



MEN'S 11v11 SOCCER LEAGUE

RULES AND REGULATIONS

It is the responsibility of each team rep/captain and/or coach to familiarize his team with the following league rules. These rules will be enforced beginning with the first league match.

1.) ROSTER

- a. Teams may register an unlimited number of players on their roster, for the Hillsboro United Men's "Open" Soccer League. (Game lineup cards limited to 23 players.)
- b. After you turned in your official team roster, you can **add additional players** to your roster by the beginning of your 5th game by having those player(s) fill and sign the "Player Add Form". The forms are available online or can be picked up at the Hillsboro Parks & Rec Admin office or that the facility where you are schedule to play.
- c. Players can participate on **no more than one "Open" Division Soccer team within the Hillsboro United Soccer League.**
- d. Players that are found to be playing on more than one team will be removed from the league for the current season and the next following seasons.
- e. Rosters must have all information completed before they will be accepted. Release forms must be signed individually by all team members.
- f. A team shall forfeit games which non-roster players are used or players that are playing on two teams are used.

2.) AGE

- a. Players must be 18 years of age or older.

3.) PLAYER I.D CARD and PLAYER REGISTRATION

- a. Individual player registration is conducted by the Oregon Adult Soccer Association (OASA), 1750 SW Skyline Blvd., Suite 121, Portland, OR 97221, and (503) 292-1814.
- b. By registering with Oregon Adult Soccer Association (OASA), the player agrees to abide by the rules of the United States Soccer Federation, the OASA and the Hillsboro United Soccer League.
- c. The player registration card is the property of the Oregon Adult Soccer Association (OASA) and must be surrendered on demand to any game official or Hillsboro United Soccer League or OASA officer.
- d. To be eligible to play in a sanctioned match, a player must hold a valid OASA player card, and have his name appear on a match roster prior to the start of match play.
- e. Coaches are not sanctioned participants of the Oregon Adult Soccer Association. Cards are given to coaches for identification purposes only.
- f. **NO CARD, NO PLAY, NO EXCEPTION.**

4.) UNIFORM

- a. All teams are required to wear uniforms in order to play. Matching jerseys are required and must be permanently numbered, including the goalie.
The number must be visible at all times and either sewn on or stenciled on. **Shorts**, the league would prefer teams wear the same color or shade of color shorts but it is not required. **Socks** can be different color or style.
- b. Teams must furnish their own training pennies or have extra uniforms on hand in case both teams have the same uniform color. A referee will not officiate a match where both teams have the same color uniform.
- c. The home team determines jersey colors. (Visitor's must change)
- d. A referee shall disallow any player from entering the field of play until he is wearing the proper uniform requirements.

5.) EQUIPMENT

- a) Player equipment; Soccer cleats or sport/turf shoes, shine guards (must be completely covered). No metal cleat shoes are allowed.
- b) Teams must furnish their own warm-up and match soccer balls.
- c) Each team must provide a minimum of 2 match soccer balls. The match soccer balls must be ready for inspection before the game begins. Failure to provide the minimum requirement of match soccer balls will result in a forfeit.

6.) PRE-GAME and AFTER GAME

- a. All teams must have their lineup cards ready for review **before** their match begins.
- b. All of the players participating in the match must be listed the lineup card.
- c. No changes can be made to the lineup card once it has been given to the referee.

- a. Players that are not listed in the lineup card will not be allowed to participate in that game and will not be counted as part of playoff eligibility.

7.) THE GAME

- a. **League games shall consist of two 45-minute running clock halves, ten minutes between halves.**
- b. One head referee will be scheduled during regular season, runner-up's and quarter final games. Three referees will be assigned during semifinals and final championship game.
- c. **There is no provision for overtime in this league.**
- d. The game clock will start at scheduled game time.
- e. There shall be free substitution at the discretion of the referee during any restart.
- f. **The minimum number of players to start the match is seven (7).**
 - a. If a team cannot field the minimum number of players within a 10-minute grace period, the referee will call a forfeit on the team that is unable to meet the minimum player requirement.
 - i. After the 10-minute grace period, both teams may agree on a friendly match without a referee.
 - ii. The grace period will be included in the game's first half.
 - iii. TEAMS HAVE UNTIL THE END OF THE FIRST HALF TO SUPPLEMENT A FULL TEAM OR AS CLOSE TO A FULL TEAM AS POSSIBLE.
- g. Teams are not allowed to replace players in their line-up who are disqualified during the match for a red card or 2-yellow cards.
- h. If you have been sent off, you must immediately leave the field and parking lot. Teams will play down a person for the remainder of the game.
- i. Only players and coaches with valid OASA player card are allowed inside the team's technical area, all other non-players will be asked to leave.
 - a. The league issues coach cards through OASA only as a form of identification for who is allowed in the technical area. 2 coaches are allowed per team.
 - b. If the spectator(s) does not leave or cooperate, the match will be stopped until the spectator(s) leaves the technical area.
 - c. Only players that are participating in a match are allowed in the technical area **(must be fully dressed)**.
- j. The league appeal process is available for players only. Appeals must be made within 48 hours of the suspension decision.
- k. Coaches are allowed to be on the sidelines at the privilege of the Hillsboro Parks and Recreation Department. Any abuse or harassment by a coach directed towards Hillsboro Parks and Recreation staff or officials will result in an immediate removal of the coach from the league going forward. Teams can be held responsible for misbehavior of coaches in the technical area including possible suspension from the league.
- l. Teams that forfeit more than 2 matches throughout the tournament without properly notifying the league may be eliminated from the tournament.
- m. Any player(s) who receive a suspension in any HPR 7v7 or 11v11 leagues, are in addition, prohibited from participating in any other HPR 7v7 and 11v11 leagues, that is, until suspension has been completed.
- n. Any player(s) caught using a different players card will be sent off. Teams will play down a person for the remainder of the game.
- o. Any team(s) involved in a physical altercation will forfeit all OASA player cards to HPR and will be followed by a 1 game suspension for each team. The player(s) involved in the physical altercation should expect to receive a long-term suspension determined by League Organization members.
- p. Teams involved in 2 physical altercations will be eliminated from playoffs. Player(s) involved in the physical altercations should expect to receive a long-term suspension determined by League Organization members.

