



# TEAMWORK HAPPENS HERE

## Youth Basketball Leagues (YBL) are forming now.

### When kids play sports, they get more than just exercise.

The YMCA Youth Sports programs maximize the positive effects of playing sports by emphasizing healthy competition and promoting teamwork. The Y focuses on the life lessons that can be learned from sports, and coaches strive to instill a positive self-image in each player. Most importantly, in the YMCA league, everyone plays and everyone wins!

### REGISTRATION INFORMATION

Through November 11	\$125/\$250	Uniforms will not be guaranteed for those who register after November 11.
After November 11	\$135/\$270	

### DIVISIONS

**Co-Ed Divisions:**  
Junior YBL, Grades K-12

**Girls' Divisions:**  
**NEW FOR THE 2025 SEASON\***  
Grades 3-4, 5-6

\*In order for competitions to run in the Girls' Divisions, a minimum number of participants must be enrolled. The Y will determine if these divisions will be able to run by November 13, and families will be notified.

### DIVISIONS

**Jr. YBL**  
(4-Kindergarten)

**Grades 1-2**

**Grades 3-4**

**Grades 5-6**

**Grades 7-8 and  
Grades 9-12**

### GAME DAYS & LOCATIONS

Games played Saturday mornings at the C.W. Avery Family YMCA.

Games played Friday evenings, 6:30 p.m. and 7:45 p.m. at a Plainfield school. Location TBD.

Games played Thursday evenings, 7 p.m. and 8 p.m. at a Plainfield school. Location TBD.

Games played Friday evenings, 7 p.m. and 8 p.m. at a Plainfield school. Location TBD.

Includes competition against teams from across the Greater Joliet Area YMCA.

Games played Tuesday evenings, 7 p.m. and 8 p.m. at a Plainfield school or Saturday mornings at a Galowich Family YMCA YBL location.

Game times/days are subject to change.

### EVERYONE IS WELCOME

At the Y, no one is turned away due to the inability to pay. Stop by today to learn more about the YMCA's scholarship program.

To register, please scan the QR code or contact Sports Director Maria Freeh at ext. 217 or via email at [mfreeh@jolietymca.org](mailto:mfreeh@jolietymca.org).

SCAN THE QR TO REGISTER FOR THE CO-ED DIVISIONS OR GIRLS' DIVISIONS



### C.W. AVERY FAMILY YMCA

15120 Wallin Drive | Plainfield, IL 60544  
(815) 267-8600 | [www.jolietymca.org](http://www.jolietymca.org)



# Youth Basketball League FREE CLINICS

Come to our free YBL Clinics to get ready for the basketball season. These clinics will be run by the Sports Department staff to go over different drills and skills players will need throughout the season.

Preseason clinics are available to all registered Youth Basketball League participants at no extra cost. Registration is required.

GRADE	DAYS/DATES	TIMES
<b>GIRLS' DIVISIONS:</b>		
<b>Grades 3-4</b>	Monday, December 9 and 16	6:15-7:15 p.m.
<b>Grades 5-6</b>	Monday, December 9 and 16	7:30-8:30 p.m.
<b>CO-ED DIVISIONS:</b>		
<b>Grades 1-2</b>		
Last Names A-L	Tuesday, December 10 and 17	6:15-7:15 p.m.
Last Names M-Z	Thursday, December 12 and 19	6:15-7:15 p.m.
<b>Grades 3-4</b>		
Last Names A-L	Tuesday, December 10 and 17	7:30-8:30 p.m.
Last Names M-Z	Tuesday, December 10 and 17	7:30-8:30 p.m.
<b>Grades 5-6</b>	Friday, December 13 and 20	7-8 p.m.
<b>Grades 7-8 and Grades 9-12</b>	Friday, December 13 and 20	8-9 p.m.

Game times/days are subject to change.

## IMPORTANT DATES TO REMEMBER



### Coaches Meeting

November 26  
6 p.m. via Zoom

### Practices\*

Practices begin the Week of January 6

### Games\*

Games begin January 11 (Junior YBL) and the  
Week of January 13 (Grades K-12)

### Team Pictures

Sunday, January 26

### End of Season Tournament

Our grades 5 and 6 divisions, middle school and  
high school teams will participate in a tournament  
at the end of the season.

\* Practices and games during the week will not begin before 6  
p.m. or after 8 p.m.



## TEAM SIDELINE

All league communication, including practice or game cancellations and other scheduling updates, will be sent through Team Sideline. Registered participants will receive instructions on signing up for Team Sideline prior to the start of the season.



To register, please scan the QR code or contact Sports Director  
Maria Freeh at ext. 217 or via email at [mfreeh@jolietympca.org](mailto:mfreeh@jolietympca.org).



SCAN THE QR TO REGISTER FOR THE  
CO-ED DIVISIONS OR GIRLS' DIVISIONS