

Belleville Parks and Recreation Department

5th and 6th Co-Rec Volleyball Rules

(2024)



Web site is www.teamsideline.com/belleville

GENERAL OBJECTIVE: The purpose of this league is to provide 5th and 6th graders with the opportunity to learn to play volleyball in a structured setting. ****Good Sportsmanship will be emphasized.****

-5th and 6th Co-Rec Volleyball League Recreation Supervisor is Kaylee Ruelas: kruelas@belleville.net or (618) 233-1416.

We will use the NATIONAL FEDERATION Rules with the following additions:

1. Games will be played with 6 players on the floor. If a team only has 5 players, then games will be played 5 vs. 5.
2. The net height will be set at 7'.
3. Scoring - For most levels, rally scoring has become the standard in volleyball. It was implemented to provide a more efficient way to predict the length of games. In the traditional scoring system, Side out Scoring, matches could remain stagnant, in terms of points being scored, for quite a long time. The rally scoring system allows the game to progress much more fluidly.

In essence, a point and the serve are awarded to the team which wins the rally, whether they served the ball or not. Matches will be three games, with the first two games being played to 25 points. The third game is played to 15 points.

Also, a team must win by a minimum of two points and there is no scoring cap. In theory, this could make a game using rally score last just as long as those using the traditional scoring system. But I have rarely seen a team score higher than 28 or 29 points in a single game. Most games end at the standard 25 points.

Essential Information

- Games are played to 25 points with the exception of the last game, (last game 15 points)
 - The team that wins the rally scores the point and the serve
 - Each game must be won with a minimum two-point advantage
 - There is no scoring cap
 - No Blocking off the serve, players can block after the initial serve.
4. All teams will use the rotation system of substituting their players from the center back position. Teams will substitute through the center back position.
 5. Teams will have 5 minutes to warm up before the game starts.
 6. A player who is serving can only serve 5 consecutive points, before one must rotate and the next person in the rotation will then serve (stays with same team).
 7. Matches are scheduled at 1:00pm, 2:00pm or 3:00pm
 8. Ball must be returned to server by rolling it under the net in a sportsmanlike manner.

9. The server will be permitted to step into the playing area. (This will be controlled by the judgment of the official) **No foot-faults. The service line will be 10 feet in front of the original service line. If serving OVERHAND, the service is line is the original service line (not 10 feet forward).**
10. Teams are asked to wear their designated color shirts.
11. An official size leather ball will be used for all games.
12. Teams will switch sides after each game.
13. Players may not wear jewelry of any kind (Including pierced earrings.)
14. The winner of the coin toss has the choice of first serve of choice of court.
15. Post Season Tournament positions will be determined by the best winning percentage.
16. No one is allowed to wait in the building after the last game. The monitor will see that the building is cleared within fifteen (15) minutes after the last game. **(Coaches, please inform parents of this information!)**
17. Awards will be given to each individual. (Tournament winners or Participation)
18. Playoffs will follow the next upcoming Saturday after 6th game of season.
19. Follow the schedule and standings on www.teamsideline.com/belleville