizes the positive effects of playing sports by emphasizing healthy competition and promoting teamwork. The Y focuses on the life lessons that can be learned from sports, and coaches strive to instill a positive self-image in each player. Most importantly, in the YMCA league, everyone plays and everyone wins!

### EVERYONE IS WELCOME

At the Y, no one is turned away due to the inability to pay. Stop by today to learn more about the YMCA's scholarship program.

To register, please scan the QR code or contact Sports Director Maria Romero at ext. 217 or via email at [mromero@jolietyymca.org](mailto:mromero@jolietyymca.org).

### REGISTRATION INFORMATION

Through November 14	\$115/\$230
After November 14	\$125/\$250

Uniforms will not be guaranteed for those who register after November 14.

### DIVISIONS

**Jr. YBL**  
(4-Kindergarten)

**Grades 1-2**

**Grades 3-4**

**Grades 5-6**

**Grades 7-8 and  
Grades 9-12**

### GAME DAYS & LOCATIONS

Games played Saturday mornings at the C.W. Avery Family YMCA.

Games played Friday evenings at a Plainfield school. Location TBD.

Games played Thursday evenings at a Plainfield school. Location TBD.

Games played Friday evenings at a Plainfield school. Location TBD.

Includes competition against teams from across the Greater Joliet Area YMCA. Games played Tuesday evenings at a Plainfield school or Saturday mornings at the Galowich Family YMCA. Schedule TBD.

Game times/days are subject to change.



**C.W. AVERY FAMILY YMCA**  
15120 Wallin Drive | Plainfield, IL 60544  
(815) 267-8600 | [www.jolietyymca.org](http://www.jolietyymca.org)



# Youth Basketball League FREE CLINICS

Come to our free YBL Clinics to get ready for the basketball season. These clinics will be run by the Sports Department staff with the help of some of our volunteer coaches to go over different drills and skills players will need throughout the season.

Preseason clinics are available to all registered Youth Basketball League participants at no extra cost. Registration is required.

GRADE	DAYS/DATES	TIMES
<b>Grades 1-2</b>		
Last Names A-L	Tuesday, December 6 and 13	7-8 p.m.
Last Names M-Z	Wednesday, Dec 7 and 14	7-8 p.m.
<b>Grades 3-4</b>		
Last Names A-L	Tuesday, December 6 and 13	8-9 p.m.
Last Names M-Z	Wednesday, Dec. 7 and 14	8-9 p.m.
<b>Grades 5-6</b>	Thursday, Dec. 8 and 15	7-8 p.m.
<b>Grades 7-8 and Grades 9-12</b>	Thursday, Dec. 8 and 15	8-9 p.m.

Game times/days are subject to change.



## IMPORTANT DATES TO REMEMBER

### Practices\*

Weekday evenings\* beginning  
Monday, January 9

### Games\*

Weekday evenings and Saturday mornings

### Games begins

Monday, January 16

### Team Pictures

Sunday, January 29

### End of Season Tournament

Our 5-6, 7-8, and 9-12 Teams will participate in a tournament at the end of the season.

\* Practices and games during the week will not begin before 6 p.m. or after 8 p.m.

## TEAM SIDELINE

To ensure that you receive timely league information, please sign-up to receive email and/or text notifications from Team Sideline. All league communication, including practice or game cancellations and other scheduling updates, will be sent through Team Sideline.

To sign-up, please visit: <http://teamsideline.com/jolietymca>

Then click on the icon that says "Click here to sign-up for text and email communications."

Please note: Families must sign-up to receive notifications from Team Sideline each time they register for a new YMCA league/season.



To register for YBL, please scan the QR code or contact Sports Director Maria Romero at ext. 217 or via email at [mromero@jolietymca.org](mailto:mromero@jolietymca.org).



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