



RMYB & Cheer Rules and Guidelines

We are pleased to share with you our updated RMYB Rules and Guidelines document, which outlines the guidelines and expectations for RMYB and Cheer. This document serves as an important resource to ensure consistency, transparency, and smooth operations as we move forward.

We kindly ask that you adhere to these guidelines to help maintain a positive and organized environment for everyone involved. Should you have any questions or need clarification on any part of the document, please do not hesitate to reach out.

Thank you for your cooperation and commitment to following these guidelines.

Mission and Purpose of our Program

At Rocky Mountain Youth Basketball and Cheer, our mission is to glorify God by equipping coaches, players, and spectators to lead with a Christ-centered purpose—modeling the love of Jesus, building strong character, and developing fundamental basketball and cheer skills. We are committed to creating a high-quality, memorable experience that reflects our faith, strengthens our players and families, and impacts our surrounding community—on and off the court.

Code of Conduct

As a program, we have a zero tolerance policy on player, coach, and spectator conduct. We understand that competition can bring heightened emotions around the basketball court, but RMYB would like to remind all players, coaches, and spectators that you have the power to decide whether to escalate or DEESCALATE a given situation.

Our program's goal is to ensure that games and cheer meets are kid-focused, helping the kids compete and, most importantly, have FUN!

Please click [HERE](#) for our official Player & Parent Agreement, which each registered participant and parent agreed to. Below is a highlighted list of participant/parent etiquette to help us maintain a fun, competitive environment:

- Be respectful to coaches, players, referees, and opposing teams.
- Cheer positively for all players and model classy behavior.

- Refrain from being sideline coaches at practices or games. Your child needs you to simply love and enjoy watching them play.
- Do not address (speak to or yell at) the referees during a game. Doing so can result in a technical foul (2 points to the other team and the ball). Our program serves as a training ground for young referees, and we work with them each week to help them improve.

Game Rules

Please click [HERE](#) for our official Game Rules for 2026.

Regular Season Team Formation and Game Matchups

RMYB works hard to form balanced teams. Players are evaluated on basic skills and scrimmage play, and we also consider requests (day, friend, coach) when possible. Once teams are set, matchups are assigned randomly to keep things fair.

Managing Games with Limited Player Availability

While we understand that player availability is outside of our control, here are some helpful rules if you are concerned about having enough players. We always strive to play the game in a way that provides a great learning experience for the kids, allowing them to gain valuable skills. However, there are times when we need to focus less on the outcome and more on giving everyone the opportunity to grow and learn.

- If you have one less player than the number you play with (4v4=3 players, 5v5=4 players), you can still play your game without forfeit. The opposing coach is allowed to play the normal number of players.
 - If the team with insufficient player availability does not want to play with one fewer player (i.e. 3v4 or 4v5), the official status of the game will be a forfeit. However, we still encourage the game to be played in order to give players valuable game time.
 - In this scenario, coaches can combine all players and divide evenly to ensure a fair matchup. The game will be played according to normal game rules.
 - The forfeit must be communicated to score tables and RMYB leadership before the start of the game.
- If you are missing two players on the court (4v4=2 players available, 5v5=3 players available), the official status of the game will be a forfeit. However, we still encourage the game to be played in order to give players valuable game time.
 - In this scenario, coaches can combine all players and divide evenly to ensure a fair matchup. The game will be played according to normal game rules.
 - The forfeit must be communicated to opposing coaches, score tables and RMYB leadership before the start of the game.

Inclement Weather

If inclement weather does occur, please know that our leadership team will continually monitor the weather and road conditions and stay in close communication to make the best decisions possible regarding any cancellations. Our team has the safety and best interest of the players, coaches, and families in mind when making weather decisions.

With that being said, we understand that families make the final decision in regards to their safety. When there is weather and you are not comfortable or able to make it to your games/practices, we support your decision to stay home. Please ensure you communicate to your coaches if you are going to miss a practice or game.

We ask that you please watch your texts, emails, and website ([Rocky Mountain Youth Basketball & Cheer Home](#)) for schedule updates in regards to weather. **Please plan on all practices and games continuing as scheduled unless you receive an update from us.**

We are not obligated to follow the school district's policy for our practices.

If a decision is made to cancel a game due to weather, our team will communicate via email, text, and social media by 6:00am SATURDAY MORNING!

Please reach out to basketball@rocky.church if you have any questions or concerns.

Tournament Evaluation

As we near the end of the regular season, our leadership team carefully reviews each division before setting up the tournament brackets. We consider standings, scores, and several other factors to ensure the brackets are fair and competitive for each division. Please keep in mind that there will be no changes to divisions during the season.