8.) PLAYER MISCONDUCT and SUSPENSION GUIDELINE

- a. All Members (player and coaches) of the Hillsboro United Soccer League are subject to be monitored and investigated on any misconduct justifying a report by a referee, park staff or any person in an official capacity.
- b. All reports shall be directed for review to the League Organization members.
- c. Players have 48 hours to promptly appeal a decision (within 48 hours after the suspension report has been published) rule on the report and take appropriate action. If dissatisfied with the decision, the charged party has the right to appeal the decision to the League Appeal Committee. If that appeal is denied, the appellant has the right to appeal the decision to the Oregon Adult Soccer Association. (Reports are published on www.teamsideline.com/hillsboro (men's soccer section))
- d. Verbal or physical abuse by a coach or player upon a referee is governed by USSF Bylaws. In matters of verbal or physical abuse by a player, the Member Organization is expected to act promptly (within 5 days of the incident) and in a manner appropriate for the violation. A full report of the incident and the Member Organization's subsequent action is to be submitted to Oregon Referee Committee immediately after action is determined. Oregon Referee Committee will determine the extent of action to take, if any, in addition to that taken by the Member Organization.
- e. Team players and coaches will be responsible for the conduct of their spectators.

- f. Players who are under league suspension cannot participate as a coach during a game and must sit in the spectator area, failing to obey will result in a forfeit against your team.
- g. **Yellow Card Accumulation** – Players that accumulate five yellow cards during the season will be suspended for the following match.
- h. All patrons (players, coaches, and spectators) must abide by the City of Hillsboro Park Rules. Failure to do so will result in removal from the park and a minimum of one week suspension, up to a full season suspension.
- i. If you have been sent off the field for a red card, you must immediately exit the facility including the parking lot. Teams will play down a person for the remainder of the game.

Red Cards – After a suspension has been issued by the league (HUSL). All red cards are sent and must be picked up by the player at the Oregon Adult Soccer Association office. 1750 SW Skyline Blvd, Suite 121, Portland, OR 97221.

Code	Offense	Number of Games Suspended
1	Serious foul play	1 - 4
2	Violent Conduct	1 - 4
3	Player Card Misuse	1
4	Denying the opposing team a goal-scoring opportunity - Handing the ball	1
5	Denying an obvious goal-scoring opportunity - Deliberate foul	1
6	Receiving a second (yellow card) caution in the same match	1
7	2 cumulative behavior-related red cards during a season	Remainder of current season and playoffs
8	Using offensive, insulting or abusive language/gestures/behavior	1 - 5
9	Playing with 2 teams during the same season (league level suspension)	Remainder of the current season and following season.
10	Using offensive, insulting or abusive language/gestures (against league staff)	5 game or up to one 1 year
11	Violent Conduct – Intentional – Fighting	OASA Review – 5 years
12	Violent Conduct – Intentional - Attempting to fight	3 games – 1 year
13	Referee Assault / Verbal threats	OASA Review - 5 years
14	5 cumulative yellow cards received during a season	1

The penalty for any player or team disregarding any section(s) of these written rules may include ejection from the match, suspension, forfeit of the match and/or dismissal from the league as determined by the Parks and Recreation Department and the Hillsboro Soccer League Governing Board.

10.) F. I. F. A. RULES

- a. Except for any deviations found in these playing regulations, play will be governed by the rules set forth in the official FIFA Rules.

11.) CANCELLATION OF GAMES & REPORTING A FORFEIT

In the case of **extreme weather conditions**, team representatives are responsible for calling the game cancellation number, 503-681-6226 before 8:00am on the day of the scheduled match.

If your team is not planning on playing on a weekend, team managers are required to notify the league coordinator(s) before 5 pm on Friday of that week. After the 2nd no show and not reporting your absence, your team will be automatically dropped from the playoffs.

12.) MATCH SCORING & LEAGUE STANDINGS

Match scoring will be as follows:

- Win = (3) points Tie = (1) points Loss = (0) points
- Forfeit wins are scored as 3-points for the winner; 0-points for the forfeiting team. The score line shall be 2-0 with the winning team receiving full credit for the goals awarded due to the forfeit.

13.) FINAL STANDINGS & PLAYOFF TOURNAMENT

- All teams from all divisions advance to the playoffs.
- Players participating in the playoffs must play a total of 4 regular season games before being allowed to play in any of the playoff games.
- Points earned by teams will accrue and determine league standings.
- A team that forfeits 2 regular games (No show, no call) will be disqualified from the playoff tournament.
- Playoff rosters must be approved by the league representatives.
 - A week before the playoffs begin, all team managers will be provided a roster of all players that will be eligible for playoffs, once the playoff roster is finalized it cannot be changed.

The City of Hillsboro will not be responsible for loss of property or injury suffered by any player or team during the time they play in the Hillsboro Men's Soccer League program.

It is the intention of the Parks and Recreation Department that the purpose of the soccer league is to provide fun and recreation for the participants. Therefore, protests of matches will be considered only because of extremely compelling reasons. The officials must be notified during the match of the protest and the league coordinator must be notified the day following the game.

League Contact Information:

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Amended: August 8th, 2025